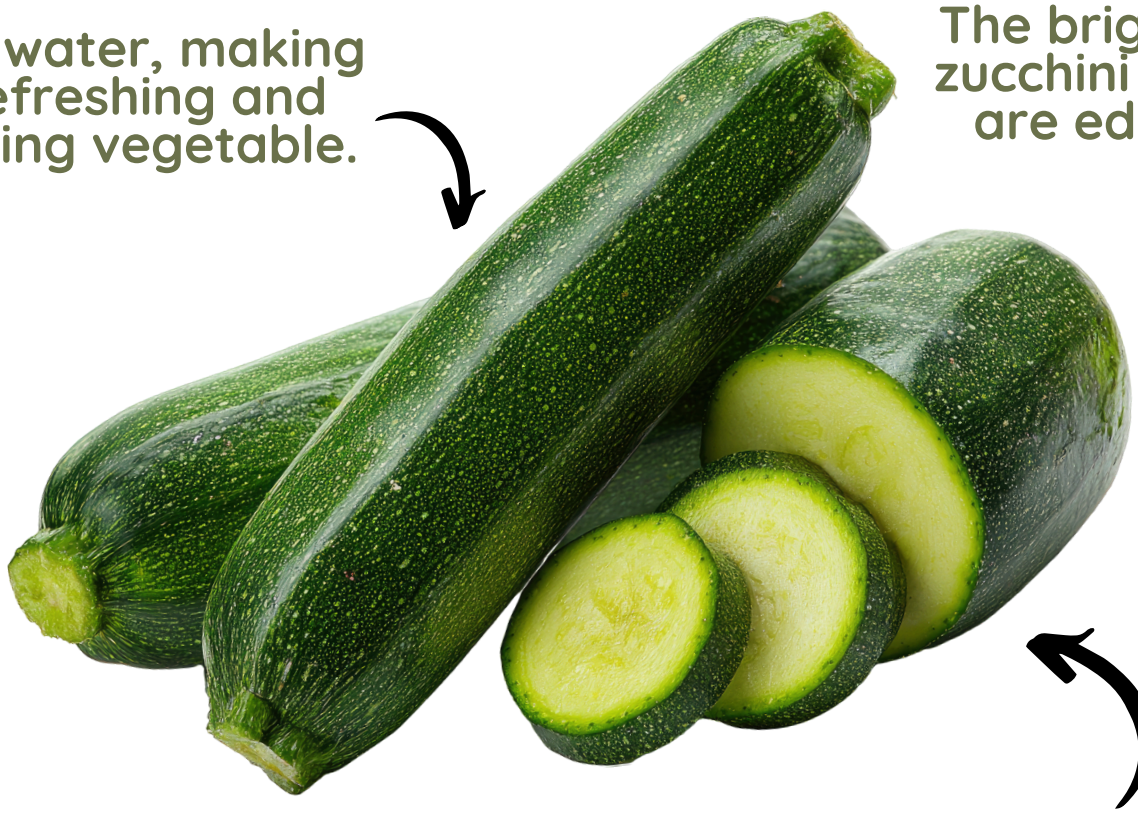
IDEA PUBLIC SCHOOLS
Healthy KIDS HERE
CELEBRATING 10 YEARS

TRY THE NOVEMBER HARVEST OF THE MONTH!

Mostly water, making it a refreshing and hydrating vegetable.

The bright yellow zucchini blossoms are edible too!



Can be spiralized into zoodles, a popular alternative to pasta noodles.

Zucchini is technically a fruit because it grows from the flower and contains seeds.

ZUCCHINI

This institution is an Equal Opportunity Provider.



Coloring Activity

Name: _____

ZUCCHINI

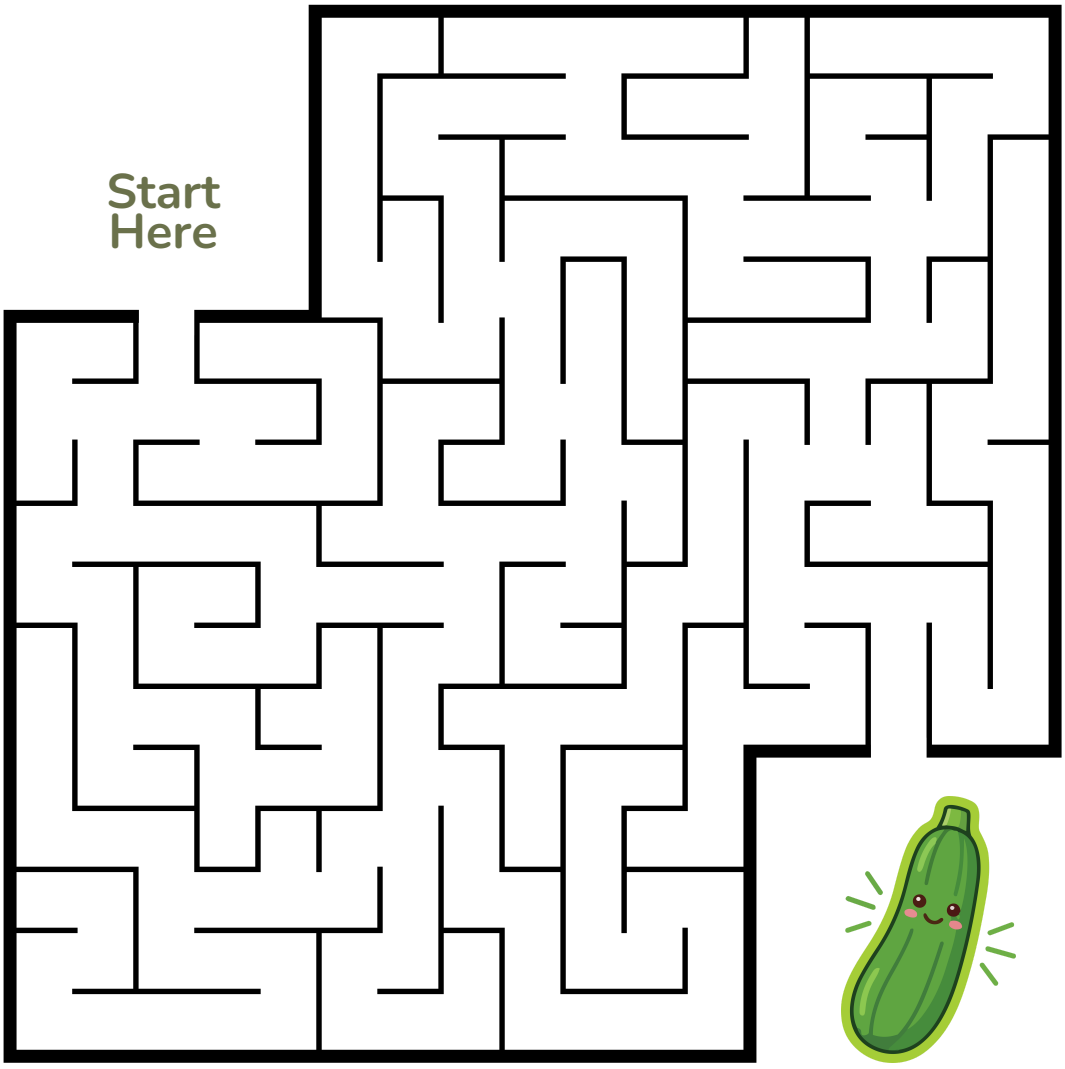


Zucchini is related to pumpkins and other squash, making it a fun fall favorite.

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ZUCCHINI

Find the way to the Zucchini.



Name: _____

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Name: _____

NOVEMBER HARVEST OF THE MONTH WORD SEARCH

Find the words hidden in the wordsearch below!

Z I Z Z I R N P I X O S S Z A H W O N J
N O H Q E N G B F K G E N E B N A B B Y
V G O W F R I H A R V E S T C T V R V Z
O B O D E Q D H N C K D G B E I Z P W J
K L M E L V Z C C Q Y S S V E Y L V S F
F A N K P E B W J C V M Q O N P E S C V
I T R V I L S H U G U S A O J N X B P D
E K C V J B K S Y Z B Z G V I Y H P J D
W O L L E Y J E U P T P D V E Z S K M N
C D U M Z R O R V I T A M I N P A A J I
P Z X W G L I F D S V K U H X S U A B P
K P U L L N M J B C Q U F A X R Q I H O
E T O D J Q T T J W X F Y P L A S X T R
Z F F D Z H I V U G I K F Z W X K D R I
C T H Y U F C Q V L X K I E X K V E J C

- Flower
- Harvest
- Squash
- Yellow
- Fresh
- Seeds
- Vine
- Zoodles
- Green
- Slices
- Vitmain
- Zucchini

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Name: _____

NOVEMBER HARVEST OF THE MONTH WORD SCRAMBLE

Instructions:
Unscramble the Zucchini Related Words!

Scrambled Word	Unscrambled Word
1. RWEFLO	_____
2. SRHTEAV	_____
3. QSUSAH	_____
4. WYLEOL	_____
5. RHFSE	_____
6. SEEDS	_____
7. NEVI	_____
8. OODLEZS	_____
9. EGNRE	_____
10. ECLSIS	_____
11. ITVAMIN	_____
12. HCIUNCZI	_____

ANSWER KEY

1. Flower
2. Harvest
3. Squash
4. Yellow
5. Fresh
6. Seeds
7. Vine
8. Zoodles
9. Green
10. Slices
11. Vitamin
12. Zucchini

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NOVEMBER HARVEST OF THE MONTH FLASHCARDS AND RECIPE

HOM FLASHCARDS

CLICK HERE FOR ZUCCHINI FLASHCARDS

HOM RECIPE

CLICK HERE FOR HOM COOKBOOK

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