



TRY THE JANUARY HARVEST OF THE MONTH!

Contains
antioxidants
linked to
overall
wellness.

Both the stalks
and florets are
edible and
nutritious.



Contributes
to bone
strength.

Helps with
digestion.

BROCCOLI



Coloring Activity



Name: _____

BROCCOLI



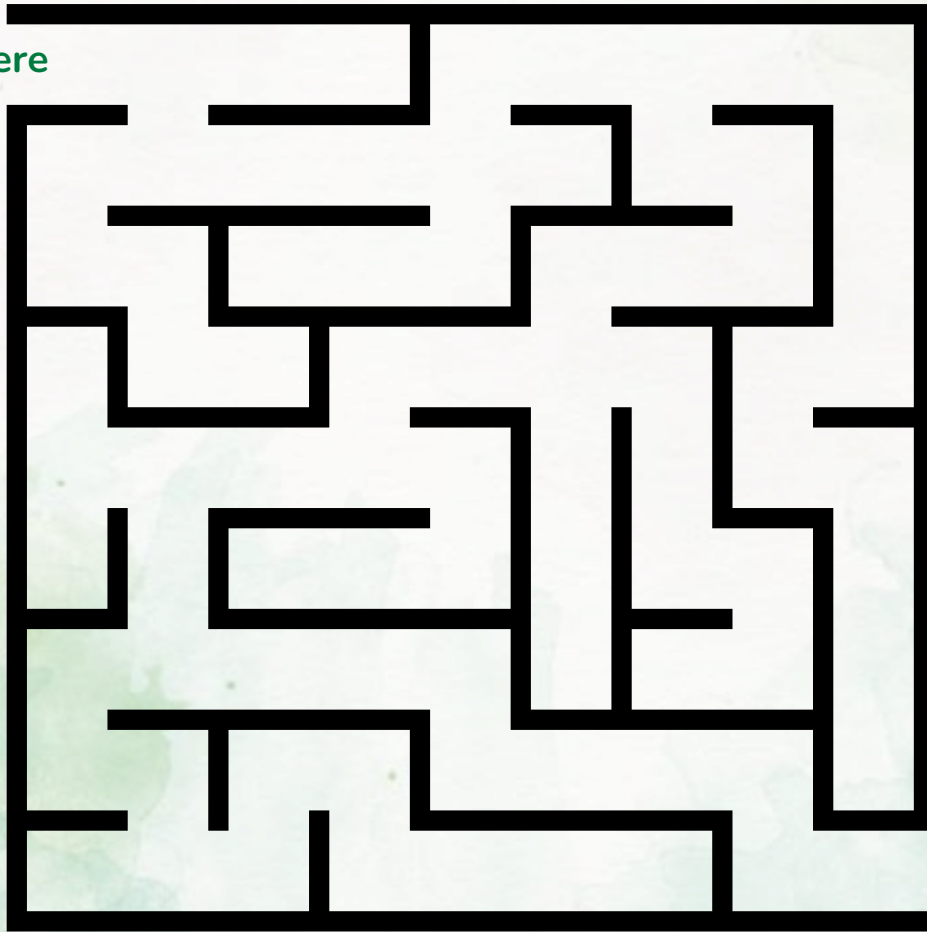
The word broccoli comes from the Italian word "broccolo," meaning "little arm".



BROCCOLI

Find the way to the Broccoli.

Start here



Name: _____

Name: _____



JANUARY HARVEST OF THE MONTH WORD SEARCH

Find the words hidden in the wordsearch below!

W	Q	F	F	D	Q	H	D	G	H	M	N	V	W	C	P	W	E	U	S
Q	A	O	Y	A	A	U	V	D	K	L	E	D	S	K	M	E	L	P	T
M	R	O	F	R	J	U	X	I	M	L	E	K	T	P	Q	S	B	G	X
I	A	R	V	T	X	S	M	F	J	K	R	V	A	T	G	Z	A	J	Q
C	L	E	W	I	G	V	B	A	L	E	G	N	L	G	N	N	T	K	A
A	S	O	M	A	E	T	S	N	I	O	O	T	K	O	I	K	E	K	D
T	Y	N	C	D	O	V	N	W	Y	I	R	O	A	M	U	R	G	B	Z
B	H	H	S	C	M	T	U	A	T	B	Q	E	A	X	Z	Y	E	E	K
R	K	P	C	W	O	U	J	S	M	S	L	T	T	Q	T	F	V	O	K
A	E	I	K	N	K	R	E	Y	J	B	I	N	R	Q	W	F	W	T	Y
N	R	Z	O	C	U	G	B	H	C	V	S	A	P	L	X	O	X	G	N
F	I	B	E	R	I	R	N	U	T	R	I	T	I	O	U	S	C	N	F
U	N	X	R	D	D	L	C	G	Q	T	I	S	Y	V	K	C	Y	F	Q
S	N	Q	P	W	K	R	K	Z	F	Q	Z	F	N	X	M	B	C	H	X
I	S	U	G	P	F	U	T	K	U	Z	S	W	N	P	V	W	F	K	C

- Broccoli
- Fiber
- Harvest
- Steam
- Crunchy
- Floret
- Nutritious
- Vegetable
- Digestion
- Green
- Stalk
- Vitamin



Name: _____

JANUARY HARVEST OF THE MONTH WORD SCRAMBLE

Instructions:
Unscramble the Broccoli Related Words!

Scrambled Word

Unscrambled Word

1. CLOOBCRI

2. NREGE

3. TVMIAIN

4. ERIBF

5. OLF RTE

6. ASLTK

7. RVHSAET

8. EAMTS

9. CURCHNY

10. ELBVETGAE

11. ENITGODIS

12. UTUORNSIIT

ANSWER KEY

12. Nutritious
11. Digestion
10. Vegetable
9. Crunchy
8. Steam
7. Harvest

1. Broccoli
2. Green
3. Vitamin
4. Fiber
5. Floret
6. Stalk

This institution
is an Equal Opportunity Provider.

JANUARY HARVEST OF THE MONTH FLASHCARDS AND RECIPE

HOM Flashcards

[Click Here for Broccoli Flashcards](#)

HOM Recipe

[Click Here for HOM Cookbook](#)