

We're committed to supporting your child's success by using practices that support learning and development. That's why we've chosen Move This World, an evidence-based program supporting social, emotional, and mental growth—and we want you to know what to expect.

What is Move This World?

Move This World (MTW) is a proactive and preventative mental health platform for students, staff, and families in PreK-I2. Its easy-to-implement programs deliver thousands of engaging and participatory multimedia experiences that create a common language, support social emotional development, and build stronger school communities where learning thrives.

What are Multi-Tiered Systems of Support (MTSS)?

Multi-Tiered Systems of Support is a framework designed to address students' academic and behavioral needs. Through this framework, schools integrate interventions into a tiered system of support to ensure all students' needs are met.

Key components of effective MTSS implementation include:

- Universal screening
- Evidence-based interventions
- Programs and strategies across levels of support
- Data-based decision making
- Ongoing progress monitoring



TIER 2 SMALL GROUP INTERVENTIONS

TIER I UNIVERSAL ALL STUDENTS

Why MTW?

Mental health and student wellness starts with our easy-to-implement and Multi-tiered systems of support (MTSS) aligned programs that deliver thousands of engaging and participatory multimedia experiences through our digital platform.

Evidence-Based Outcomes



Academics

MTW Students showed larger academic growth from fall to spring across both ELA (I3% increase) and Math (9.9% increase) versus students in a control group.

Emotional Competencies

MTW Students showed larger growth in their overall wellness assessment score, emotion recognition, and social problem-solving.

Behavioral

28% decrease in behavioral incident reports when schools adopted MTW and used it with fidelity







Move This World's comprehensive program includes:

Tier 1

- Students from PreK to I2th grade take part in grade-specific lessons and activities designed to support their mental health and wellness growth all year long.
- These lessons are taught to all students in the classroom as a universal support to help every scholar build important life skills.
- The content helps students practice skills like managing emotions, building healthy relationships, making good decisions, and understanding themselves and others.

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- Tier 2 support helps provide consistent, focused help for students who need a little extra support beyond regular classroom instruction.
- It offers small group sessions that focus on specific skills based on each student's needs.
- The content is designed to match what students are already learning in class through MTW's Tier I curriculum, making it easy to reinforce and build on those lessons.

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- Tier 3 consists of individualized, intensive interventions designed to support students with significant academic, behavioral, or mental wellness needs.
- MTW does not provide direct support for Tier 3 interventions.
- For information about Tier 3 support options, please consult with your school administrator or student support team to learn what resources are available at your site.

Family Resources

- Families can access age-appropriate videos and activities that align with what students are learning in the classroom, helping to continue mental health and wellness growth at home.
- Research shows that when families are involved in building these skills, students experience greater success both emotionally and academically.
- All resources are available in English and Spanish, making it easy for families to engage in the way that works best for them.