

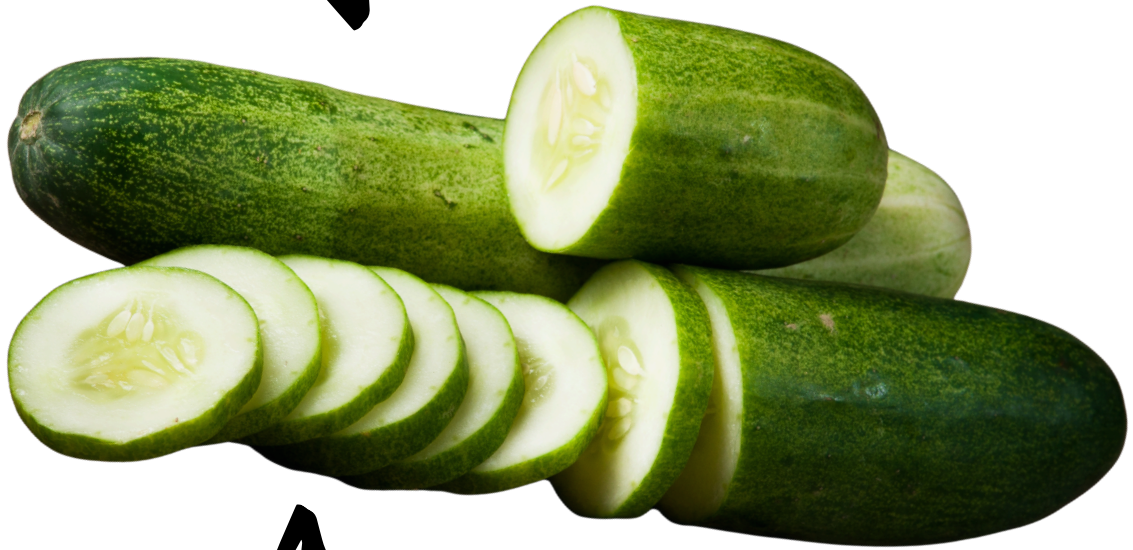


# TRY THE AUGUST HARVEST OF THE MONTH!

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Prevent  
dehydration

Smooth  
digestion



Maintain  
healthy skin

Help Fight  
inflammation

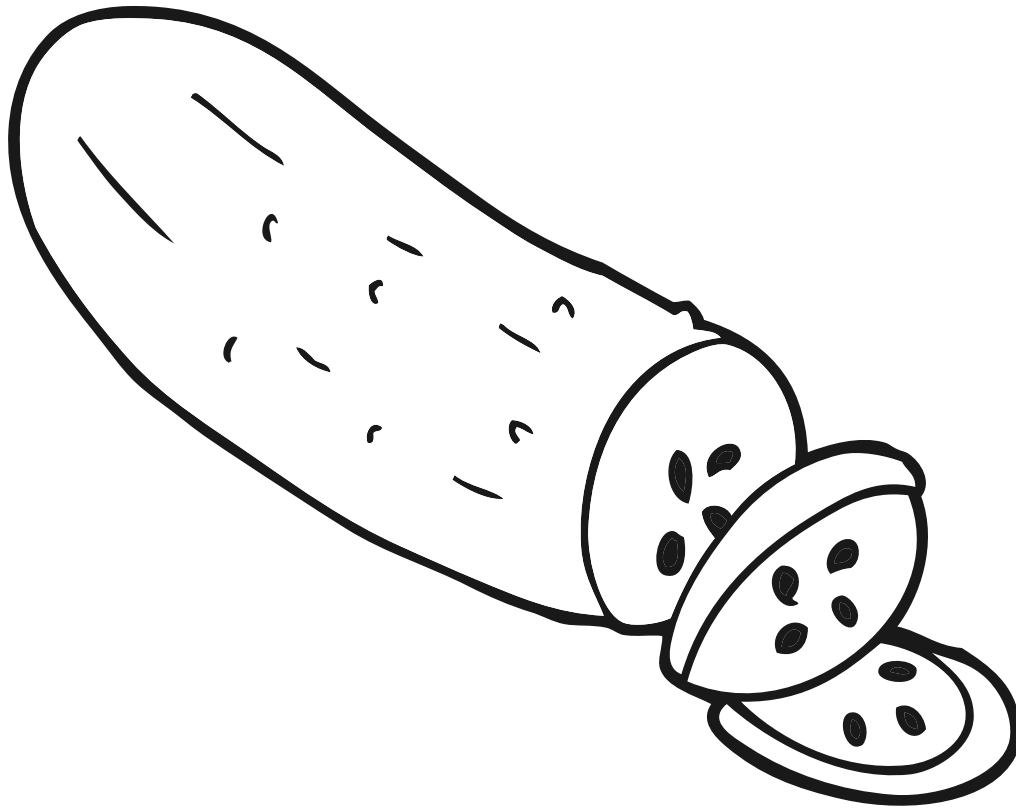
## CUCUMBER

# Coloring Activity



Name: \_\_\_\_\_

## Cucumber

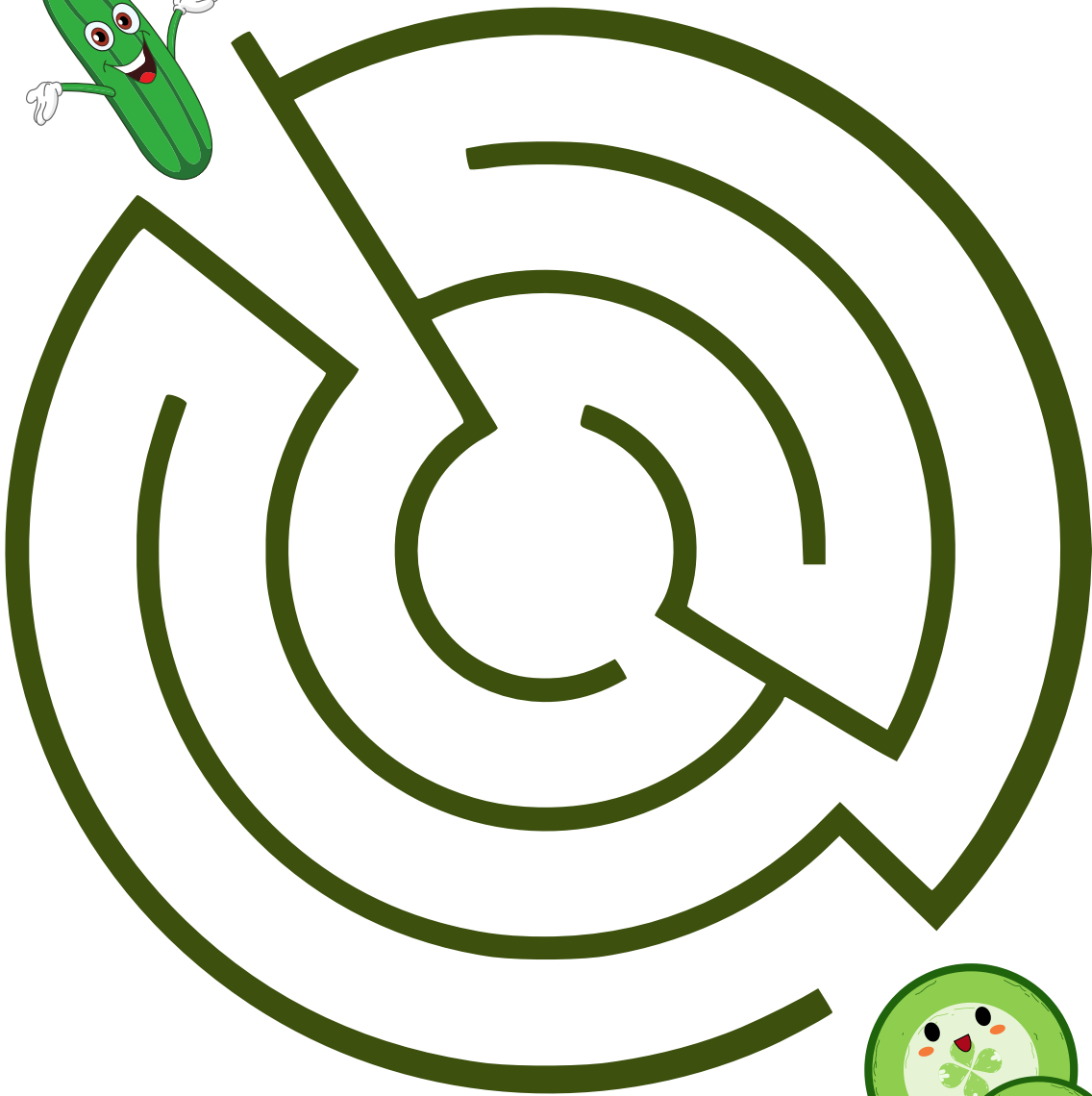
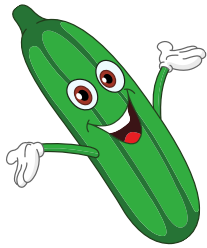


The cucumber is a vegetable plant that people often make into pickles.



# CUCUMBER

Find the way to the cucumber slices.

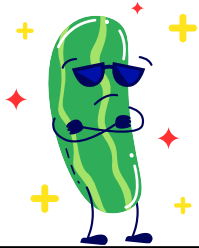


Name: \_\_\_\_\_

Name: \_\_\_\_\_



# AUGUST HARVEST OF THE MONTH WORD SEARCH



Find the words hidden in the wordsearch below!



C	R	I	S	P	Z	S	M	N	W	F	N	E	T	C	U	G	L	K	M
S	O	H	K	R	E	B	M	U	C	U	C	E	R	H	P	N	Y	R	Z
T	E	Z	Y	E	P	Y	V	U	D	I	V	A	E	T	Q	I	D	A	Q
K	V	C	D	D	J	H	Y	V	U	T	D	I	W	R	Y	H	A	H	S
Z	O	A	I	T	R	N	G	J	L	T	A	Y	A	D	G	S	L	A	W
S	Z	Z	E	L	K	A	K	G	S	D	E	V	T	H	W	E	A	W	U
H	X	U	Q	J	S	M	T	E	W	N	Z	U	E	W	S	R	S	R	H
I	G	T	F	Y	Y	C	V	I	L	L	S	N	R	T	U	F	B	F	R
K	C	R	E	E	U	R	U	H	N	S	G	J	H	V	E	E	F	Q	G
Y	Q	A	B	T	A	L	M	K	C	G	E	J	V	D	P	R	S	E	D
O	P	R	Y	H	W	K	G	E	I	J	D	G	O	W	T	Z	N	K	U
P	L	H	O	K	Q	L	G	H	A	B	A	J	A	S	Q	J	Q	J	T
H	W	W	F	E	J	K	D	E	T	D	F	J	C	I	H	O	Q	X	K
J	T	G	D	Y	C	X	X	N	E	D	R	A	G	P	G	A	N	S	X
T	R	M	B	D	G	F	C	D	O	C	P	W	E	T	A	C	U	Z	L

- Crisp
- Green
- Juice
- Seed

- Cucumber
- Harvest
- Refreshing
- Slices

- Garden
- Hydrating
- Salad
- Water

Name: \_\_\_\_\_



# AUGUST HARVEST OF THE MONTH WORD SCRAMBLE



Instructions:  
Unscramble the Cucumber Related Words!

**Scrambled Word**

**Unscrambled Word**

1. CPISR
2. GNEER
3. IJUEC
4. EDES
5. BCCMRUEU
6. RATSEHV
7. NESRHFRIEG
8. ICESLS
9. RGEDAN
10. HNIRTYDGA
11. LSDAA
12. RETWA

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ANSWER KEY

1. Crisp
2. Green
3. Juice
4. Seed
5. Cucumber
6. Harvest
7. Refreshing
8. Slices
9. Garden
10. Hydrating
11. Salad
12. Water

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