



# IDEA 5K & HEALTHY LIVING EXPO

## IDEA 5K San Antonio

March 22, 2025



**S.T.A.R. SOCCER COMPLEX**

5103 David Edwards Dr,  
San Antonio, TX

**REGISTER HERE:**



[bit.ly/SA5k24-25](https://bit.ly/SA5k24-25)



**1 Mile Fun Run Starts:  
07:45 A.M.**

**5K Starts:  
8:00 A.M.**