

Week at a Glance: Louisiana Week 1

Served Week of:
12/2, 1/6, 1/27, 2/17

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Bagel Breakfast Pizza	Bacon, Egg & Bean Breakfast Burrito	Warm Peaches & Cream Oatmeal w/Crackers	Turkey Ham & Cheese Croissant	Pancake on a Stick
Lunch	Crispy Baked Chicken Fresh Baked Roll Rustic Mashed Potatoes w/Gravy Sauteed Spinach	Cheese Lasagna Rollup w/Meaty Marinara Sauce Garlic Cheese Bread Breaded Zucchini Chunks Fresh Garden Salad w/ Croutons	Sticky Pineapple Chicken Brown Rice Sesame Cucumbers Spicy Edamame	Chicken & Sausage Gumbo Brown Rice Red Skin Potato Salad	Cheese Pizza or Pepperoni Pizza Pickled Beets w/ Dill Yogurt Sauce Parmesan Carrot Fries
Supper	Cheese Stick, Turkey Coins & Sun Chips Cherry Tomatoes	Twisted WG Cheesy Breadsticks Marinara Cup	Grape or Strawberry Jamwhich & Cheesestick Cucumber Slices	Chicken Dippers Baby Carrots	Beef Stuffed Sandwich Celery Sticks



Offered Daily

At Breakfast

- Assorted Fresh Fruit
- FF Milk / 1% Milk
- 100% Fruit Juice
- Whole Grains
- Assorted Cereal & Cracker Pack

At Lunch & Supper

- Colorful Vegetables
- Assorted Fresh Fruit
- FF Milk / 1% Milk

Notice about menu changes:

Although we strive to serve the scheduled menu, the menu may change without prior notice based on product availability.

This institution is an equal opportunity provider.



Week at a Glance: Louisiana Week 2

Served Week of:
12/9, 1/13, 2/3, 2/24

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Snack N Waffles	Orange Cranberry Muffin Top & Yogurt Cup	Warm Biscuit or Sausage Biscuit	Ham & Cheese Omelet Pocket	Stuffed Hashbrown
Lunch	Popcorn Chicken or Fish Dippers Garlic Cheese Bread Sweet Potato Puffs Fresh Garden Salad w/Croutons	Chicken Crisпитos w/ Cilantro Lime Sauce Charro Beans Spiced Sweet Potatoes	Shrimp Po' Boy Deluxe Deli Salad Cajun Corn	Chicken Fajita Bowl Warm Wheat Tortilla Cucumbers & Tajin Mini Shredded Romaine & Tomato Salad	Cheeseburger or Hamburger Crinkle Cut Fries Deluxe Deli Salad
Supper	Cheesy Bean Dip w/ WG Tostitos Buttered Corn Cup	Greek Yogurt Cup, Cheese Stick & Granola Pack Cucumber Slices	Cheesy Quesadilla Salsa Cup	Personal Pizza Marinara Cup	Pretzel Stick, Turkey Coins & Cheese Dip Celery Sticks



Offered Daily

At Breakfast

- Assorted Fresh Fruit
- FF Milk / 1% Milk
- 100% Fruit Juice
- Whole Grains
- Assorted Cereal & Cracker Pack

At Lunch & Supper

- Colorful Vegetables
- Assorted Fresh Fruit
- FF Milk / 1% Milk

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Week at a Glance: Louisiana Week 3

Served Week of:
12/16, 1/20, 2/10

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Gingerbread People & Yogurt Cup	Spiced Vanilla Yogurt w/Homemade Granola	Creamy Grits	Sausage, Egg & Cheese English Muffin	Cinni Minis
Lunch	Cheddar Grilled Cheese Sandwich Creamy Tomato Basil Soup Chickpea Salad	Shredded BBQ Pork Sandwich Roasted Root Vegetables Tangy Vinegar Slaw	Homestyle Chicken Mac & Cheese Garlic Cheese Bread Pesto Cauliflower Caesar Salad w/Croutons	Beefy Bean Chili Tostito Rounds Poblano Corn Fiesta Quinoa	Spicy or Crispy Chicken Sandwich or Crispy Fish Sandwich Sweet Potato Puffs Deluxe Deli Salad
Supper	Mini Corn Dogs Baby Carrots	Pretzel Stick, Cheese Stick & Pepperoni Slices Marinara Cup	Chicken Egg Rolls Cucumber Slices	Cheddar Chex Mix, Turkey Coins & Cheese Cubes Cherry Tomatoes	Beef & Cheese Burrito Salsa Cup



Offered Daily

At Breakfast

- Assorted Fresh Fruit
- FF Milk / 1% Milk
- 100% Fruit Juice
- Whole Grains
- Assorted Cereal & Cracker Pack

At Lunch & Supper

- Colorful Vegetables
- Assorted Fresh Fruit
- FF Milk / 1% Milk

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