

Served Week of: 10/14, 11/4, 12/2, 1/6, 1/27, 2/17

Week at a Glance: Texas 1 Week 1

Monday	Tuesday	Wednesday	Thursday	Friday
Bagel Breakfast Pizza	Chorizo, Egg & Cheese Burrito	Peaches & Cream Overnight Oats	Turkey Ham & Cheddar Breakfast Croissant	Pancake on a Stick
Crispy Baked Chicken w/ Fresh Baked Roll	Cheese Lasagna Rollup w/ Meaty Marinara	Island Blossom Chicken Bowl	Pork Pozole w/ Tostito Rounds	Cheese Pizza or Pepperoni Pizza
Rustic Mashed Potatoes w/Gravy Sauteed Spinach	Breaded Zucchini Chunks Fresh Garden Salad w/Croutons	Sesame Cucumbers Spicy Edamame	Zesty Veggie Mix Cilantro Cabbage Topper	Parmesan Carrot Fries Pickled Beets w/Dill Yogurt
Hummus, Bold Bites, Sunchips	Mozzarella Sticks	Grape or Strawberry Jamwhich	Turkey & Two Cheese Sandwich	Cheeseburger Pocket
Baby Carrots	Marinara Cup	Cucumber Slices	Shredded Romaine	Celery Sticks



Offered Daily

At Breakfast

- Assorted Fresh Fruit
- FF Milk / 1% Milk
- 100% Fruit Juice
- Whole Grains
- Assorted Cereal & Cracker Pack

At Lunch & Supper

- Colorful Vegetables
- Assorted Fresh Fruit
- FF Milk & 1% Milk

Notice About Menu Changes:

Although we strive to serve the scheduled menu, the menu may change without prior notice based on product availability

This institution is an equal opportunity provider.

Served Week of: 10/21, 11/11, 12/9, 1/13, 2/3, 2/24

Week at a Glance: Texas Region 1 Week 2

Monday	Tuesday	Wednesday	Thursday	Friday
Snack'N Waffles	Orange Cranberry Muffin Top & Yogurt Cup	Warm Biscuit or Sausage Biscuit	Ham & Cheese Omelet Pocket	Stuffed Hashbrown
Popcorn Chicken or Fish Dippers	Enchilada Foldovers	Mesquite Chicken Drumsticks w/Fresh Baked Roll	Chicken Fajita Bowl w/Warm Wheat Tortilla	Hamburger or Cheeseburger
Garlicky Texas Toast Sweet Potato Puffs Fresh Garden Salad w/ Croutons	Charro Beans Spiced Sweet Potatoes	Cajun Corn Roasted Red Potatoes	Cucumbers & Tajin Mini Shredded Romaine & Tomato Salad	Crinkle Cut Fries Deluxe Deli Salad
Bean Dip w/Tortilla Chips	Yogurt Cup, Cheese Stick & Granola Pack	Chicken & Cheese Tamales	Personal Pizza	Goldfish Pretzels, Bold Bites, Cheese Dip
Corn Cup	Cucumber Slices	Salsa Cup	Marinara Cup	Celery Sticks



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Served Week of: 10/28, 11/18, 12/16, 1/20, 2/10

Week at a Glance: Texas Region 1 Week 3

Monday	Tuesday	Wednesday	Thursday	Friday
Apple Empanada	Spiced Vanilla Yogurt w/Homemade Granola	Big Breakfast Kolache	Sausag, Egg & Cheese English Muffin	Cinni Minis
Cheddar Grilled Cheese Sandwich	Torta de Bistek	Creamy Chicken Alfredo	Beefy Bean Chili w/Tostitos	Spicy or Crispy Chicken or Crispy Fish Sandwich
Creamy Tomato Basil Soup Chickpea Salad	Refried Beans Mini Shredded Romaine & Tomato Salad	Pesto Cauliflower Caesar Salad w/ Croutons	Roasted Jalapeno Corn Fiesta Quinoa	Sweet Potato Puffs Deluxe Deli Salad
Corn Dog	Pizzaboli	Chicken Egg Rolls	Cheddar Chex Mix, Bold Bites & Cheese Cubes	Chicken Empanada
Baby Carrots	Marinara Cup	Cucumber Slices	Cherry Tomatoes	Salsa Cup