

Week at a Glance: Louisiana Week 1

Monday	Tuesday	Wednesday	Thursday	Friday
Bagel Breakfast Pizza	Bacon, Egg, and Bean Breakfast Burrito	Peaches and Cream Overnight Oats	Turkey Ham & Cheese Croissant	Pancake on a Stick
Crispy Baked Chicken w/ Wheat Roll	Cheese Lasagna Rollup w/ Meaty Marinara	Sticky Pineapple Chicken	Chicken & Sausage Gumbo	Cheese Pizza or Pepperoni Pizza
Rustic Mashed Potatoes w/Gravy Sauteed Spinach	Garlic Cheese Breadstick Breaded Zucchini Chunks Fresh Garden Salad w/Croutons	Brown Rice Sesame Cucumbers Spicy Edamame	Brown Rice Red Skin Potato Salad	Parmesan Carrot Fries Pickled Beets w/Dill Yogurt
Cheese Stick, Turkey Coins & Sunchips	Twisted WG Cheesy Breadstick	Strawberry or Grape Jamwich & Cheese Stick	Chicken Dippers	Beef Stuffed Sandwich
Cherry Tomatoes	Marinara Cup	Cucumber Slices	Baby Carrots	Celery Sticks





Offered Daily

At Breakfast

- Assorted Fresh Fruit
- FF Milk / 1% Milk
- 100% Fruit Juice
- Whole Grains
- Assorted Cereal & Cracker Pack

At Lunch & Supper

- Colorful Vegetables
- Assorted Fresh Fruit
- FF Milk & 1% Milk

Notice About Menu Changes:

Although we strive to serve the scheduled menu, the menu may change without prior notice based on product availability

This institution is an equal opportunity provider.



Week at a Glance: Louisiana Week 2

Monday	Tuesday	Wednesday	Thursday	Friday
Snack'N Waffles	Orange Cranberry Muffin Top & Yogurt Cup	Warm Biscuit, Sausage Biscuit or Cheese Biscuit	Ham & Cheese Omelet Foldover	Stuffed Hashbrown
Popcorn Chicken or Fish Dippers	Chicken Enchiladas	Shrimp Po' Boy w/Cajun Spiced Beans	Chicken Fajita Bowl w/Warm Wheat Tortilla	Hamburger or Cheeseburger
Garlic Breadstick Sweet Potato Puffs Fresh Garden Salad w/ Croutons	Charro Beans Spiced Sweet Potatoes	Cajun Corn Deluxe Deli Salad	Cucumbers & Tajin Mini Shredded Romaine & Tomato Salad	Crinkle Cut Fries Deluxe Deli Salad
Cheesy Bean Dip w/ WG Tostitos	Greek Yogurt Cup, Cheese Stick & Granola Pack	Cheesy Quesadilla	Personal Pizza	Pretzel Sticks, Turkey Coins & Cheese Dip
Corn Cup	Cucumber Slices	Salsa Cup	Marinara Cup	Celery Sticks





Offered Daily

At Breakfast

- Assorted Fresh Fruit
- FF Milk / 1% Milk
- 100% Fruit Juice
- Whole Grains
- Assorted Cereal & Cracker Pack

At Lunch & Supper

- Colorful Vegetables
- Assorted Fresh Fruit
- FF Milk & 1% Milk

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Served Week of: 10/28, 11/18, 12/16, 1/20, 2/10

Week at a Glance: Louisiana Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
	French Toast Sticks	Spiced Vanilla Yogurt w/Homemade Granola	Creamy Grits	Sausage, Egg & Cheese English Muffin	Cinni Minis
	Cheddar Grilled Cheese Sandwich	Shredded BBQPork Sandwich	Creamy Chicken Alfredo	Beefy Bean Chili w/Tostitos	Spicy or Crispy Chicken or Crispy Fish Sandwich
)	Creamy Tomato Basil Soup Chickpea Salad	Roasted Root Vegetables Tangy Vinegar Slaw	Garlic Breadstick Pesto Cauliflower Caesar Salad w/ Croutons	Poblano Corn Fiesta Quinoa	Sweet Potato Puffs Deluxe Deli Salad
	Mini Corn Dogs	Pretzel Stick, Cheese Stick & Pepperoni Slices	Chicken Egg Rolls	Cheddar Chex Mix, Turkey Coins & Cheese Cubes	Beef & Cheese Burrito
	Baby Carrots	Marinara Cup	Cucumber Slices	Cherry Tomatoes	Salsa Cup





Offered Daily

At Breakfast

- Assorted Fresh Fruit
- FF Milk / 1% Milk
- 100% Fruit Juice
- Whole Grains
- Assorted Cereal & Cracker Pack

At Lunch & Supper

- Colorful Vegetables
- Assorted Fresh Fruit
- FF Milk & 1% Milk

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