

MAY

PRE-K BREAKFAST AND LUNCH MENU

TRAVIS

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Did you know?
Breakfast and Lunch is FREE for ALL IDEA Students

1 BREAKFAST
Peaches & Cream Overnight Oats

LUNCH
Meatball Sub
Homemade Marinara Sauce

2 BREAKFAST
Pancake On a Stick

LUNCH
Island Blossom Chicken Bowl
Brown Rice
Sesame Cucumber

3 BREAKFAST
Turkey Ham and Cheddar Breakfast Croissant

LUNCH
Beef Nachos or Plant Protein Nachos
Refried Beans

6 BREAKFAST
Snack'n Waffles

LUNCH
Crispy Baked Chicken
Warm Dinner Roll
Rustic Mashed Potatoes w/Gravy

7 BREAKFAST
Cheesy Ham & Egg Bars w/Waffle Flatbread

LUNCH
Enchilada Foldovers
Spiced Sweet Potato

8 BREAKFAST
Sausage Biscuit or Warm Biscuits

LUNCH
Shredded Pork Torta
Guacamole

9 BREAKFAST
Ham & Cheese Omelet Pocket

LUNCH
Creamy Chicken Alfredo w/Garlic Breadstick
Seasoned Carrots

10 BREAKFAST
Chicken and Waffle Sandwich

LUNCH
Beefsteak Cheeseburger or Beefsteak Hamburger
Curly Fries

13 BREAKFAST
Cereal or Cereal & Cracker Pack

LUNCH
Fish Dippers or Popcorn Chicken Bites
Crinkle Cut Fries

14 BREAKFAST
Bacon, Egg & Cheese Pancake Sandwich

LUNCH
Salisbury Steak w/Mushroom Gravy
Warm Dinner Roll
Creamy Cauliflower Mash

15 BREAKFAST
Big Breakfast Kolache

LUNCH
Chicken Fajita Bowl
Wheat Tortilla
Street Corn

16 BREAKFAST
Sausage & Cheese English Muffin

LUNCH
Sloppy Joe
Carrot Craisin Salad

17 BREAKFAST
Plain Bagel

LUNCH
Cheese Pizza or Pepperoni Pizza
Tiny Tomato Salad

20 BREAKFAST
Bagel Breakfast Pizza

LUNCH
Crispy Chicken Sandwich or Crispy Fish Sandwich or Spicy Crispy Chicken Sandwich
Crinkle Cut Fries

21 BREAKFAST
Chorizo, Potato & Bean Burrito

LUNCH
Mesquite Chicken Drumstick
Corn Tortillas
Red Skin Potato Salad

22 BREAKFAST
Peaches & Cream Overnight Oats

LUNCH
Meatball Sub
Homemade Marinara Sauce

NO SCHOOL

NO SCHOOL

NO SCHOOL

28 SUMMER SCHOOL BREAKFAST
Snack'n Waffles

SUMMER SCHOOL LUNCH
Beefsteak Cheeseburger or Beefsteak Hamburger
Crinkle Fries

29 SUMMER SCHOOL BREAKFAST
Bagel Breakfast Pizza

SUMMER SCHOOL LUNCH
Cheese Pizza or Pepperoni Pizza
Zesty Lemon Broccoli

30 SUMMER SCHOOL BREAKFAST
Cereal or Cereal Cracker Pack

SUMMER SCHOOL LUNCH
Popcorn Chicken
Warm Dinner Roll
Carrot Craisin Salad

31 SUMMER SCHOOL BREAKFAST
Warm Biscuit or Sausage Biscuit

SUMMER SCHOOL LUNCH
Sloppy Joe
Cucumber Ranch Cup



Offered Daily

At Breakfast

- Assorted Fresh Fruit
- FF Milk / 1% Milk
- Whole Grains
- Assorted Cereal & Cracker Pack

At Lunch

- Colorful Vegetables
- Assorted Fresh Fruit
- FF Milk & 1% Milk

Notice About Menu Changes:
Although we strive to serve the scheduled menu, the menu may change without prior notice based on product availability

This institution is an equal opportunity provider.