

MAY

K-12 BREAKFAST AND LUNCH MENU

TARRANT COUNTY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Did you know?

Breakfast and Lunch is FREE for ALL IDEA Students

		<p>1 BREAKFAST Peaches & Cream Overnight Oats</p> <p>LUNCH Meatball Sub Homemade Marinara Sauce Veggie Ranch Cup</p>	<p>2 BREAKFAST Pancake On a Stick</p> <p>LUNCH Island Blossom Chicken Bowl Sesame Cucumber Umami Broccoli</p>	<p>3 BREAKFAST Turkey Ham and Cheddar Breakfast Croissant</p> <p>LUNCH Beef Nachos or Plant Protein Nachos Mini Shredded Romaine Tomato Salad Refried Beans</p>
<p>6 BREAKFAST Snack'n Waffles</p> <p>LUNCH Crispy Baked Chicken Warm Dinner Roll Homestyle Mustard Greens Rustic Mashed Potatoes w/Gravy</p>	<p>7 BREAKFAST Cheesy Ham & Egg Bars w/Waffle Flatbread</p> <p>LUNCH Enchilada Foldovers Charro Beans Spiced Sweet Potato</p>	<p>8 BREAKFAST Sausage Biscuit Warm Biscuits</p> <p>LUNCH Shredded BBQ Pork Sandwich Roasted Root Vegetables Tangy Vinegar Slaw</p>	<p>9 BREAKFAST Ham & Cheese Omelet Pocket</p> <p>LUNCH Creamy Chicken Alfredo w/Garlic Breadstick Pesto Cauliflower Seasoned Carrots</p>	<p>10 BREAKFAST Chicken and Waffle Sandwich</p> <p>LUNCH Beefsteak Cheeseburger or Beefsteak Hamburger Curly Fries Deluxe Deli Salad</p>
<p>13 BREAKFAST Cinni Minis</p> <p>LUNCH Fish Dippers or Popcorn Chicken Bites Warm Dinner Roll Crinkle Cut Fries Fresh Garden Salad</p>	<p>14 BREAKFAST Bacon, Egg & Cheese Pancake Sandwich</p> <p>LUNCH Salisbury Steak w/Mushroom Gravy Warm Dinner Roll Country Style Green Beans Creamy Cauliflower Mash</p>	<p>15 BREAKFAST Big Breakfast Kolache</p> <p>LUNCH Chicken Fajita Bowl Warm Flour Tortilla Mini Shredded Romaine Tomato Salad Street Corn</p>	<p>16 BREAKFAST Sausage & Cheese English Muffin</p> <p>LUNCH Sloppy Joe Baked Chips Carrot Craisin Salad Gamer Garbanzos</p>	<p>17 BREAKFAST Plain Bagel</p> <p>LUNCH Cheese Pizza or Pepperoni Pizza Breaded Zucchini Chunks Tiny Tomato Salad</p>
<p>20 BREAKFAST Bagel Breakfast Pizza</p> <p>LUNCH Crispy Chicken Sandwich or Crispy Fish Sandwich or Spicy Crispy Chicken Sandwich Crinkle Cut Fries Deluxe Deli Salad</p>	<p>21 BREAKFAST Chorizo, Potato & Bean Burrito</p> <p>LUNCH Mesquite Chicken Drumstick Corn Tortillas Lentils Charros Red Skin Potato Salad</p>	<p>22 BREAKFAST Peaches & Cream Overnight Oats</p> <p>LUNCH Meatball Sub Homemade Marinara Sauce Veggie Ranch Cup</p>	<p>23 BREAKFAST Pancake On a Stick</p> <p>LUNCH Island Blossom Chicken Bowl Sesame Cucumber Umami Broccoli</p>	<p>24 BREAKFAST Turkey Ham and Cheddar Breakfast Croissant</p> <p>LUNCH Beef Nachos or Plant Protein Nachos Mini Shredded Romaine Tomato Salad Refried Beans</p>
<p>27 NO SCHOOL</p>	<p>28 SUMMER SCHOOL BREAKFAST Snack'n Waffles</p> <p>SUMMER SCHOOL LUNCH Beefsteak Cheeseburger or Beefsteak Hamburger Crinkle Fries</p>	<p>29 SUMMER SCHOOL BREAKFAST Bagel Breakfast Pizza</p> <p>SUMMER SCHOOL LUNCH Cheese Pizza or Pepperoni Pizza Zesty Lemon Broccoli</p>	<p>30 SUMMER SCHOOL BREAKFAST Cereal or Cereal Cracker Pack</p> <p>SUMMER SCHOOL LUNCH Popcorn Chicken Warm Dinner Roll Carrot Craisin Salad</p>	<p>31 SUMMER SCHOOL BREAKFAST Warm Biscuit or Sausage Biscuit</p> <p>SUMMER SCHOOL LUNCH Sloppy Joe Cucumber Ranch Cup</p>



Offered Daily

At Breakfast

- Assorted Fresh Fruit
- FF Milk / 1% Milk
- Whole Grains
- Assorted Cereal & Cracker Pack

At Lunch

- Colorful Vegetables
- Assorted Fresh Fruit
- FF Milk & 1% Milk

Notice About Menu Changes: Although we strive to serve the scheduled menu, the menu may change without prior notice based on product availability

This institution is an equal opportunity provider.

MAY

SUPPER MENU

TARRANT COUNTY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

		1 Chicken Dippers Cucumber Slices	2 Classic Chicken Salad Croissant Mini Deli Salad	3 Cheeseburger S'wich Celery Sticks
6 Cheddar Chex Mix, Bold Bites & Cheese Cubes Cherry Tomatoes	7 Fresh Fruit & Yogurt Parfait Cucumber Slices	8 Chicken Tamales Salsa Cup	9 Personal Pizza Marinara Dipping Sauce	10 Turkey Ham Cubes, Hummus & Sunchips Celery Sticks
13 Turkey Hot Dog Ranch Style Beans	14 Pizzaboli Marinara Dipping Sauce	15 Chicken Eggrolls Cucumber Slices	16 Bean & Two Cheese Dip w/ Tostitos Salsa Cup	17 Chicken Empanada Mini Shredded Romaine Tomato Salad
20 Pretzel Bites, Turkey Cubes, & Cheese Dip Baby Carrots	21 Mozzarella Sticks Marinara Dipping Sauce	22 Chicken Dippers Cucumber Slices	23 Classic Chicken Salad Croissant Mini Deli Salad	24 Cheeseburger S'wich Celery Sticks

NO SCHOOL

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Breakfast and Lunch is FREE for ALL IDEA Students



Offered Daily at Supper

- Colorful Vegetables
- Assorted Fresh Fruit
- FF Milk & 1% Milk
- Whole Grains

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