

MAY

K-12 BREAKFAST AND LUNCH MENU

SAN ANTONIO

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Did you know?

Breakfast and Lunch is FREE for ALL IDEA Students

		<p>1 BREAKFAST</p> <p>Peaches & Cream Overnight Oats</p> <p>LUNCH</p> <p>Meatball Sub Homemade Marinara Sauce Veggie Ranch Cup</p>	<p>2 BREAKFAST</p> <p>Pancake On a Stick</p> <p>LUNCH</p> <p>Island Blossom Chicken Bowl Sesame Cucumber Umami Broccoli</p>	<p>3 BREAKFAST</p> <p>Turkey Ham and Cheddar Breakfast Croissant</p> <p>LUNCH</p> <p>Beef Nachos or Plant Protein Nachos Mini Shredded Romaine Tomato Salad Refried Beans</p>
<p>6 BREAKFAST</p> <p>Snack'n Waffles</p> <p>LUNCH</p> <p>Crispy Baked Chicken Warm Dinner Roll Homestyle Mustard Greens Rustic Mashed Potatoes w/Gravy</p>	<p>7 BREAKFAST</p> <p>Cheesy Ham & Egg Bars w/Waffle Flatbread</p> <p>LUNCH</p> <p>Enchilada Foldovers Charro Beans Spiced Sweet Potato</p>	<p>8 BREAKFAST</p> <p>Sausage Biscuit or Warm Biscuits</p> <p>LUNCH</p> <p>Shredded Pork Torta Guacamole Mini Shredded Romaine Tomato Salad</p>	<p>9 BREAKFAST</p> <p>Ham & Cheese Omelet Pocket</p> <p>LUNCH</p> <p>Creamy Chicken Alfredo w/Garlic Breadstick Pesto Cauliflower Seasoned Carrots</p>	<p>10 BREAKFAST</p> <p>Chicken and Waffle Sandwich</p> <p>LUNCH</p> <p>Beefsteak Cheeseburger or Beefsteak Hamburger Curly Fries Deluxe Deli Salad</p>
<p>13 BREAKFAST</p> <p>Cinni Minis</p> <p>LUNCH</p> <p>Fish Dippers or Popcorn Chicken Bites Warm Dinner Roll Crinkle Cut Fries Fresh Garden Salad</p>	<p>14 BREAKFAST</p> <p>Bacon, Egg & Cheese Pancake Sandwich</p> <p>LUNCH</p> <p>Salisbury Steak w/Mushroom Gravy Warm Dinner Roll Country Style Green Beans Creamy Cauliflower Mash</p>	<p>15 BREAKFAST</p> <p>Big Breakfast Kolache</p> <p>LUNCH</p> <p>Chicken Fajita Bowl Warm Flour Tortilla Mini Shredded Romaine Tomato Salad Street Corn</p>	<p>16 BREAKFAST</p> <p>Sausage & Cheese English Muffin</p> <p>LUNCH</p> <p>Sloppy Joe Baked Chips Carrot Craisin Salad Gamer Garbanzos</p>	<p>17 BREAKFAST</p> <p>Plain Bagel</p> <p>LUNCH</p> <p>Cheese Pizza or Pepperoni Pizza Breaded Zucchini Chunks Tiny Tomato Salad</p>
<p>20 BREAKFAST</p> <p>Bagel Breakfast Pizza</p> <p>LUNCH</p> <p>Crispy Chicken Sandwich or Crispy Fish Sandwich or Spicy Crispy Chicken Sandwich Crinkle Cut Fries Deluxe Deli Salad</p>	<p>21 BREAKFAST</p> <p>Chorizo, Potato & Bean Burrito</p> <p>LUNCH</p> <p>Mesquite Chicken Drumstick Corn Tortillas Lentils Charros Red Skin Potato Salad</p>	<p>22 BREAKFAST</p> <p>Peaches & Cream Overnight Oats</p> <p>LUNCH</p> <p>Meatball Sub Homemade Marinara Sauce Veggie Ranch Cup</p>	<p>23 BREAKFAST</p> <p>Pancake On a Stick</p> <p>LUNCH</p> <p>Island Blossom Chicken Bowl Sesame Cucumber Umami Broccoli</p>	<p>24 BREAKFAST</p> <p>Turkey Ham and Cheddar Breakfast Croissant</p> <p>LUNCH</p> <p>Beef Nachos or Plant Protein Nachos Mini Shredded Romaine Tomato Salad Refried Beans</p>

NO SCHOOL

NO SCHOOL



Offered Daily

At Breakfast

- Assorted Fresh Fruit
- FF Milk / 1% Milk
- Whole Grains
- Assorted Cereal & Cracker Pack

At Lunch

- Colorful Vegetables
- Assorted Fresh Fruit
- FF Milk & 1% Milk

Notice About Menu Changes:

Although we strive to serve the scheduled menu, the menu may change without prior notice based on product availability

This institution is an equal opportunity provider.

MAY

SUPPER MENU

SAN ANTONIO

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Did you know?
Breakfast and Lunch is
FREE for ALL IDEA Students

1
Chicken Dippers
Cucumber Slices

2
Classic Chicken Salad Croissant
Mini Deli Salad

3
Cheeseburger S'wich
Celery Sticks

6
Cheddar Chex Mix, Bold Bites & Cheese
Cubes
Cherry Tomatoes

7
Fresh Fruit & Yogurt Parfait
Cucumber Slices

8
Chicken Tamales
Salsa Cup

9
Personal Pizza
Marinara Dipping Sauce

10
Turkey Ham Cubes, Hummus &
Sunchips
Celery Sticks

13
Turkey Hot Dog
Ranch Style Beans

14
Pizzaboli
Marinara Dipping Sauce

15
Chicken Eggrolls
Cucumber Slices

16
Bean & Two Cheese Dip w/ Tostitos
Salsa Cup

17
Chicken Empanada
Mini Shredded Romaine Tomato
Salad

20
Pretzel Bites, Turkey Cubes, &
Cheese Dip
Baby Carrots

21
Mozzarella Sticks
Marinara Dipping Sauce

22
Chicken Dippers
Cucumber Slices

23
Classic Chicken Salad Croissant
Mini Deli Salad

24
Cheeseburger S'wich
Celery Sticks

**NO
SCHOOL**

28
Cheddar Chex Mix, Bold Bites &
Cheese Cubes
Cherry Tomatoes

29
Chicken Tamales
Salsa Cup

30
Personal Pizza
Marinara Dipping Sauce

**NO
SCHOOL**



**Offered Daily
at Supper**



- Colorful Vegetables
- Assorted Fresh Fruit
- FF Milk & 1% Milk
- Whole Grains



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