

MAY

K-12 BREAKFAST AND LUNCH MENU

PERMIAN BASIN

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Did you know?

Breakfast and Lunch is FREE
for ALL IDEA Students

--	--

1	BREAKFAST Peaches & Cream Overnight Oats
	LUNCH Meatball Sub Homemade Marinara Sauce Veggie Ranch Cup

2	BREAKFAST Pancake On a Stick
	LUNCH Island Blossom Chicken Bowl Sesame Cucumber Umami Broccoli

3	BREAKFAST Turkey Ham and Cheddar Breakfast Croissant
	LUNCH Beef Nachos or Plant Protein Nachos Mini Shredded Romaine Tomato Salad Refried Beans

6	BREAKFAST Snack'n Waffles
	LUNCH Crispy Baked Chicken Warm Dinner Roll Homestyle Mustard Greens Rustic Mashed Potatoes w/Gravy

7	BREAKFAST Cheesy Ham & Egg Bars w/Waffle Flatbread
	LUNCH Enchilada Foldovers Charro Beans Spiced Sweet Potato

8	BREAKFAST Sausage Biscuit or Warm Biscuits
	LUNCH Shredded Pork Torta Guacamole Mini Shredded Romaine Tomato Salad

9	BREAKFAST Ham & Cheese Omelet Pocket
	LUNCH Creamy Chicken Alfredo w/Garlic Breadstick Pesto Cauliflower Seasoned Carrots

10	BREAKFAST Chicken and Waffle Sandwich
	LUNCH Beefsteak Cheeseburger or Beefsteak Hamburger Curly Fries Deluxe Deli Salad

13	BREAKFAST Cinni Minis
	LUNCH Fish Dippers or Popcorn Chicken Bites Warm Dinner Roll Crinkle Cut Fries Fresh Garden Salad

14	BREAKFAST Bacon, Egg & Cheese Pancake Sandwich
	LUNCH Salisbury Steak w/Mushroom Gravy Warm Dinner Roll Country Style Green Beans Creamy Cauliflower Mash

15	BREAKFAST Big Breakfast Kolache
	LUNCH Chicken Fajita Bowl Warm Flour Tortilla Mini Shredded Romaine Tomato Salad Street Corn

16	BREAKFAST Sausage & Cheese English Muffin
	LUNCH Sloppy Joe Baked Chips Carrot Craisin Salad Gamer Garbanzos

17	BREAKFAST Plain Bagel
	LUNCH Cheese Pizza or Pepperoni Pizza Breaded Zucchini Chunks Tiny Tomato Salad

20	BREAKFAST Bagel Breakfast Pizza
	LUNCH Crispy Chicken Sandwich or Crispy Fish Sandwich or Spicy Crispy Chicken Sandwich Crinkle Cut Fries Deluxe Deli Salad

21	BREAKFAST Chorizo, Potato & Bean Burrito
	LUNCH Mesquite Chicken Drumstick Corn Tortillas Lentils Charros Red Skin Potato Salad

22	BREAKFAST Peaches & Cream Overnight Oats
	LUNCH Meatball Sub Homemade Marinara Sauce Veggie Ranch Cup

NO SCHOOL

NO SCHOOL

NO SCHOOL

28	SUMMER SCHOOL BREAKFAST Snack'n Waffles
	SUMMER SCHOOL LUNCH Beefsteak Cheeseburger or Beefsteak Hamburger Crinkle Fries

29	SUMMER SCHOOL BREAKFAST Bagel Breakfast Pizza
	SUMMER SCHOOL LUNCH Cheese Pizza or Pepperoni Pizza Zesty Lemon Broccoli

30	SUMMER SCHOOL BREAKFAST Cereal or Cereal Cracker Pack
	SUMMER SCHOOL LUNCH Popcorn Chicken Warm Dinner Roll Carrot Craisin Salad

31	SUMMER SCHOOL BREAKFAST Warm Biscuit or Sausage Biscuit
	SUMMER SCHOOL LUNCH Sloppy Joe Cucumber Ranch Cup



Offered Daily

At Breakfast

- Assorted Fresh Fruit
- FF Milk / 1% Milk
- Whole Grains
- Assorted Cereal & Cracker Pack

At Lunch

- Colorful Vegetables
- Assorted Fresh Fruit
- FF Milk & 1% Milk

Notice About Menu Changes:
Although we strive to serve the scheduled menu, the menu may change without prior notice based on product availability

This institution is an equal opportunity provider.

MAY

SUPPER MENU

PERMIAN BASIN

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

		1 Chicken Dippers Cucumber Slices	2 Classic Chicken Salad Croissant Mini Deli Salad	3 Cheeseburger S'wich Celery Sticks
6 Cheddar Chex Mix, Bold Bites & Cheese Cubes Cherry Tomatoes	7 Fresh Fruit & Yogurt Parfait Cucumber Slices	8 Chicken Tamales Salsa Cup	9 Personal Pizza Marinara Dipping Sauce	10 Turkey Ham Cubes, Hummus & Sunchips Celery Sticks
13 Turkey Hot Dog Ranch Style Beans	14 Pizzaboli Marinara Dipping Sauce	15 Chicken Eggrolls Cucumber Slices	16 Bean & Two Cheese Dip w/ Tostitos Salsa Cup	17 Chicken Empanada Mini Shredded Romaine Tomato Salad
20 Pretzel Bites, Turkey Cubes, & Cheese Dip Baby Carrots	21 Mozzarella Sticks Marinara Dipping Sauce	22 Chicken Dippers Cucumber Slices	23 NO SCHOOL	24 NO SCHOOL
27 NO SCHOOL	28	29	30	31

Did you know?
Breakfast and Lunch is FREE for ALL IDEA Students



Offered Daily at Supper

- Colorful Vegetables
- Assorted Fresh Fruit
- FF Milk & 1% Milk
- Whole Grains

Notice About Menu Changes:
Although we strive to serve the scheduled menu, the menu may change without prior notice based on product availability

This institution is an equal opportunity provider.