

# MAY

## K-12 BREAKFAST AND LUNCH MENU

### BATON ROUGE

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

### Did you know?

Breakfast and Lunch is FREE for ALL IDEA Students

**1 BREAKFAST**  
Peaches & Cream Overnight Oats

**LUNCH**  
Meatball Sub  
Homemade Marinara Sauce  
Veggie Ranch Cup

**2 BREAKFAST**  
Pancake & Sausage on a Stick

**LUNCH**  
Sticky Pineapple Chicken  
Brown Rice  
Sesame Cucumber  
Umami Broccoli

**3 BREAKFAST**  
Turkey Ham & Cheese Croissant

**LUNCH**  
Beef Nachos or Plant Protein Nachos  
Mini Shredded Romaine Tomato Salad  
Refried Beans

**6 BREAKFAST**  
Snack'n Waffles

**LUNCH**  
Crispy Baked Chicken  
Wheat Roll  
Homestyle Mustard Greens  
Rustic Mashed Potatoes w/Gravy

**7 BREAKFAST**  
Bean and Cheese Burrito

**LUNCH**  
Chicken Enchiladas  
Charro Beans  
Spiced Sweet Potato

**8 BREAKFAST**  
Sausage Biscuit

**LUNCH**  
Shredded BBQ Pork Sandwich  
Roasted Root Vegetables  
Tangy Vinegar Slaw

**9 BREAKFAST**  
Ham & Cheese Omelet Foldover

**LUNCH**  
Creamy Chicken Alfredo w/Garlic Breadstick  
Garlic Cheese Breadstick  
Pesto Cauliflower  
Seasoned Carrots

**10 BREAKFAST**  
Chicken and Waffle Sandwich

**LUNCH**  
Beefsteak Burger or Beefsteak  
Cheeseburger  
Curly Fries  
Deluxe Deli Salad

**13 BREAKFAST**  
Cinni Mini

**LUNCH**  
Fish Dippers or Popcorn Chicken Bites LA  
Wheat Roll  
Fresh Garden Salad  
Tin Roof Fries

**14 BREAKFAST**  
Bacon, Egg & Cheese Pancake Sandwich

**LUNCH**  
Salisbury Steak w/ Mushroom Gravy  
Wheat Roll  
Country Style Green Beans

**15 BREAKFAST**  
Creamy Grits

**LUNCH**  
Shrimp Po Boy  
Cajun spiced Pinto Beans  
Cajun Corn on the Cob  
Deluxe Deli Salad

**16 BREAKFAST**  
Sausage & Cheese English Muffin

**LUNCH**  
Sloppy Joe  
Baked Chips  
Carrot Craisin Salad  
Garbanzo Salad

**17 BREAKFAST**  
Warm Biscuits

**LUNCH**  
Cheese Pizza or Pepperoni Pizza  
Breaded Zucchini Chunks  
Tiny Tomato Salad

**20 BREAKFAST**  
Bagel Breakfast Pizza

**LUNCH**  
Crispy Chicken Sandwich or Crispy Fish  
Sandwich or Spicy Crispy Chicken Sandwich  
Deluxe Deli Salad  
Tin Roof Fries

**21 BREAKFAST**  
Bacon, Egg & Bean Breakfast Burrito

**LUNCH**  
Chicken & Sausage Gumbo  
Brown Rice  
Red Skin Potato Salad

**22 BREAKFAST**  
Peaches & Cream Overnight Oats

**LUNCH**  
Meatball Sub  
Homemade Marinara Sauce  
Veggie Ranch Cup

**23 BREAKFAST**  
Pancake & Sausage on a Stick

**LUNCH**  
Sticky Pineapple Chicken  
Brown Rice  
Sesame Cucumber  
Umami Broccoli

**24 NO SCHOOL**

**27 NO SCHOOL**

**28 SUMMER SCHOOL BREAKFAST**  
Snack'n Waffles

**SUMMER SCHOOL LUNCH**  
Beefsteak Cheeseburger or  
Beefsteak Hamburger  
Crinkle Fries

**29 SUMMER SCHOOL BREAKFAST**  
Bagel Breakfast Pizza

**SUMMER SCHOOL LUNCH**  
Cheese Pizza or Pepperoni Pizza  
Zesty Lemon Broccoli

**30 SUMMER SCHOOL BREAKFAST**  
Cereal or Cereal Cracker Pack

**SUMMER SCHOOL LUNCH**  
Popcorn Chicken  
Honey Wheat Roll  
Carrot Craisin Salad

**31 SUMMER SCHOOL BREAKFAST**  
Warm Biscuit or  
Sausage Biscuit

**SUMMER SCHOOL LUNCH**  
Sloppy Joe  
Cucumber Ranch Cup



**Offered Daily**

**At Breakfast**

- Assorted Fresh Fruit
- FF Milk / 1% Milk
- Whole Grains
- Assorted Cereal & Cracker Pack

**At Lunch**

- Colorful Vegetables
- Assorted Fresh Fruit
- FF Milk & 1% Milk

**Notice About Menu Changes:** Although we strive to serve the scheduled menu, the menu may change without prior notice based on product availability

This institution is an equal opportunity provider.

# MAY

## SUPPER MENU

### BATON ROUGE

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1

Chicken Dippers  
Cucumber Slices

2

Classic Chicken Salad Sandwich  
Mini Deli Salad

3

Cheeseburger S'wich  
Celery Sticks

6

Cheddar Chex Mix, Turkey Coins &  
Cheese Cubes  
Cherry Tomatoes

7

Fresh Fruit & Yogurt Parfait  
Cucumber Slices

8

Beef, Bean & Cheese Chimichanga  
Salsa Cup

9

Personal Pizza  
Marinara Cup

10

Cheese Stick, Turkey Coins &  
Sunchips  
Celery Sticks

13

Hot Dog  
Ranch Style Beans

14

Pizzaboli  
Marinara Cup

15

Chicken Fried Rice  
Cucumber Slices

16

Cheesy Bean Dip w/ Tostitos  
Salsa Cup

17

Beef & Cheese Burrito  
Mini Shredded Romaine Tomato  
Salad

20

Pretzel Sticks, Turkey Coins, &  
Cheese Dip  
Fresh Baby Carrots

21

Twisted WG Cheesy Breadstick  
w/Marinara Cup

22

Chicken Dippers  
Cucumber Slices

23

Classic Chicken Salad Sandwich  
Mini Deli Salad

24

**NO  
SCHOOL**

27

**NO  
SCHOOL**

28

29

30

31

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**Offered Daily  
at Supper**

- Colorful Vegetables
- Assorted Fresh Fruit
- FF Milk & 1% Milk
- Whole Grains

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