

MAY

K-12 BREAKFAST AND LUNCH MENU

JACKSONVILLE

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Did you know?

Breakfast and Lunch is FREE for ALL IDEA Students

1

BREAKFAST

Peaches & Cream Overnight Oats

LUNCH

Meatball Sub
Homemade Marinara Sauce
Veggie Ranch Cup

2

BREAKFAST

Pancake On a Stick

LUNCH

Island Blossom Chicken Bowl
Umami Broccoli

3

BREAKFAST

Turkey Ham and Cheddar Breakfast Croissant

LUNCH

Beef Nachos
Diced Tomato Cup
Refried Beans

6

BREAKFAST

Snack'n Waffles

LUNCH

Crispy Baked Chicken
Wheat Roll
Homestyle Kale Greens
Rustic Mashed Potatoes w/Gravy

7

BREAKFAST

Bean and Cheese Burrito

LUNCH

Chicken Enchiladas
Charro Beans

8

BREAKFAST

Sausage Biscuit or
Warm Biscuit

LUNCH

Shredded BBQ Pork Sandwich
Tangy Vinegar Slaw

9

BREAKFAST

Ham & Cheese Omelet Pocket

LUNCH

Creamy Chicken Alfredo w/Garlic Breadstick
Seasoned Carrots

10

BREAKFAST

Chicken and Waffle Sandwich

LUNCH

Beefsteak Burger or Beefsteak Cheeseburger
Curly Fries
Deluxe Deli Salad

13

BREAKFAST

Cinni Minis

LUNCH

Fish Dippers or Popcorn Chicken Bites
Wheat Roll
Crinkle Cut Fries
Fresh Garden Salad

14

BREAKFAST

Bacon, Egg & Cheese Pancake Sandwich

LUNCH

Salisbury Steak w/ Mushroom Gravy
Wheat Roll
Country Style Green Beans

15

BREAKFAST

Creamy Grits

LUNCH

Shrimp Po Boy
Cajun Corn on the Cob
Deluxe Deli Salad

16

BREAKFAST

Sausage & Cheese English Muffin

LUNCH

Sloppy Joe
Baked Chips
Carrot Craisin Salad
Gamer Garbanzos

17

BREAKFAST

Plain Bagel

LUNCH

Cheese or Pepperoni Pizza
Breaded Zucchini Chunks

20

BREAKFAST

Breakfast Bagel Pizza

LUNCH

Crispy Chicken Sandwich or Crispy Fish
Sandwich or Spicy Crispy Chicken Sandwich
Crinkle Cut Fries
Deluxe Deli Salad

21

BREAKFAST

Bacon, Egg & Bean Breakfast Burrito

LUNCH

Glazed Chicken
Brown Rice
Maduros

22

BREAKFAST

Peaches & Cream Overnight Oats

LUNCH

Meatball Sub
Homemade Marinara Sauce
Veggie Ranch Cup

23

BREAKFAST

Pancake On a Stick

LUNCH

Island Blossom Chicken Bowl
Umami Broccoli

24

BREAKFAST

Turkey Ham and Cheddar Breakfast
Croissant

LUNCH

Beef Nachos
Diced Tomato Cup
Refried Beans

27

**NO
SCHOOL**

28

BREAKFAST

Snack'n Waffles

LUNCH

Crispy Baked Chicken
Wheat Roll
Homestyle Kale Greens
Rustic Mashed Potatoes w/Gravy

29

BREAKFAST

Warm Biscuit

LUNCH

Shredded BBQ Pork Sandwich
Tangy Vinegar Slaw

30

BREAKFAST

Ham & Cheese Omelet Pocket

LUNCH

Creamy Chicken Alfredo w/Garlic Breadstick
Seasoned Carrots

31

BREAKFAST

Chicken and Waffle Sandwich

LUNCH

Beefsteak Burger or Beefsteak Cheeseburger
Curly Fries
Deluxe Deli Salad



Offered Daily

At Breakfast

- Assorted Fresh Fruit
- FF Milk / 1% Milk
- Fresh Fruit Juice
- Whole Grains
- Assorted Cereal & Cracker Pack

At Lunch

- Colorful Vegetables
- Assorted Fresh Fruit
- FF Milk & 1% Milk

Notice About Menu Changes:

Although we strive to serve the scheduled menu, the menu may change without prior notice based on product availability

Non – Discrimination Statement

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation in the administration of the snap program), disability, age, or reprisal or retaliation for prior civil rights activity

MAY

SUPPER MENU

JACKSONVILLE

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Did you know?

Breakfast and Lunch is FREE for ALL IDEA Students



Offered Daily at Supper

- Colorful Vegetables
- Assorted Fresh Fruit
- FF Milk & 1% Milk
- Whole Grains

Notice About Menu Changes:

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1

WG Chicken Dippers
Cucumber Slices

2

WG Classic Chicken Salad Sandwich
Mini Deli Salad

3

WG Cheeseburger S'wich
Celery Sticks

6

WG Cheddar Chex Mix, Turkey Stick & Cheese Cubes
Cherry Tomatoes

7

Fresh Fruit & Yogurt Parfait w/ WG Granola
Cucumber Slices

8

WG Beef, Bean & Cheese Fiesta Burrito

9

WG Personal Turkey Pepperoni Pizza
Marinara Cup

10

Hummus, Turkey Stick & WG Sunchips
Celery Sticks

13

WG Turkey Hot Dog
Ranch Style Beans

14

WG Pizzaboli w/ Marinara Cup

15

WG Chicken Fried Rice
Cucumber Slices

16

Cheesy Bean Dip w/ WG Tostitos
Salsa Cup

17

WG Beef, Bean & Cheese Fiesta Burrito
Mini Shredded Romaine Tomato Salad

20

WG Pretzel, Turkey Stick, & Cheese Dip
Fresh Baby Carrots

21

Twisted WG Cheesy Breadstick w/Marinara Cup

22

WG Chicken Dippers
Cucumber Slices

23

WG Classic Chicken Salad Sandwich
Mini Deli Salad

24

WG Cheeseburger S'wich
Celery Sticks

27

NO SCHOOL

28

WG Cheddar Chex Mix, Turkey Stick & Cheese Cubes
Cherry Tomatoes

29

WG Beef, Bean & Cheese Fiesta Burrito

30

WG Personal Turkey Pepperoni Pizza
Marinara Cup

31

Hummus, Turkey Stick & WG Sunchips
Celery Sticks