

# MAY

## K-12 BREAKFAST AND LUNCH MENU

### EL PASO

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

### Did you know?

Breakfast and Lunch is FREE for ALL IDEA Students

<p><b>6</b>      <b>BREAKFAST</b></p> <p>Snack'n Waffles</p> <p><b>LUNCH</b></p> <p>Crispy Baked Chicken Warm Dinner Roll Homestyle Mustard Greens Rustic Mashed Potatoes w/Gravy</p>		<p><b>1</b>      <b>BREAKFAST</b></p> <p>Peaches &amp; Cream Overnight Oats</p> <p><b>LUNCH</b></p> <p>Meatball Sub Homemade Marinara Sauce Veggie Ranch Cup</p>		<p><b>2</b>      <b>BREAKFAST</b></p> <p>Pancake On a Stick</p> <p><b>LUNCH</b></p> <p>Island Blossom Chicken Bowl Sesame Cucumber Umami Broccoli</p>		<p><b>3</b>      <b>BREAKFAST</b></p> <p>Turkey Ham and Cheddar Breakfast Croissant</p> <p><b>LUNCH</b></p> <p>Beef Nachos or Plant Protein Nachos Mini Shredded Romaine Tomato Salad Refried Beans</p>			
		<p><b>7</b>      <b>BREAKFAST</b></p> <p>Cheesy Ham &amp; Egg Bars w/Waffle Flatbread</p> <p><b>LUNCH</b></p> <p>Enchilada Foldovers Charro Beans Spiced Sweet Potato</p>		<p><b>8</b>      <b>BREAKFAST</b></p> <p>Sausage Biscuit or Warm Biscuits</p> <p><b>LUNCH</b></p> <p>Shredded Pulled Pork BBQ Sandwich Guacamole Deluxe Deli Salad</p>		<p><b>9</b>      <b>BREAKFAST</b></p> <p>Ham &amp; Cheese Omelet Pocket</p> <p><b>LUNCH</b></p> <p>Creamy Chicken Alfredo w/Garlic Breadstick Pesto Cauliflower Seasoned Carrots</p>		<p><b>10</b>      <b>BREAKFAST</b></p> <p>Chicken and Waffle Sandwich</p> <p><b>LUNCH</b></p> <p>Beefsteak Cheeseburger or Beefsteak Hamburger Curly Fries Deluxe Deli Salad</p>	
<p><b>13</b>      <b>BREAKFAST</b></p> <p>Cinni Minis</p> <p><b>LUNCH</b></p> <p>Fish Dippers or Popcorn Chicken Bites Warm Dinner Roll Crinkle Cut Fries Fresh Garden Salad</p>		<p><b>14</b>      <b>BREAKFAST</b></p> <p>Bacon, Egg &amp; Cheese Pancake Sandwich</p> <p><b>LUNCH</b></p> <p>Salisbury Steak w/Mushroom Gravy Warm Dinner Roll Country Style Green Beans Creamy Cauliflower Mash</p>		<p><b>15</b>      <b>BREAKFAST</b></p> <p>Big Breakfast Kolache</p> <p><b>LUNCH</b></p> <p>Chicken Fajita Bowl Warm Flour Tortilla Mini Shredded Romaine Tomato Salad Street Corn</p>		<p><b>16</b>      <b>BREAKFAST</b></p> <p>Sausage &amp; Cheese English Muffin</p> <p><b>LUNCH</b></p> <p>Sloppy Joe Baked Chips Carrot Craisin Salad Gamer Garbanzos</p>		<p><b>17</b>      <b>BREAKFAST</b></p> <p>Plain Bagel</p> <p><b>LUNCH</b></p> <p>Cheese Pizza or Pepperoni Pizza Breaded Zucchini Chunks Tiny Tomato Salad</p>	
<p><b>20</b>      <b>BREAKFAST</b></p> <p>Bagel Breakfast Pizza</p> <p><b>LUNCH</b></p> <p>Crispy Chicken Sandwich or Crispy Fish Sandwich or Spicy Crispy Chicken Sandwich Crinkle Cut Fries Deluxe Deli Salad</p>		<p><b>21</b>      <b>BREAKFAST</b></p> <p>Chorizo, Potato &amp; Bean Burrito</p> <p><b>LUNCH</b></p> <p>Mesquite Chicken Drumstick Corn Tortillas Lentils Charros Red Skin Potato Salad</p>		<p><b>22</b>      <b>BREAKFAST</b></p> <p>Peaches &amp; Cream Overnight Oats</p> <p><b>LUNCH</b></p> <p>Meatball Sub Homemade Marinara Sauce Veggie Ranch Cup</p>		<p><b>23</b>      <b>BREAKFAST</b></p> <p>Pancake On a Stick</p> <p><b>LUNCH</b></p> <p>Island Blossom Chicken Bowl Sesame Cucumber Umami Broccoli</p>		<p><b>24</b>      <b>BREAKFAST</b></p> <p>Turkey Ham and Cheddar Breakfast Croissant</p> <p><b>LUNCH</b></p> <p>Beef Nachos or Plant Protein Nachos Mini Shredded Romaine Tomato Salad Refried Beans</p>	
<p><b>27</b></p> <p><b>NO SCHOOL</b></p>		<p><b>28</b>      <b>BREAKFAST</b></p> <p>Snack'n Waffles</p> <p><b>LUNCH</b></p> <p>Crispy Baked Chicken Warm Dinner Roll Homestyle Mustard Greens Rustic Mashed Potatoes w/Gravy</p>		<p><b>29</b>      <b>BREAKFAST</b></p> <p>Sausage Biscuit or Warm Biscuits</p> <p><b>LUNCH</b></p> <p>Shredded Pork Torta Guacamole Mini Shredded Romaine Tomato Salad</p>		<p><b>30</b>      <b>BREAKFAST</b></p> <p>Ham &amp; Cheese Omelet Pocket</p> <p><b>LUNCH</b></p> <p>Creamy Chicken Alfredo w/Garlic Breadstick Pesto Cauliflower Seasoned Carrots</p>		<p><b>31</b>      <b>BREAKFAST</b></p> <p>Chicken and Waffle Sandwich</p> <p><b>LUNCH</b></p> <p>Beefsteak Cheeseburger or Beefsteak Hamburger Curly Fries Deluxe Deli Salad</p>	



### Offered Daily

### At Breakfast

- Assorted Fresh Fruit
- FF Milk / 1% Milk
- Whole Grains
- Assorted Cereal & Cracker Pack

### At Lunch

- Colorful Vegetables
- Assorted Fresh Fruit
- FF Milk & 1% Milk

**Notice About Menu Changes:**  
Although we strive to serve the scheduled menu, the menu may change without prior notice based on product availability

This institution is an equal opportunity provider.

# MAY

## SUPPER MENU

### EL PASO

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

### Did you know?

Breakfast and Lunch is FREE  
for ALL IDEA Students

1

Chicken Dippers  
Cucumber Slices

2

Classic Chicken Salad Croissant  
Mini Deli Salad

3

Cheeseburger S'wich  
Celery Sticks

6

Cheddar Chex Mix, Bold Bites & Cheese  
Cubes  
Cherry Tomatoes

7

Fresh Fruit & Yogurt Parfait  
Cucumber Slices

8

Chicken Tamales  
Salsa Cup

9

Personal Pizza  
Marinara Dipping Sauce

10

Turkey Ham Cubes, Hummus &  
Sunchips  
Celery Sticks

13

Turkey Hot Dog  
Ranch Style Beans

14

Pizzaboli  
Marinara Dipping Sauce

15

Chicken Eggrolls  
Cucumber Slices

16

Bean & Two Cheese Dip w/ Tostitos  
Salsa Cup

17

Chicken Empanada  
Mini Shredded Romaine Tomato  
Salad

20

Pretzel Bites, Turkey Cubes, &  
Cheese Dip  
Baby Carrots

21

Mozzarella Sticks  
Marinara Dipping Sauce

22

Chicken Dippers  
Cucumber Slices

23

Classic Chicken Salad Croissant  
Mini Deli Salad

24

Cheeseburger S'wich  
Celery Sticks

27

**NO  
SCHOOL**

28

Cheddar Chex Mix, Bold Bites &  
Cheese Cubes  
Cherry Tomatoes

29

Chicken Tamales  
Salsa Cup

30

Personal Pizza  
Marinara Dipping Sauce

31

Turkey Ham Cubes, Hummus &  
Sunchips  
Celery Sticks



## Offered Daily at Supper

- Colorful Vegetables
- Assorted Fresh Fruit
- FF Milk & 1% Milk
- Whole Grains

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