

# APRIL

## K-12 BREAKFAST AND LUNCH MENU Rio Grande Valley



Offered Daily

### At Breakfast

- Assorted Fresh Fruit
- FF Milk / 1% Milk
- Whole Grains
- Assorted Cereal & Cracker Pack

### At Lunch

- Colorful Vegetables
- Assorted Fresh Fruit
- FF Milk & 1% Milk

### Notice About Menu Changes:

Although we strive to serve the scheduled menu, the menu may change without prior notice based on product availability

This institution is an equal opportunity provider.

### MONDAY

**NO SCHOOL**

### TUESDAY

**2 BREAKFAST**  
Cinni Minis

**LUNCH**  
Fish Dippers or Popcorn Chicken Bites  
Warm Dinner Roll  
Crinkle Cut Fries  
Fresh Garden Salad

### WEDNESDAY

**3 BREAKFAST**  
Big Breakfast Kolache

**LUNCH**  
Chicken Fajita Bowl  
Warm Flour Tortilla  
Mini Shredded Romaine Tomato Salad  
Street Corn

### THURSDAY

**4 BREAKFAST**  
Sausage & Cheese English Muffin

**LUNCH**  
Sloppy Joe  
Baked Chips  
Carrot Craisin Salad  
Gamer Garbanzos

### FRIDAY

**5 BREAKFAST**  
Plain Bagel

**LUNCH**  
Cheese Pizza or Pepperoni Pizza  
Breaded Zucchini Chunks  
Tiny Tomato Salad

**8 BREAKFAST**  
Bagel Breakfast Pizza

**LUNCH**  
Crispy Chicken Sandwich or Crispy Fish Sandwich or Spicy Crispy Chicken Sandwich  
Crinkle Cut Fries  
Deluxe Deli Salad

**9 BREAKFAST**  
Chorizo, Potato & Bean Burrito

**LUNCH**  
Mesquite Chicken Drumstick  
Corn Tortillas  
Lentils Charros  
Red Skin Potato Salad

**10 BREAKFAST**  
Peaches & Cream Overnight Oats

**LUNCH**  
Meatball Sub  
Homemade Marinara Sauce  
Veggie Ranch Cup

**11 BREAKFAST**  
Pancake On a Stick

**LUNCH**  
Island Blossom Chicken Bowl  
Sesame Cucumber  
Umami Broccoli

**12 BREAKFAST**  
Turkey Ham and Cheddar Breakfast Croissant

**LUNCH**  
Beef Nachos or Plant Protein Nachos  
Mini Shredded Romaine Tomato Salad  
Refried Beans

**15 BREAKFAST**  
Snack'n Waffles

**LUNCH**  
Crispy Baked Chicken  
Warm Dinner Roll  
Homestyle Mustard Greens  
Rustic Mashed Potatoes w/Gravy

**16 BREAKFAST**  
Cheesy Ham & Egg Bars w/Waffle Flatbread

**LUNCH**  
Enchilada Foldovers  
Charro Beans  
Spiced Sweet Potato

**17 BREAKFAST**  
Sausage Biscuit  
Warm Biscuits

**LUNCH**  
Shredded Pork Torta  
Guacamole  
Mini Shredded Romaine Tomato Salad

**18 BREAKFAST**  
Ham & Cheese Omelet Pocket

**LUNCH**  
Creamy Chicken Alfredo w/Garlic Breadstick  
Pesto Cauliflower  
Seasoned Carrots

**19 BREAKFAST**  
Chicken and Waffle Sandwich

**LUNCH**  
Beefsteak Cheeseburger or Beefsteak Hamburger  
Curly Fries  
Deluxe Deli Salad

**22 BREAKFAST**  
Cinni Minis

**LUNCH**  
Fish Dippers or Popcorn Chicken Bites  
Warm Dinner Roll  
Crinkle Cut Fries  
Fresh Garden Salad

**23 BREAKFAST**  
Bacon, Egg & Cheese Pancake Sandwich

**LUNCH**  
Salisbury Steak w/Mushroom Gravy  
Warm Dinner Roll  
Country Style Green Beans  
Creamy Cauliflower Mash

**24 BREAKFAST**  
Big Breakfast Kolache

**LUNCH**  
Chicken Fajita Bowl  
Warm Flour Tortilla  
Mini Shredded Romaine Tomato Salad  
Street Corn

**25 BREAKFAST**  
Sausage & Cheese English Muffin

**LUNCH**  
Sloppy Joe  
Baked Chips  
Carrot Craisin Salad  
Gamer Garbanzos

**26 BREAKFAST**  
Plain Bagel

**LUNCH**  
Cheese Pizza or Pepperoni Pizza  
Breaded Zucchini Chunks  
Tiny Tomato Salad

**29 BREAKFAST**  
Bagel Breakfast Pizza

**LUNCH**  
Crispy Chicken Sandwich or Crispy Fish Sandwich or Spicy Crispy Chicken Sandwich  
Crinkle Cut Fries  
Deluxe Deli Salad

**30 BREAKFAST**  
Chorizo, Potato & Bean Burrito

**LUNCH**  
Mesquite Chicken Drumstick  
Corn Tortillas  
Lentils Charros  
Red Skin Potato Salad

Did you know?  
Breakfast and Lunch is FREE for ALL IDEA Students

# APRIL

## SUPPER MENU Rio Grande Valley

### MONDAY

**NO  
SCHOOL**

### TUESDAY

Turkey Hot Dog  
Ranch Style Beans

### WEDNESDAY

Chicken Eggrolls  
Cucumber Slices

### THURSDAY

Bean & Two Cheese Dip w/ Tostitos  
Salsa Cup

### FRIDAY

Chicken Empanada  
Mini Shredded Romaine Tomato Salad

1

2

3

4

5

8

9

10

11

12

Pretzel Bites, Turkey Cubes, & Cheese Dip  
Baby Carrots

Mozzarella Sticks  
Marinara Dipping Sauce

Chicken Dippers  
Cucumber Slices

Classic Chicken Salad Croissant  
Mini Deli Salad

Cheeseburger S'wich  
Celery Sticks

15

16

17

18

19

Cheddar Chex Mix, Bold Bites & Cheese Cubes  
Cherry Tomatoes

Fresh Fruit & Yogurt Parfait  
Cucumber Slices

Chicken Tamales  
Salsa Cup

Personal Pizza  
Marinara Dipping Sauce

Turkey Ham Cubes, Hummus & Sunchips  
Celery Sticks

22

23

24

25

26

Turkey Hot Dog  
Ranch Style Beans

Pizzaboli  
Marinara Dipping Sauce

Chicken Eggrolls  
Cucumber Slices

Bean & Two Cheese Dip w/ Tostitos  
Salsa Cup

Chicken Empanada  
Mini Shredded Romaine Tomato Salad

29

30

Pretzel Bites, Turkey Cubes, & Cheese Dip  
Baby Carrots

Mozzarella Sticks  
Marinara Dipping Sauce

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Offered Daily at  
Supper

- Colorful Vegetables
- Assorted Fresh Fruit
- FF Milk & 1% Milk
- Whole Grains

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