

APRIL

K-12 BREAKFAST AND LUNCH MENU Tampa Bay



Offered Daily

At Breakfast

- Assorted Fresh Fruit
- FF Milk / 1% Milk
- Fresh Fruit Juice
- Whole Grains
- Assorted Cereal & Cracker Pack

At Lunch

- Colorful Vegetables
- Assorted Fresh Fruit
- FF Milk & 1% Milk

Notice About Menu Changes:
Although we strive to serve the scheduled menu, the menu may change without prior notice based on product availability

Non – Discrimination Statement
In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation in the administration of the snap program), disability, age, or reprisal or retaliation for prior civil rights activity

MONDAY

1
BREAKFAST
Cinni Minis
LUNCH
Fish Dippers or Popcorn Chicken Bites
Wheat Roll
Crinkle Cut Fries
Fresh Garden Salad

TUESDAY

2
BREAKFAST
Bacon, Egg & Cheese Pancake Sandwich
LUNCH
Salisbury Steak w/ Mushroom Gravy
Wheat Roll
Country Style Green Beans

WEDNESDAY

3
BREAKFAST
Creamy Grits
LUNCH
Shrimp Po Boy
Cajun Corn on the Cob
Deluxe Deli Salad

THURSDAY

4
BREAKFAST
Sausage & Cheese English Muffin
LUNCH
Sloppy Joe
Baked Chips
Carrot Craisin Salad
Gamer Garbanzos

FRIDAY

5
BREAKFAST
Plain Bagel
LUNCH
Cheese Pizza or Pepperoni Pizza
Breaded Zucchini Chunks

8
BREAKFAST
Breakfast Bagel Pizza
LUNCH
Crispy Chicken Sandwich or Crispy Fish Sandwich or Spicy Crispy Chicken Sandwich
Crinkle Cut Fries
Deluxe Deli Salad

9
BREAKFAST
Bacon, Egg & Bean Breakfast Burrito
LUNCH
Glazed Chicken
Brown Rice
Maduros

10
BREAKFAST
Peaches & Cream Overnight Oats
LUNCH
Meatball Sub
Homemade Marinara Sauce
Veggie Ranch Cup

11
BREAKFAST
Pancake On a Stick
LUNCH
Island Blossom Chicken Bowl
Umami Broccoli

12
BREAKFAST
Turkey Ham and Cheddar Breakfast Croissant
LUNCH
Beef Nachos
Diced Tomato Cup
Refried Beans

15
BREAKFAST
Snack'n Waffles
LUNCH
Crispy Baked Chicken
Wheat Roll
Rustic Mashed Potatoes w/Gravy

16
BREAKFAST
Bean and Cheese Burrito
LUNCH
Chicken Enchiladas
Charro Beans

17
BREAKFAST
Warm Biscuit
LUNCH
Shredded BBQ Pork Sandwich
Tangy Vinegar Slaw

18
BREAKFAST
Ham & Cheese Omelet Pocket
LUNCH
Creamy Chicken Alfredo w/Garlic Breadstick
Seasoned Carrots

19
BREAKFAST
Chicken and Waffle Sandwich
LUNCH
Beefsteak Burger or Beefsteak Cheeseburger
Curly Fries
Deluxe Deli Salad

22
BREAKFAST
Cinni Minis
LUNCH
Fish Dippers or Popcorn Chicken Bites
Wheat Roll
Crinkle Cut Fries
Fresh Garden Salad

23
BREAKFAST
Bacon, Egg & Cheese Pancake Sandwich
LUNCH
Salisbury Steak w/ Mushroom Gravy
Wheat Roll
Country Style Green Beans

24
BREAKFAST
Creamy Grits
LUNCH
Shrimp Po Boy
Cajun Corn on the Cob
Deluxe Deli Salad

25
BREAKFAST
Sausage & Cheese English Muffin
LUNCH
Sloppy Joe
Baked Chips
Carrot Craisin Salad
Gamer Garbanzos

26
BREAKFAST
Plain Bagel
LUNCH
Cheese Pizza or Pepperoni Pizza
Breaded Zucchini Chunks

29
BREAKFAST
Breakfast Bagel Pizza
LUNCH
Crispy Chicken Sandwich or Crispy Fish Sandwich or Spicy Crispy Chicken Sandwich
Crinkle Cut Fries
Deluxe Deli Salad

30
BREAKFAST
Bacon, Egg & Bean Breakfast Burrito
LUNCH
Glazed Chicken
Brown Rice
Maduros

Did you know?
Breakfast and Lunch is FREE for ALL IDEA Students

APRIL

SUPER MENU Tampa Bay

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1 WG Turkey Hot Dog Ranch Style Beans	2 WG Pizzaboli w/ Marinara Cup	3 WG Chicken Fried Rice Cucumber Slices	4 Cheesy Bean Dip w/ WG Tostitos Salsa Cup	5 WG Beef, Bean & Cheese Fiesta Burrito Mini Shredded Romaine Tomato Salad
8 WG Pretzel, Turkey Stick, & Cheese Dip Fresh Baby Carrots	9 Twisted WG Cheesy Breadstick w/Marinara Cup	10 WG Chicken Dippers Cucumber Slices	11 WG Classic Chicken Salad Sandwich Mini Deli Salad	12 WG Cheeseburger S'wich Celery Sticks
15 WG Cheddar Chex Mix, Turkey Stick & Cheese Cubes Cherry Tomatoes	16 Fresh Fruit & Yogurt Parfait w/ WG Granola Cucumber Slices	17 WG Beef, Bean & Cheese Fiesta Burrito	18 WG Personal Turkey Pepperoni Pizza Marinara Cup	19 Hummus, Turkey Stick & Sunchips Celery Sticks
22 WG Turkey Hot Dog Ranch Style Beans	23 WG Pizzaboli w/ Marinara Cup	24 WG Chicken Fried Rice Cucumber Slices	25 Cheesy Bean Dip w/ WG Tostitos Salsa Cup	26 WG Beef, Bean & Cheese Fiesta Burrito Mini Shredded Romaine Tomato Salad
29 WG Pretzel, Turkey Stick, & Cheese Dip Fresh Baby Carrots	30 Twisted WG Cheesy Breadstick w/Marinara Cup	<p>Did you know? Breakfast and Lunch is FREE for ALL IDEA Students</p>		



Offered Daily at Supper

- Colorful Vegetables
- Assorted Fresh Fruit
- FF Milk & 1% Milk
- Whole Grains

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