

APRIL

K-12 BREAKFAST AND LUNCH MENU San Antonio



Offered Daily

At Breakfast

- Assorted Fresh Fruit
- FF Milk / 1% Milk
- Whole Grains
- Assorted Cereal & Cracker Pack

At Lunch

- Colorful Vegetables
- Assorted Fresh Fruit
- FF Milk & 1% Milk

Notice About Menu Changes:

Although we strive to serve the scheduled menu, the menu may change without prior notice based on product availability

This institution is an equal opportunity provider.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

NO SCHOOL

1

2
BREAKFAST
Cinni Minis
LUNCH
Fish Dippers or Popcorn Chicken Bites
Warm Dinner Roll
Crinkle Cut Fries
Fresh Garden Salad

3
BREAKFAST
Big Breakfast Kolache
LUNCH
Chicken Fajita Bowl
Warm Flour Tortilla
Mini Shredded Romaine Tomato Salad
Street Corn

4
BREAKFAST
Sausage & Cheese English Muffin
LUNCH
Sloppy Joe
Baked Chips
Carrot Craisin Salad
Gamer Garbanzos

5
BREAKFAST
Plain Bagel
LUNCH
Cheese Pizza or Pepperoni Pizza
Breaded Zucchini Chunks
Tiny Tomato Salad

8
BREAKFAST
Bagel Breakfast Pizza
LUNCH
Crispy Chicken Sandwich or Crispy Fish Sandwich or Spicy Crispy Chicken Sandwich
Crinkle Cut Fries
Deluxe Deli Salad

9
BREAKFAST
Chorizo, Potato & Bean Burrito
LUNCH
Mesquite Chicken Drumstick
Corn Tortillas
Lentils Charros
Red Skin Potato Salad

10
BREAKFAST
Peaches & Cream Overnight Oats
LUNCH
Meatball Sub
Homemade Marinara Sauce
Veggie Ranch Cup

11
BREAKFAST
Pancake On a Stick
LUNCH
Island Blossom Chicken Bowl
Sesame Cucumber
Umami Broccoli

12
BREAKFAST
Turkey Ham and Cheddar Breakfast Croissant
LUNCH
Beef Nachos or Plant Protein Nachos
Mini Shredded Romaine Tomato Salad
Refried Beans

15
BREAKFAST
Snack'n Waffles
LUNCH
Crispy Baked Chicken
Warm Dinner Roll
Homestyle Mustard Greens
Rustic Mashed Potatoes w/Gravy

16
BREAKFAST
Cheesy Ham & Egg Bars w/Waffle Flatbread
LUNCH
Enchilada Foldovers
Charro Beans
Spiced Sweet Potato

17
BREAKFAST
Sausage Biscuit
Warm Biscuits
LUNCH
Shredded Pork Torta
Guacamole
Mini Shredded Romaine Tomato Salad

18
BREAKFAST
Ham & Cheese Omelet Pocket
LUNCH
Creamy Chicken Alfredo w/Garlic Breadstick
Pesto Cauliflower
Seasoned Carrots

19
BREAKFAST
Chicken and Waffle Sandwich
LUNCH
Beefsteak Cheeseburger or Beefsteak Hamburger
Curly Fries
Deluxe Deli Salad

22
BREAKFAST
Cinni Minis
LUNCH
Fish Dippers or Popcorn Chicken Bites
Warm Dinner Roll
Crinkle Cut Fries
Fresh Garden Salad

23
BREAKFAST
Bacon, Egg & Cheese Pancake Sandwich
LUNCH
Salisbury Steak w/Mushroom Gravy
Warm Dinner Roll
Country Style Green Beans
Creamy Cauliflower Mash

24
BREAKFAST
Big Breakfast Kolache
LUNCH
Chicken Fajita Bowl
Warm Flour Tortilla
Mini Shredded Romaine Tomato Salad
Street Corn

25
BREAKFAST
Sausage & Cheese English Muffin
LUNCH
Sloppy Joe
Baked Chips
Carrot Craisin Salad
Gamer Garbanzos

26
NO SCHOOL

29
BREAKFAST
Bagel Breakfast Pizza
LUNCH
Crispy Chicken Sandwich or Crispy Fish Sandwich or Spicy Crispy Chicken Sandwich
Crinkle Cut Fries
Deluxe Deli Salad

30
BREAKFAST
Chorizo, Potato & Bean Burrito
LUNCH
Mesquite Chicken Drumstick
Corn Tortillas
Lentils Charros
Red Skin Potato Salad

Did you know?
Breakfast and Lunch is FREE for ALL IDEA Students

APRIL

SUPER MENU San Antonio

MONDAY

**NO
SCHOOL**

TUESDAY

Turkey Hot Dog
Ranch Style Beans

WEDNESDAY

Chicken Eggrolls
Cucumber Slices

THURSDAY

Bean & Two Cheese Dip w/
Tostitos Salsa Cup

FRIDAY

Chicken Empanada
Mini Shredded Romaine Tomato Salad

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30

Pretzel Bites, Turkey Cubes, & Cheese Dip
Baby Carrots

Mozzarella Sticks
Marinara Dipping Sauce

Chicken Dippers
Cucumber Slices

Classic Chicken Salad Croissant
Mini Deli Salad

Cheeseburger S'wich
Celery Sticks

Cheddar Chex Mix, Bold Bites & Cheese Cubes
Cherry Tomatoes

Fresh Fruit & Yogurt Parfait
Cucumber Slices

Chicken Tamales
Salsa Cup

Personal Pizza
Marinara Dipping Sauce

Turkey Ham Cubes, Hummus & Sunchips
Celery Sticks

Turkey Hot Dog
Ranch Style Beans

Pizzaboli
Marinara Dipping Sauce

Chicken Eggrolls
Cucumber Slices

Bean & Two Cheese Dip w/
Tostitos Salsa Cup

**NO
SCHOOL**

Pretzel Bites, Turkey Cubes, & Cheese Dip
Baby Carrots

Mozzarella Sticks
Marinara Dipping Sauce

Did you know?
Breakfast and Lunch is FREE for ALL IDEA Students



Offered Daily at
Supper

- Colorful Vegetables
- Assorted Fresh Fruit
- FF Milk & 1% Milk
- Whole Grains

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