V	*			PR		***		V	*	
3		K-12 BREAKFAST AND LUNCH MENU							8	
	MONDAY	TUESDAY		WEDNESDAY		THURSDAY	0	FRID	AY	
L		2 BREAKFAST	3	BREAKFAST	4	BREAKFAST	5	В	REAKFAST	
	NO	Cinni Minis		Pumpkin Bread		Turkey Ham, Egg and Cheddar BOB		Pano	cake on a Stick	
S	CHOOL	Classic Cheeseburger or Hamburger Parmesan Carrot Fries		Chicken Pot Pie with Biscuit Fresh Broccoli w/ Ranch		Cincinnati Chili Cucumber Slices	Ch		lin <mark>gs wit</mark> h Ora ed Pepper Eda	
3	BREAKFAST	9 BREAKFAST	10	BREAKFAST	11		12	В	REAKFAST	
	BreakfastPizza	Bacon, Egg & Cheese Pancake Sandwich		Plain Bagel		Pumpkin Parfait		Breakfas	t Stuffed Sanc	
	LUNCH	LUNCH		LUNCH		LUNCH			LUNCH	
	Crispy Chicken Sandwich Sweet Potato Waffle Fries	Hot Dog Curly Fries		Crispy Chicken Caesar Salad		Beefy Nachos Refried Beans	Ro	Roasted	za or Peppero Ranch Caulifl Cauliflower v Sauce	
.5	BREAKFAST	16 BREAKFAST	17	BREAKFAST	18	BREAKFAST	19	В	REAKFAST	
	Snack'n Waffles	Canadian Ham Breakfast Sandwich		WG Blueberry Muffin & Yogurt		Bean and Cheese Burrito		Chicken	Biscuit Sandy	
	LUNCH	LUNCH		LUNCH		LUNCH			LUNCH	
3	Crispy Chicke <mark>n Drum</mark> sticks Warm Dinner Roll Mashed Potatoes	Crispy Fish Sandwich Baked Beans		Meatball Sub Fresh Broccoli w/ Ranch		Corn Dog Sweet Potato Waffle Fries		War	cken Dippers m Dinner Rol Style Green B	
2	BREAKFAST	23 BREAKFAST	24	BREAKFAST	25	BREAKFAST	26	В	REAKFAST	
	Cinni Minis	WarmBiscuit		Pumpkin Bread		Turkey Ham, Egg and Cheddar BOB		Pano	cake on a Sticl	
	LUNCH	LUNCH		LUNCH		LUNCH			LUNCH	
Class	sic Cheeseburger or Hamburger Parmesan Carrot Fries	Creamy Chicken Alfredo w/Garlic Breadstick Seasoned Green Peas		Chicken Pot Pie with Biscuit Fresh Broccoli w/ Ranch		Cincinnati Chili Cucumber Slices	Ch		lings with Ora ed Pepper Eda	
9	BREAKFAST	30 BREAKFAST								
	BreakfastPizza	Bacon, Egg & Cheese Pancake Sandwich				Did you know?				
	LUNCH	LUNCH		Breakfast and Lunch is FREE for ALL IDEA Students						
	Crispy Chicken Sandwich Sweet Potato Waffle Fries	Hot Dog Curly Fries								

1

8

15

22

29



a Stick

ith Orange Sauce per Edamame

l Sandwich

pperoni Pizza Cauliflower ower with Buffalo

Sandwich

ppers er Roll een Beans

<mark>a S</mark>tick

th Orange Sauce er Edamame

#### DEA **Public Schools**



## Offered Daily

# At Breakfast

- Assorted Fresh Fruit Ő
- Ó FF Milk / 1% Milk
- Whole Grains 6
- Assorted Cereal & Cracker 6 Pack

### At Lunch

- Colorful Vegetables 0
- Ó Assorted Fresh Fruit
- FF Milk & 1% Milk 0

#### **Notice About Menu** Changes:

Although we strive to serve the scheduled menu, the menu may change without prior notice based on product availability

This institution is an equal opportunity provider.