

MONDAY

SCHOOL

BREAKFAST

Bagel Breakfast Pizza

LUNCH

Crispy Chicken Sandwich or Crispy Fish Sandwich or Spicy Crispy Chicken Sandwich Deluxe Deli Salad Tin Roof Fries

15 **BREAKFAST**

Snack'n Waffles

LUNCH

Crispy Baked Chicken Wheat Roll Homestyle Mustard Greens Rustic Mashed Potatoes w/Gravy

22 **BREAKFAST**

Cinni Mini

LUNCH

Fish Dippers or Popcorn Chicken Bites LA Wheat Roll Fresh Garden Salad Tin Roof Fries

BREAKEAST 29

Bagel Breakfast Pizza

LUNCH

Crispy Chicken Sandwich or Crispy Fish Sandwich or Spicy Crispy Chicken Sandwich Deluxe Deli Salad Tin Roof Fries



Baton Rouge

WEDNESDAY

TUESDAY

SCHOOL

BREAKFAST

Bacon, Egg & Bean Breakfast Burrito

LUNCH

Chicken & Sausage Gumbo

Brown Rice

Red Skin Potato Salad

BREAKFAST

Bean and Cheese Burrito

LUNCH

Chicken Enchiladas

Spiced Sweet Potato

Charro Beans

BREAKFAST

Bacon, Egg & Cheese Pancake Sandwich

LUNCH

Salisbury Steak w/ Mushroom Gravy

Wheat Roll

Country Style Green Beans

BREAKEAST

Bacon, Egg & Bean Breakfast Burrito

LUNCH

Chicken & Sausage Gumbo

Brown Rice

Red Skin Potato Salad

9

16

30

SCHOOL

10 **BREAKFAST**

Peaches & Cream Overnight Oats

LUNCH

Meatball Sub Homemade Marinara Sauce Veggie Ranch Cup

17 **BREAKFAST**

Sausage Biscuit

LUNCH

Shredded BBQ Pork Sandwich Roasted Root Vegetables Tangy Vinegar Slaw

BREAKFAST

Creamy Grits

LUNCH

Shrimp Po Boy Cajun spiced Pinto Beans Cajun Corn on the Cob Deluxe Deli Salad

THURSDAY

SCHOOL

11 **BREAKFAST**

Pancake & Sausage on a stick

LUNCH

Sticky Pineapple Chicken **Brown Rice** Sesame Cucumber Umami Broccoli

BREAKFAST 18

Ham & Cheese Omelet Foldover

LUNCH

Creamy Chicken Alfredo w/Garlic Breadstick Garlic Cheese Breadstick Pesto Cauliflower Seasoned Carrots

25 **BREAKFAST**

Sausage & Cheese English Muffin

LUNCH

Sloppy Joe Baked Chips Carrot Craisin Salad Garbanzo Salad

LUNCH

Beef Nachos or Plant Protein Nachos Mini Shredded Romaine Tomato Salad Refried Beans

19 **BREAKFAST**

LUNCH

Beefsteak Burger or Beefsteak Cheeseburger **Curly Fries** Deluxe Deli Salad

26

Warm Biscuits

LUNCH

Breaded Zucchini Chunks Tiny Tomato Salad

SCHOOL

BREAKFAST 12

FRIDAY

Turkey Ham & Cheese Croissant

Chicken and Waffle Sandwich

BREAKFAST

Cheese Pizza or Pepperoni Pizza





At Breakfast

- Assorted Fresh Fruit
- FF Milk / 1% Milk
- Whole Grains
- Assorted Cereal & Cracker Pack

At Lunch

- Colorful Vegetables
- Assorted Fresh Fruit
- FF Milk & 1% Milk

Notice About Menu Changes:

Although we strive to serve the scheduled menu, the menu may change without prior notice based on product availability

This institution is an equal opportunity provider.

Did you know? Breakfast and Lunch is FREE for ALL IDEA Students







Offered Daily at Supper

- Colorful Vegetables
- Assorted Fresh Fruit
- FF Milk & 1% Milk
- Whole Grains

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