

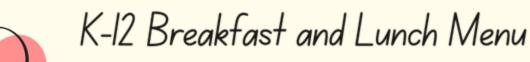


# February









Houston





Plain Bagel

**BREAKFAST** 

LUNCH

Cheese Pizza or Pepperoni Pizza Breaded Zucchini Chunks Tiny Tomato Salad



16 **BREAKFAST** 

Chicken and Waffle Sandwich

LUNCH

Beefsteak Cheeseburger or Beefsteak Hamburger **Curly Fries** Deluxe Deli Salad

**BREAKFAST** 

23

Plain Bagel

LUNCH

Cheese Pizza or Pepperoni Pizza Breaded Zucchini Chunks Tiny Tomato Salad

**TUESDAY** 

### **WEDNESDAY**

**BREAKFAST** 

Peaches & Cream Overnight Oats

**LUNCH** 

Meatball Sub

Homemade Marinara Sauce

Veggie Ranch Cup

BREAKFAST Sausage & Cheese English Muffin

**THURSDAY** 

LUNCH

Sloppy Joe Baked Chips Carrot Craisin Salad Gamer Garbanzos

**BREAKFAST** 

Pancake On a Stick

LUNCH

Island Blossom Chicken Bowl Sesame Cucumber Umami Broccoli

**BREAKFAST** 15

Ham & Cheese Omelet Pocket

LUNCH

Creamy Chicken Alfredo w/Garlic Breadstick Pesto Cauliflower Seasoned Carrots

22 **BREAKFAST** 

Sausage & Cheese English Muffin

LUNCH

Sloppy Joe Baked Chips Carrot Craisin Salad Gamer Garbanzos

29 **BREAKFAST** 

Pancake On a Stick

LUNCH

Sesame Cucumber Umami Broccoli

## **BREAKFAST**

Bagel Breakfast Pizza

MONDAY

LUNCH

Crispy Chicken Sandwich or Crispy Fish Sandwich or Spicy Crispy Chicken Sandwich Crinkle Cut Fries Deluxe Deli Salad

**BREAKFAST** 12

Snack'n Waffles

LUNCH

Crispy Baked Chicken Warm Dinner Roll Homestyle Mustard Greens Rustic Mashed Potatoes w/Gravy

19



**BREAKFAST** 26

Bagel Breakfast Pizza

LUNCH

Crispy Chicken Sandwich or Crispy Fish Sandwich or Spicy Crispy Chicken Sandwich Crinkle Cut Fries Deluxe Deli Salad

**BREAKFAST** 

Chorizo, Potato & Bean Burrito

LUNCH

Mesquite Chicken Drumstick Corn Tortillas Lentils Charros Red Skin Potato Salad

13 **BREAKFAST** 

Cheesy Ham & Egg Bars w/Waffle Flatbread

LUNCH

Mesquite Chicken Corn Tortillas Charro Beans Spiced Sweet Potato

20

Cinni-Minis

**LUNCH** 

Fish Dippers or Popcorn Chicken Warm Dinner Roll Crinkle Cut Fries Fresh Garden Salad

**BREAKFAST** 

Chorizo, Potato & Bean Burrito

LUNCH

Mesquite Chicken Drumstick Corn Tortillas Lentils Charros Red Skin Potato Salad

14

**BREAKFAST** 

Sausage Biscuit or Warm Biscuits

LUNCH

Shredded BBQ Pork Sandwich Roasted Root Vegetables Tangy Vinegar Slaw

21

**BREAKFAST** 

Big Breakfast Kolache

LUNCH

Chicken Fajita Bowl Warm Flour Tortilla Mini Shredded Romaine Tomato Salad

28

**BREAKFAST** 

Peaches & Cream Overnight Oats

LUNCH

Meatball Sub Homemade Marinara Sauce Veggie Ranch Cup

Island Blossom Chicken Bowl





## At Breakfast

- Assorted Fresh Fruit
- FF Milk / 1% Milk
- Whole Grains
- Assorted Cereal & Cracker Pack

## At Lunch

- Colorful Vegetables
- Assorted Fresh Fruit
- FF Milk & 1% Milk

### **Notice About Menu Changes:**

Although we strive to serve the scheduled menu, the menu may change without prior notice based on product

This institution is an equal opportunity provider.







## Offered Daily at Supper

- ColorfulVegetables
- Assorted Fresh Fruit
- FF Milk & 1% Milk
- Whole Grains

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