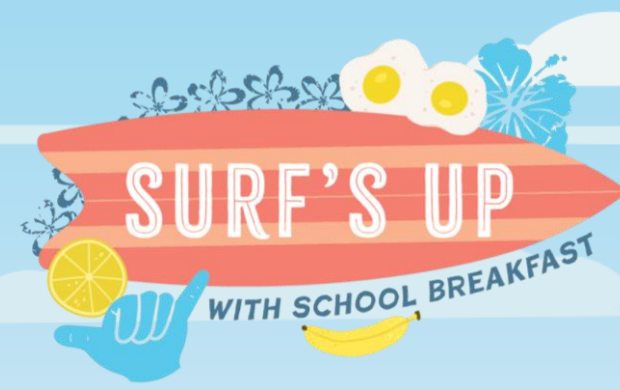


MARCH

K-12 Breakfast and Lunch Menu



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Did you know?
Breakfast and Lunch
is FREE for ALL IDEA
Students

CELEBRATE NATIONAL SCHOOL BREAKFAST WEEK MARCH 4-8

1 **BREAKFAST**
Turkey Ham and Cheddar Breakfast Croissant

LUNCH
Beef Nachos
Diced Tomato Cup
Refried Beans

4

Snack'N Waffles

LUNCH

Crispy Baked Chicken
Wheat Roll
Rustic Mashed Potatoes w/Gravy
Homestyle Greens

5

Surf's Up Smoothie Bowl

LUNCH

Chicken Enchiladas
Charro Beans

6

Arroz con Leche

LUNCH

Eggs & Greens & Ham
French Toast Sticks
Warm Cinnamon Oatmeal
Potato Smiles
Roasted Cherry Tomatoes

7 **BREAKFAST**
Pig in a Blanket

LUNCH

Creamy Chicken Alfredo w/Garlic Breadstick
Seasoned Carrots

8

NO SCHOOL

11

NO SCHOOL

12

NO SCHOOL

13

NO SCHOOL

14

NO SCHOOL

15

NO SCHOOL

18

Bagel Breakfast Pizza

LUNCH

Spicy Chicken, Crispy Chicken or Crispy Fish
Sandwich
Crinkle Cut Fries
Deluxe Deli Salad

19

Bacon, Egg & Bean Breakfast Burrito

LUNCH

Glazed Chicken
Brown Rice
Maduros

20 **BREAKFAST**
Peaches & Cream Overnight Oats

LUNCH

Meatball Sub
Homemade Marinara Sauce
Veggie Ranch Cup

21 **BREAKFAST**
Pancake On a Stick

LUNCH

Island Blossom Chicken Bowl
Umami Broccoli

22 **BREAKFAST**
Turkey Ham and Cheddar Breakfast
Croissant

LUNCH

Beef Nachos
Diced Tomato Cup
Refried Beans

25

Snack'N Waffles

LUNCH

Crispy Baked Chicken
Wheat Roll
Rustic Mashed Potatoes w/Gravy
Homestyle Greens

26

Bean & Cheese Burrito

LUNCH

Chicken Enchiladas
Charro Beans

27

Warm Biscuit or Sausage Biscuit

LUNCH

Shredded BBQ Pork Sandwich
Tangy Vinegar Slaw

28 **BREAKFAST**
Ham & Cheese Omelet Pocket

LUNCH

Creamy Chicken Alfredo w/Garlic Breadstick
Seasoned Carrots

29

NO SCHOOL



At Breakfast

- Assorted Fresh Fruit
- FF Milk / 1% Milk
- Fresh Fruit Juice
- Whole Grains
- Assorted Cereal & Cracker Pack



At Lunch

- Colorful Vegetables
- Assorted Fresh Fruit
- FF Milk & 1% Milk



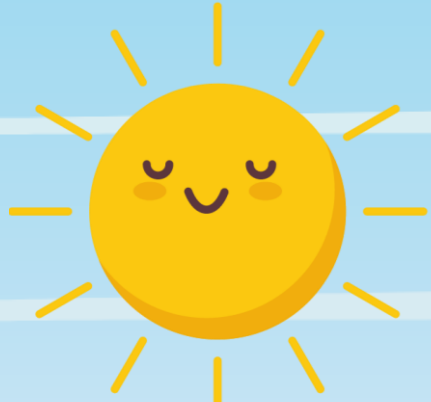
Notice About Menu Changes:

Although we strive to serve the scheduled menu, the menu may change without prior notice based on product availability



Non – Discrimination Statement

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation in the administration of the snap program), disability, age, or reprisal or retaliation for prior civil rights activity



MARCH

Supper Menu

Tampa Bay



Offered Daily at Supper

- Colorful Vegetables
- Assorted Fresh Fruit
- FF Milk & 1% Milk
- Whole Grains

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MONDAY

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CELEBRATE
NATIONAL SCHOOL BREAKFAST WEEK
MARCH 4-8

1
WG Cheeseburger S'wich
Celery Sticks

4
WG Cheddar Chex Mix, Turkey Stick &
Cheese Cubes
Cherry Tomatoes

5
Fresh Fruit & Yogurt Parfaitw/WG
Granola
Cucumber Slices

6
WG Beef, Bean & Cheese Fiesta
Burrito
Salsa Cup

7
WG Personal Turkey Pepperoni Pizza
Marinara Cup

8
NO
SCHOOL

11
NO
SCHOOL

12
NO
SCHOOL

13
NO
SCHOOL

14
NO
SCHOOL

15
NO
SCHOOL

18
WG Pretzel, Turkey Stick, & Cheese
Dip
Fresh Baby Carrots

19
Twisted WG Cheesy Breadstick
w/Marinara Cup

20
Chicken Dippers
Cucumber Slices

21
Classic Chicken Salad Sandwich
Mini Deli Salad

22
Cheeseburger S'wich
Celery Sticks

25
Cheddar Chex Mix, Turkey Stick &
Cheese Cubes
Cherry Tomatoes

26
Fresh Fruit & Yogurt Parfait
Cucumber Slices

27
WG Beef, Bean & Cheese Fiesta
Burrito
Salsa Cup

28
WG Personal Turkey Pepperoni Pizza
Marinara Cup

29
NO
SCHOOL