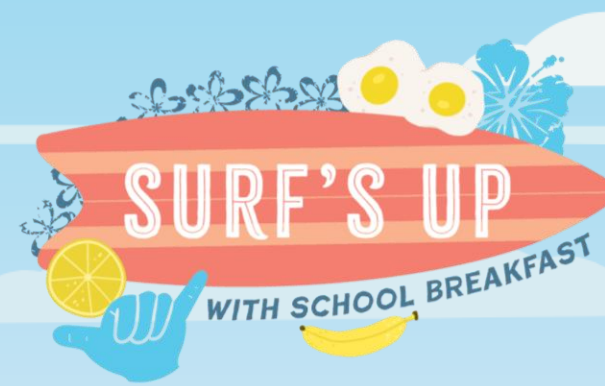


MARCH

K-12 Breakfast and Lunch Menu



Tarrant County

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Did you know?
Breakfast and Lunch
is FREE for ALL IDEA
Students

CELEBRATE
NATIONAL SCHOOL BREAKFAST WEEK
MARCH 4-8

1 BREAKFAST
Turkey Ham and Cheddar Breakfast Croissant

LUNCH
Beef Nachos or Plant Protein Nachos
Mini Shredded Romaine Tomato Salad
Refried Beans



Offered Daily

At Breakfast

- Assorted Fresh Fruit
- FF Milk / 1% Milk
- Whole Grains
- Assorted Cereal & Cracker Pack

At Lunch

- Colorful Vegetables
- Assorted Fresh Fruit
- FF Milk & 1% Milk

Notice About Menu
Changes:

Although we strive to serve the
scheduled menu, the menu
may change without prior
notice based on product

This institution is an equal
opportunity provider.

4 BREAKFAST
Snack'n Waffles

LUNCH
Crispy Baked Chicken
Warm Dinner Roll
Homestyle Mustard Greens
Rustic Mashed Potatoes w/Gravy

5 BREAKFAST
Surf's Up Smoothie Bowl

LUNCH
Chicken Enchilada Foldovers
Charro Beans
Spiced Sweet Potato

6 BREAKFAST
Arroz con Leche
(Sweet Rice Pudding)

LUNCH
Eggs & Greens & Ham
French Toast Sticks
Warm Cinnamon Oatmeal
Potato Smiles
Roasted Cherry Tomatoes

7 BREAKFAST
Pig in a Blanket

LUNCH
Creamy Chicken Alfredo w/Garlic Breadstick
Pesto Cauliflower
Seasoned Carrots

8

**NO
SCHOOL**

11

**NO
SCHOOL**

12

**NO
SCHOOL**

13

**NO
SCHOOL**

14

**NO
SCHOOL**

15

**NO
SCHOOL**

18 BREAKFAST
Bagel Breakfast Pizza

LUNCH
Crispy Chicken Sandwich or Crispy Fish
Sandwich or Spicy Crispy Chicken Sandwich
Crinkle Cut Fries
Deluxe Deli Salad

19 BREAKFAST
Chorizo, Potato & Bean Burrito

LUNCH
Mesquite Chicken Drumstick
Corn Tortillas
Lentils Charros
Red Skin Potato Salad

20 BREAKFAST
Peaches & Cream Overnight Oats

LUNCH
Meatball Sub
Homemade Marinara Sauce
Veggie Ranch Cup

21 BREAKFAST
Pancake On a Stick

LUNCH
Island Blossom Chicken Bowl
Sesame Cucumber
Umami Broccoli

22 BREAKFAST
Turkey Ham and Cheddar Breakfast
Croissant

LUNCH
Beef Nachos or Plant Protein Nachos
Mini Shredded Romaine Tomato Salad
Refried Beans

25 BREAKFAST
Snack'n Waffles

LUNCH
Crispy Baked Chicken
Warm Dinner Roll
Homestyle Mustard Greens
Rustic Mashed Potatoes w/Gravy

26 BREAKFAST
Cheesy Ham & Egg Bars w/Waffle Flatbread

LUNCH
Chicken Enchilada Foldovers
Charro Beans
Spiced Sweet Potato

27 BREAKFAST
Sausage Biscuit
Warm Biscuits

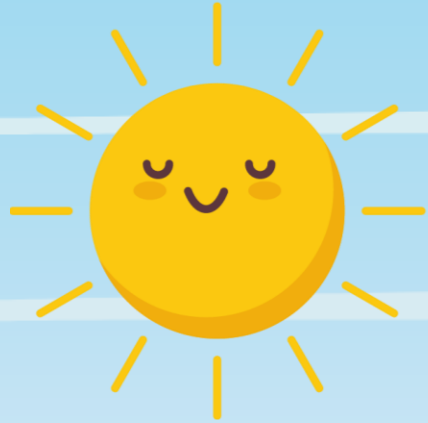
LUNCH
Shredded BBQ Pork Sandwich
Roasted Root Vegetables
Tangy Vinegar Slaw

28 BREAKFAST
Ham & Cheese Omelet Pocket

LUNCH
Creamy Chicken Alfredo w/Garlic Breadstick
Pesto Cauliflower
Seasoned Carrots

29

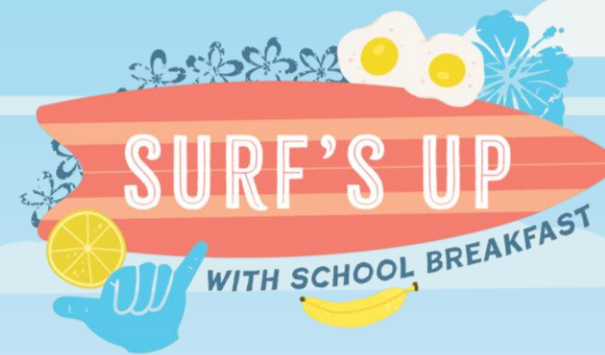
**NO
SCHOOL**



MARCH

Supper Menu

Tarrant County



Offered Daily at
Supper

- Colorful Vegetables
- Assorted Fresh Fruit
- FF Milk & 1% Milk
- Whole Grains

Notice About Menu Changes:

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MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Did you know?
Breakfast and Lunch
is FREE for ALL IDEA
Students

CELEBRATE
NATIONAL SCHOOL BREAKFAST WEEK
MARCH 4-8

1
Cheeseburger S'wich
Celery Sticks

4
Cheddar Chex Mix, Bold Bites & Cheese
Cubes
Cherry Tomatoes

5
Fresh Fruit & Yogurt Parfait
Cucumber Slices

6
Chicken Tamales
Salsa Cup

7
Personal Pizza
Marinara Dipping Sauce

8
NO
SCHOOL

11
NO
SCHOOL

12
NO
SCHOOL

13
NO
SCHOOL

14
NO
SCHOOL

15
NO
SCHOOL

18
Pretzel Bites, Turkey Cubes, &
Cheese Dip
Baby Carrots, 3oz

19
Mozzarella Sticks
Marinara Dipping Sauce

20
Chicken Dippers
Cucumber Slices

21
Classic Chicken Salad Croissant
Mini Deli Salad

22
Cheeseburger S'wich
Celery Sticks

25
Cheddar Chex Mix, Bold Bites &
Cheese Cubes
Cherry Tomatoes

26
Fresh Fruit & Yogurt Parfait
Cucumber Slices

27
Chicken Tamales
Salsa Cup

28
Personal Pizza
Marinara Dipping Sauce

29
NO
SCHOOL