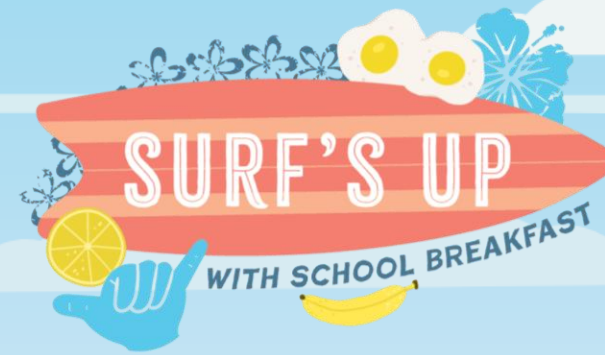


MARCH

K-12 Breakfast and Lunch Menu



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Did you know?
Breakfast and Lunch
is FREE for ALL IDEA
Students

NATIONAL SCHOOL BREAKFAST WEEK

MARCH 4-8

1 BREAKFAST
Turkey Ham and Cheddar Breakfast Croissant

LUNCH
Beef Nachos or Plant Protein Nachos
Mini Shredded Romaine Tomato Salad
Refried Beans



Offered Daily

At Breakfast

- Assorted Fresh Fruit
- FF Milk / 1% Milk
- Whole Grains
- Assorted Cereal & Cracker Pack

At Lunch

- Colorful Vegetables
- Assorted Fresh Fruit
- FF Milk & 1% Milk

Notice About Menu Changes:

Although we strive to serve the scheduled menu, the menu may change without prior notice based on product availability.

This institution is an equal opportunity provider.

4 **BREAKFAST**

Snack'n Waffles

LUNCH

Crispy Baked Chicken
Warm Dinner Roll
Homestyle Mustard Greens
Rustic Mashed Potatoes w/Gravy

11

NO SCHOOL

18 **BREAKFAST**

Bagel Breakfast Pizza

LUNCH

Crispy Chicken Sandwich or Crispy Fish Sandwich or Spicy Crispy Chicken Sandwich
Crinkle Cut Fries
Deluxe Deli Salad

25

BREAKFAST

Snack'n Waffles

LUNCH

Crispy Baked Chicken
Warm Dinner Roll
Homestyle Mustard Greens
Rustic Mashed Potatoes w/Gravy

5 **BREAKFAST**

Surf's Up Smoothie Bowl

LUNCH

Chicken Enchilada Foldovers
Charro Beans
Spiced Sweet Potato

12

NO SCHOOL

19 **BREAKFAST**

Chorizo, Potato & Bean Burrito

LUNCH

Mesquite Chicken Drumstick
Corn Tortillas
Lentils Charros
Red Skin Potato Salad

26

BREAKFAST

Cheesy Ham & Egg Bars w/Waffle Flatbread

LUNCH

Chicken Enchilada Foldovers
Charro Beans
Spiced Sweet Potato

6 **BREAKFAST**

Arroz con Leche
(Sweet Rice Pudding)

LUNCH

Eggs & Greens & Ham w/
French Toast Sticks
Warm Cinnamon Oatmeal
Potato Smiles
Roasted Cherry Tomatoes

13

NO SCHOOL

20 **BREAKFAST**

Peaches & Cream Overnight Oats

LUNCH

Meatball Sub
Homemade Marinara Sauce
Veggie Ranch Cup

27

BREAKFAST

Sausage Biscuit
Warm Biscuits

LUNCH

Shredded Pork Torta
Guacamole
Mini Shredded Romaine Tomato Salad

7 **BREAKFAST**

Pig in a Blanket

LUNCH

Creamy Chicken Alfredo w/Garlic Breadstick
Pesto Cauliflower
Seasoned Carrots

14

NO SCHOOL

21 **BREAKFAST**

Pancake On a Stick

LUNCH

Island Blossom Chicken Bowl
Sesame Cucumber
Umami Broccoli

28

BREAKFAST

Ham & Cheese Omelet Pocket

LUNCH

Creamy Chicken Alfredo w/Garlic Breadstick
Pesto Cauliflower
Seasoned Carrots

8

NO SCHOOL

15

NO SCHOOL

22 **BREAKFAST**

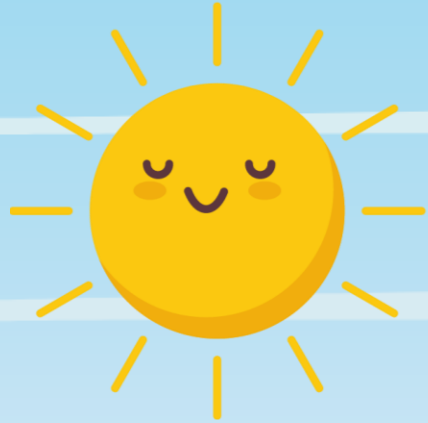
Turkey Ham and Cheddar Breakfast Croissant

LUNCH

Beef Nachos or Plant Protein Nachos
Mini Shredded Romaine Tomato Salad
Refried Beans

29

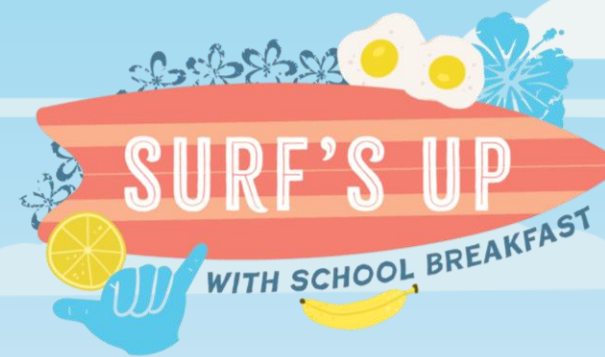
NO SCHOOL



MARCH

Supper Menu

San Antonio



Offered Daily at
Supper

- Colorful Vegetables
- Assorted Fresh Fruit
- FF Milk & 1% Milk
- Whole Grains

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MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Did you know?
Breakfast and Lunch
is FREE for ALL IDEA
Students

NATIONAL SCHOOL BREAKFAST WEEK

CELEBRATE

MARCH 4-8

1

Cheeseburger S'wich
Celery Sticks

8

NO
SCHOOL

15

NO
SCHOOL

22

Cheeseburger S'wich
Celery Sticks

29

NO
SCHOOL

4

Cheddar Chex Mix, Bold Bites & Cheese
Cubes
Cherry Tomatoes

5

Fresh Fruit & Yogurt Parfait
Cucumber Slices

6

Chicken Tamales
Salsa Cup

7

Personal Pizza
Marinara Dipping Sauce

14

NO
SCHOOL

21

Classic Chicken Salad Croissant
Mini Deli Salad

28

Personal Pizza
Marinara Dipping Sauce

11

NO
SCHOOL

18

Pretzel Bites, Turkey Cubes, &
Cheese Dip
Baby Carrots, 3oz

12

NO
SCHOOL

19

Mozzarella Sticks
Marinara Dipping Sauce

13

NO
SCHOOL

20

Chicken Dippers
Cucumber Slices

27

Chicken Tamales
Salsa Cup

25

Cheddar Chex Mix, Bold Bites &
Cheese Cubes
Cherry Tomatoes

26

Fresh Fruit & Yogurt Parfait
Cucumber Slices