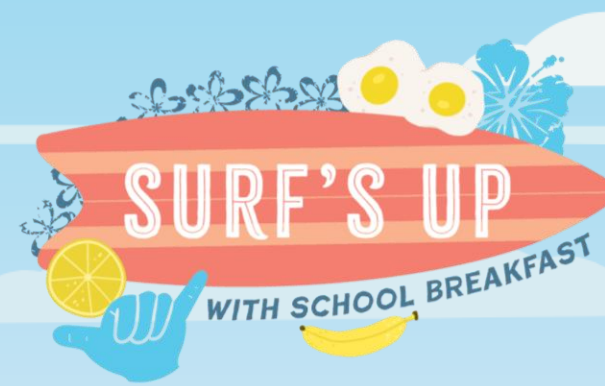


MARCH

K-12 Breakfast and Lunch Menu



Baton Rouge

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Did you know?
Breakfast and Lunch
is FREE for ALL IDEA
Students

CELEBRATE
NATIONAL SCHOOL BREAKFAST WEEK
MARCH 4-8

1 **BREAKFAST**
Turkey Ham & Cheese Croissant
LUNCH
Beef Nachos or Plant Protein Nachos
Mini Shredded Romaine Tomato Salad
Refried Beans

4 **BREAKFAST**
Snack'n Waffles
LUNCH
Crispy Baked Chicken
Wheat Roll
Homestyle Mustard Greens
Rustic Mashed Potatoes w/Gravy

5 **BREAKFAST**
Bean and Cheese Burrito
LUNCH
Chicken Enchiladas
Charro Beans
Spiced Sweet Potato

6 **BREAKFAST**
Sausage Biscuit
LUNCH
Shredded BBQ Pork Sandwich
Roasted Root Vegetables
Tangy Vinegar Slaw

7 **BREAKFAST**
Ham & Cheese Omelet Foldover
LUNCH
Creamy Chicken Alfredo w/Garlic Breadstick
Garlic Cheese Breadstick
Pesto Cauliflower
Seasoned Carrots

8
NO
SCHOOL

11 **BREAKFAST**
Cinni Mini
LUNCH
Fish Dippers or Popcorn Chicken Bites
Wheat Roll
Fresh Garden Salad
Tin Roof Fries

12 **BREAKFAST**
Bacon, Egg & Cheese Pancake Sandwich
LUNCH
Salisbury Steak w/Mushroom Gravy
Wheat Roll
Country Style Green Beans

13 **BREAKFAST**
Creamy Grits
LUNCH
Shrimp Po Boy LA
Cajun spiced Pinto Beans
Cajun Corn on the Cob LA
Deluxe Deli Salad

14 **BREAKFAST**
Sausage & Cheese English Muffin
LUNCH
Sloppy Joe
Baked Chips
Carrot Craisin Salad
Garbanzo Salad

15
NO
SCHOOL

18 **BREAKFAST**
Bagel Breakfast Pizza LA
LUNCH
Crispy Chicken Sandwich or Crispy Fish
Sandwich or Spicy Crispy Chicken Sandwich
Deluxe Deli Salad
Tin Roof Fries

19 **BREAKFAST**
Bacon, Egg & Bean Breakfast Burrito
LUNCH
Chicken & Sausage Gumbo
Brown Rice
Red Skin Potato Salad

20 **BREAKFAST**
Peaches & Cream Overnight Oats LA
LUNCH
Meatball Sub
Homemade Marinara Sauce
Veggie Ranch Cup

21 **BREAKFAST**
Pancake & Sausage on a stick
LUNCH
Sticky Pineapple Chicken
Brown Rice
Sesame Cucumber
Umami Broccoli

22 **BREAKFAST**
Turkey Ham & Cheese Croissant
LUNCH
Beef Nachos or Plant Protein Nachos
Mini Shredded Romaine Tomato Salad
Refried Beans

25 **BREAKFAST**
Snack'n Waffles
LUNCH
Crispy Baked Chicken
Wheat Roll
Homestyle Mustard Greens
Rustic Mashed Potatoes w/Gravy

26 **BREAKFAST**
Bean and Cheese Burrito
LUNCH
Chicken Enchiladas
Charro Beans
Spiced Sweet Potato

27 **BREAKFAST**
Sausage Biscuit
LUNCH
Shredded BBQ Pork Sandwich
Roasted Root Vegetables
Tangy Vinegar Slaw

28 **BREAKFAST**
Ham & Cheese Omelet Foldover
LUNCH
Creamy Chicken Alfredo w/Garlic Breadstick
Garlic Cheese Breadstick
Pesto Cauliflower
Seasoned Carrots

29
NO
SCHOOL



Offered Daily

At Breakfast

- Assorted Fresh Fruit
- FF Milk / 1% Milk
- Whole Grains
- Assorted Cereal & Cracker Pack

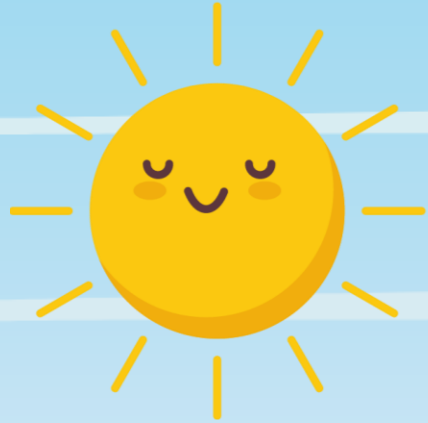
At Lunch

- Colorful Vegetables
- Assorted Fresh Fruit
- FF Milk & 1% Milk

Notice About Menu
Changes:

Although we strive to serve the
scheduled menu, the menu
may change without prior
notice based on product

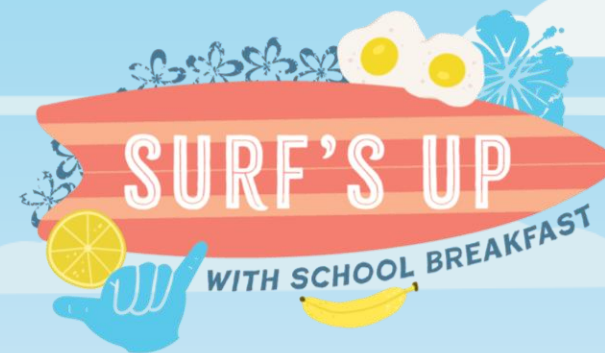
This institution is an equal
opportunity provider.



MARCH

Supper Menu

Baton Rouge



Offered Daily at
Supper

- Colorful Vegetables
- Assorted Fresh Fruit
- FF Milk & 1% Milk
- Whole Grains

Notice About Menu Changes:

Although we strive to serve the scheduled menu, the menu may change without prior notice based on product availability

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MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Did you know?
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Students

NATIONAL SCHOOL BREAKFAST WEEK

CELEBRATE

MARCH 4-8

1

Cheeseburger S'wich
Celery Sticks

4
Cheddar Chex Mix, Turkey Coins &
Cheese Cubes
Cherry Tomatoes

5

Fresh Fruit & Yogurt Parfait
Cucumber Slices

6

Beef, Bean & Cheese Chimichanga
Salsa Cup

7

Personal Pizza
Red Gold Marinara Cup

8

NO
SCHOOL

11
Turkey Hot Dog
Ranch Style Beans

12

Pizzaboli
Red Gold Marinara Cup

13

Chicken Fried Rice
Cucumber Slices

14

Cheesy Bean Dip w/ Tostitos
Salsa Cup

15

NO
SCHOOL

18
Pretzel Sticks, Turkey Coins, &
Cheese Dip
Fresh Baby Carrots

19

Twisted WG Cheesy Breadstick
w/Marinara Cup

20

Chicken Dippers
Cucumber Slices

21

Classic Chicken Salad Sandwich
Mini Deli Salad

22

Cheeseburger S'wich
Celery Sticks

25
Cheddar Chex Mix, Turkey Coins &
Cheese Cubes
Cherry Tomatoes

26

Fresh Fruit & Yogurt Parfait
Cucumber Slices

27

Beef, Bean & Cheese Chimichanga
Salsa Cup

28

Personal Pizza
Red Gold Marinara Cup

29

NO
SCHOOL