| | K-12 E | ARC Breakfast and Lunc | h Menu | WITH SCHOOL BREAKF |
|---|--|--|---|--|
| | | Jacksonville | | |
| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| Did you know? Breakfast and Lunch is FREE for ALL IDEA Students | NATIONAL | CELEBRATE SCHOOL BREAD MARCH 4-8 | KFAST WEEK | 1 BREAKFAST Turkey Ham and Cheddar Break LUNCH Beef Nachos Diced Tomato Cup Refried Beans |
| 4 | 5 | 6 | 7 BREAKFAST | 8 |
| Snack'N Waffles | Surf's Up Smoothie Bowl | Arroz con Leche | Pig in a Blanket | NO |
| LUNCH Crispy Baked Chicken Wheat Roll Rustic Mashed Potatoes w/Gravy | LUNCH Chicken Enchilada Foldovers Charro Beans | LUNCH Eggs & Greens & Ham French Toast Sticks Warm Cinnamon Oatmeal Potato Smiles Roasted Cherry Tomatoes | LUNCH Creamy Chicken Alfredo w/Garlic Breadstick Seasoned Carrots | SCHOC |
| 11 BREAKFAST | 12 BREAKFAST | 13 BREAKFAST | 14 BREAKFAST | 15 BREAKFAST |
| Cinni Minis | Bacon, Egg & Cheese Pancake Sandwich | Creamy Grits | Sausage & Cheese English Muffin | Plain Bagel |
| LUNCH Fish Dippers or Popcorn Chicken Bites | LUNCH | LUNCH | LUNCH | LUNCH |
| Wheat Roll Crinkle Cut Fries Fresh Garden Salad | Salisbury Steak w/ Mushroom Gravy Wheat Roll Country Style Green Beans | Shrimp Po Boy Cajun Corn on the Cob Deluxe Deli Salad | Sloppy Joe Baked Chips Carrot Craisin Salad Gamer Garbanzos | Cheese or Pepperoni l Breaded Zucchini Chu |
| 18 NO | 19 NO | 20 NO | 21 NO | 22 NO |
| SCHOOL | SCHOOL | SCHOOL | SCHOOL | \$CHO |
| 25 | 26 | 27 | 28 BREAKFAST | 29 |
| Snack'N Waffles | Bean & Cheese Burrito | Warm Biscuit or Sausage Biscuit | Ham & Cheese Omelet Pocket | NO |
| LUNCH | LUNCH | LUNCH | LUNCH | |
| Crispy Baked Chicken Wheat Roll Rustic Mashed Potatoes w/Gravy | Chicken Enchilada Foldovers Charro Beans | Shredded BBQ Pork Sandwich Tangy Vinegar Slaw | Creamy Chicken Alfredo w/Garlic Breadstick Seasoned Carrots | SCHO(|



Breakfast Croissant

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IDEA **Public Schools**



At Breakfast

- Assorted Fresh Fruit 6
- FF Milk / 1% Milk 6

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- Fresh Fruit Juice 6
- Whole Grains 6
- Assorted Cereal & Cracker Pack 6

At Lunch

- **Colorful Vegetables** 6
- Assorted Fresh Fruit 6
- FF Milk & 1% Milk 6

Notice About Menu Changes:

Although we strive to serve the scheduled menu, the menu may change without prior notice based on product availability

Non – Discrimination Statement

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation in the administration of the snap program), disability, age, or reprisal or retaliation for prior civil rights activity

| | | A R(Supper Menu | | JRF'S UP |
|--|--|---|--|--|
| MONDAY | TUESDAY | Jacksonville wednesday | THURSDAY | FRIDAY |
| Did you know? Breakfast and Lunch is FREE for ALL IDEA | NATIONAL S | CELEBRATE | KFAST WEEK | 1 WG Cheeseburger S Celery Sticks |
| Students | 5 | MARCH 4-8 | 7 | 8 |
| WG Cheddar Chex Mix, Turkey Stick & Cheese Cubes Cherry Tomatoes | Fresh Fruit & Yogurt Parfaitw/WG Granola Cucumber Slices | WG Beef, Bean & Cheese Fiesta Burrito Salsa Cup | WG Personal Turkey Pepperoni Pizza Marinara Cup | NO |
| | | | | SCHOO |
| 11 | 12 | 13 | 14 | 15 |
| Turkey Hot Dog w/WG Bun Ranch Style Beans | WG Pizzaboli w/ Marinara Cup | WG Chicken Fried Rice Cucumber Slices | Cheesy Bean Dip w/ WG Tostitos Salsa Cup | WG Beef, Bean & Chees Burrito Mini Shredded Romaine Salad |
| | | | | |
| 18 | 19 | 20 | 21 | 22 |
| NO | NO | NO | NO | NO |
| SCHOOL | SCHOOL | SCHOOL | SCHOOL | \$CHOC |
| 25 Chaddar Chay Mix, Turkov Stick 9 | 26 | 27 | 28 | 29 |
| Cheddar Chex Mix, Turkey Stick & Cheese Cubes Cherry Tomatoes | Fresh Fruit & Yogurt Parfaitw/WG Granola Cucumber Slices | WG Beef, Bean & Cheese Fiesta Burrito Salsa Cup | WG Personal Turkey Pepperoni Pizza Marinara Cup | NO |
| | | | | SCHOC |



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Cheese Fiesta

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naine Tomato



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Offered Daily at Supper

- Colorful Vegetables
- Assorted Fresh Fruit
- FF Milk & 1% Milk
- Whole Grains

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