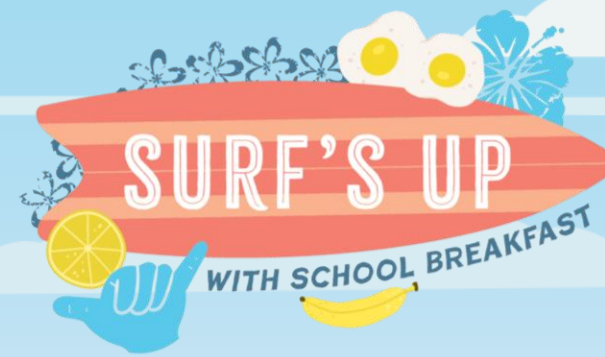


# MARCH

## K-12 Breakfast and Lunch Menu



### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY



## Offered Daily

### At Breakfast

- Assorted Fresh Fruit
- FF Milk / 1% Milk
- Whole Grains
- Assorted Cereal & Cracker Pack

### At Lunch

- Colorful Vegetables
- Assorted Fresh Fruit
- FF Milk & 1% Milk

### Notice About Menu Changes:

Although we strive to serve the scheduled menu, the menu may change without prior notice based on product availability.

This institution is an equal opportunity provider.

Did you know?  
Breakfast and Lunch  
is FREE for ALL IDEA  
Students

## CELEBRATE NATIONAL SCHOOL BREAKFAST WEEK MARCH 4-8

**1 BREAKFAST**  
Turkey Ham and Cheddar Breakfast Croissant

**LUNCH**  
Beef Nachos or Plant Protein Nachos  
Mini Shredded Romaine Tomato Salad  
Refried Beans

**4 BREAKFAST**  
Snack'n Waffles

**LUNCH**  
Crispy Baked Chicken  
Warm Dinner Roll  
Homestyle Mustard Greens  
Rustic Mashed Potatoes w/Gravy

**5**

Surf's Up Smoothie Bowl

**LUNCH**  
Chicken Enchilada Foldovers  
Charro Beans  
Spiced Sweet Potato

**6**

Arroz con Leche  
(Sweet Rice Pudding)

**LUNCH**  
Eggs & Greens & Ham w/  
French Toast Sticks  
Warm Cinnamon Oatmeal  
Potato Smiles  
Roasted Cherry Tomatoes

**7**

Pig in a Blanket

**LUNCH**  
Creamy Chicken Alfredo w/Garlic Breadstick  
Pesto Cauliflower  
Seasoned Carrots

**8**

**NO SCHOOL**

**11**

**NO SCHOOL**

**12**

**NO SCHOOL**

**13**

**NO SCHOOL**

**14**

**NO SCHOOL**

**15**

**NO SCHOOL**

**18 BREAKFAST**  
Bagel Breakfast Pizza

**LUNCH**  
Crispy Chicken Sandwich or Crispy Fish  
Sandwich or Spicy Crispy Chicken Sandwich  
Crinkle Cut Fries  
Deluxe Deli Salad

**19 BREAKFAST**  
Chorizo, Potato & Bean Burrito

**LUNCH**  
Mesquite Chicken Drumstick  
Corn Tortillas  
Lentils Charros  
Red Skin Potato Salad

**20 BREAKFAST**  
Peaches & Cream Overnight Oats

**LUNCH**  
Meatball Sub  
Homemade Marinara Sauce  
Veggie Ranch Cup

**21 BREAKFAST**  
Pancake On a Stick

**LUNCH**  
Island Blossom Chicken Bowl  
Sesame Cucumber  
Umami Broccoli

**22 BREAKFAST**  
Turkey Ham and Cheddar Breakfast  
Croissant

**LUNCH**  
Beef Nachos or Plant Protein Nachos  
Mini Shredded Romaine Tomato Salad  
Refried Beans

**25 BREAKFAST**  
Snack'n Waffles

**LUNCH**  
Crispy Baked Chicken  
Warm Dinner Roll  
Homestyle Mustard Greens  
Rustic Mashed Potatoes w/Gravy

**26 BREAKFAST**  
Cheesy Ham & Egg Bars w/Waffle Flatbread

**LUNCH**  
Chicken Enchilada Foldovers  
Charro Beans  
Spiced Sweet Potato

**27 BREAKFAST**  
Sausage Biscuit  
Warm Biscuits

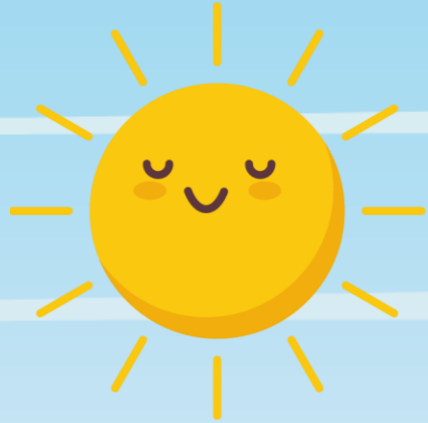
**LUNCH**  
Shredded BBQ Pork Sandwich  
Roasted Root Vegetables  
Tangy Vinegar Slaw

**28 BREAKFAST**  
Ham & Cheese Omelet Pocket

**LUNCH**  
Creamy Chicken Alfredo w/Garlic Breadstick  
Pesto Cauliflower  
Seasoned Carrots

**29**

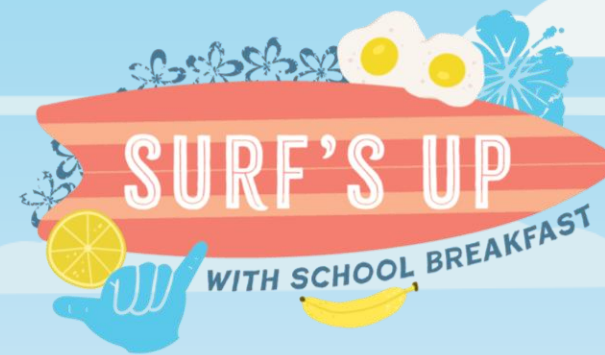
**NO SCHOOL**



# MARCH

## Supper Menu

Austin



Offered Daily at  
Supper

- Colorful Vegetables
- Assorted Fresh Fruit
- FF Milk & 1% Milk
- Whole Grains

### Notice About Menu Changes:

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### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

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CELEBRATE  
NATIONAL SCHOOL BREAKFAST WEEK  
MARCH 4-8

4  
Cheddar Chex Mix, Bold Bites & Cheese  
Cubes  
Cherry Tomatoes

5  
Fresh Fruit & Yogurt Parfait  
Cucumber Slices

6  
Chicken Tamales  
Salsa Cup

7  
Personal Pizza  
Marinara Dipping Sauce

1  
Cheeseburger S'wich  
Celery Sticks

NO  
SCHOOL

11  
NO  
SCHOOL

12  
NO  
SCHOOL

13  
NO  
SCHOOL

14  
NO  
SCHOOL

15  
NO  
SCHOOL

18  
Pretzel Bites, Turkey Cubes, &  
Cheese Dip  
Baby Carrots, 3oz

19  
Mozzarella Sticks  
Marinara Dipping Sauce

20  
Chicken Dippers  
Cucumber Slices

21  
Classic Chicken Salad Croissant  
Mini Deli Salad

22  
Cheeseburger S'wich  
Celery Sticks

25  
Cheddar Chex Mix, Bold Bites &  
Cheese Cubes  
Cherry Tomatoes

26  
Fresh Fruit & Yogurt Parfait  
Cucumber Slices

27  
Chicken Tamales  
Salsa Cup

28  
Personal Pizza  
Marinara Dipping Sauce

29  
NO  
SCHOOL