

February

K-12 Breakfast and Lunch Menu

Austin

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Offered Daily

At Breakfast

- Assorted Fresh Fruit
- FF Milk / 1% Milk
- Whole Grains
- Assorted Cereal & Cracker Pack

At Lunch

- Colorful Vegetables
- Assorted Fresh Fruit
- FF Milk & 1% Milk

Notice About Menu Changes:

Although we strive to serve the scheduled menu, the menu may change without prior notice based on product availability.

This institution is an equal opportunity provider.

1
BREAKFAST
Sausage & Cheese English Muffin

LUNCH
Sloppy Joe
Baked Chips
Carrot Craisin Salad
Gamer Garbanzos

2
BREAKFAST
Plain Bagel

LUNCH
Cheese Pizza or Pepperoni Pizza
Breaded Zucchini Chunks
Tiny Tomato Salad

8
BREAKFAST
Pancake On a Stick

LUNCH
Island Blossom Chicken Bowl
Sesame Cucumber
Umami Broccoli

9
No School

15
BREAKFAST
Ham & Cheese Omelet Pocket

LUNCH
Creamy Chicken Alfredo w/Garlic Breadstick
Pesto Cauliflower
Seasoned Carrots

16
BREAKFAST
Chicken and Waffle Sandwich

LUNCH
Beefsteak Cheeseburger or Beefsteak
Hamburger
Curly Fries
Deluxe Deli Salad

22
BREAKFAST
Sausage & Cheese English Muffin

LUNCH
Sloppy Joe
Baked Chips
Carrot Craisin Salad
Gamer Garbanzos

23
BREAKFAST
Plain Bagel

LUNCH
Cheese Pizza or Pepperoni Pizza
Breaded Zucchini Chunks
Tiny Tomato Salad

29
BREAKFAST
Pancake On a Stick

LUNCH
Island Blossom Chicken Bowl
Sesame Cucumber
Umami Broccoli

7
BREAKFAST
Peaches & Cream Overnight Oats

LUNCH
Meatball Sub
Homemade Marinara Sauce
Veggie Ranch Cup

14
BREAKFAST
Sausage Biscuit or Warm Biscuit

LUNCH
Shredded BBQ Pork Sandwich
Roasted Root Vegetables
Tangy Vinegar Slaw

21
BREAKFAST
Big Breakfast Kolache

LUNCH
Chicken Fajita Bowl
Warm Flour Tortilla
Street Corn
Mini Shredded Romaine Tomato Salad

28
BREAKFAST
Peaches & Cream Overnight Oats

LUNCH
Meatball Sub
Homemade Marinara Sauce
Veggie Ranch Cup

6
BREAKFAST
Chorizo, Potato & Bean Burrito

LUNCH
Mesquite Chicken Drumstick
Corn Tortillas
Lentils Charros
Red Skin Potato Salad

13
BREAKFAST
Snack'n Waffles

LUNCH
Crispy Baked Chicken
Warm Dinner Roll
Homestyle Mustard Greens
Rustic Mashed Potatoes w/Gravy

20
BREAKFAST
Bacon, Egg & Cheese Pancake Sandwich

LUNCH
Salisbury Steak w/Mushroom Gravy
Warm Dinner Roll
Country Style Green Beans
Creamy Cauliflower Mash

27
BREAKFAST
Chorizo, Potato & Bean Burrito

LUNCH
Mesquite Chicken Drumstick
Corn Tortillas
Lentils Charros
Red Skin Potato Salad

5
BREAKFAST
Bagel Breakfast Pizza

LUNCH
Crispy Chicken Sandwich or Crispy Fish
Sandwich or Spicy Crispy Chicken Sandwich
Crinkle Cut Fries
Deluxe Deli Salad

12
No School

19
BREAKFAST
Cinni-Minis

LUNCH
Fish Dippers or Popcorn Chicken
Warm Dinner Roll
Crinkle Cut Fries
Fresh Garden Salad

26
BREAKFAST
Bagel Breakfast Pizza

LUNCH
Crispy Chicken Sandwich or Crispy Fish
Sandwich or Spicy Crispy Chicken Sandwich
Crinkle Cut Fries
Deluxe Deli Salad

February

Supper Menu

Austin

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1
Bean & Two Cheese Dip w/ Tostitos
Salsa Cup

2
Chicken Empanada
Mini Shredded Romaine Tomato Salad

5
Pretzel Bites, Turkey Cubes, & Cheese
Dip
Baby Carrots

6
Mozzarella Sticks
Marinara Dipping Sauce

7
Chicken Dippers
Cucumber Slices

8
Classic Chicken Salad Croissant
Mini Deli Salad

9
**No
School**

12
**No
School**

13
Cheddar Chex Mix, Bold Bites &
Cheese Cubes
Cherry Tomatoes

14
Chicken Tamales
Salsa Cup

15
Personal Pizza
Marinara Dipping Sauce

16
Turkey Ham Cubes, Hummus &
Sunchips
Celery Sticks

19
Turkey Hot Dog
Ranch Style Beans

20
Pizzaboli
Marinara Dipping Sauce

21
Chicken Eggrolls
Cucumber Slices

22
Bean & Two Cheese Dip w/ Tostitos
Salsa Cup

23
Chicken Empanada
Mini Shredded Romaine Tomato
Salad

26
Pretzel Bites, Turkey Cubes, &
Cheese Dip
Baby Carrots

27
Mozzarella Sticks
Marinara Dipping Sauce

28
Chicken Dippers
Cucumber Slices

29
Classic Chicken Salad Croissant
Mini Deli Salad



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- Assorted Fresh Fruit
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- Whole Grains

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