



JANUARY

K-12 Breakfast and Lunch Menu Houston

2024



Offered Daily

At Breakfast

- Assorted Fresh Fruit
- FF Milk / 1% Milk
- Whole Grains
- Assorted Cereal & Cracker Pack

At Lunch

- Colorful Vegetables
- Assorted Fresh Fruit
- FF Milk & 1% Milk

Notice About Menu Changes:

Although we strive to serve the scheduled menu, the menu may change without prior notice based on product availability

This institution is an equal opportunity provider.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Winter Break

NO SCHOOL



BREAKFAST

Gingerbread Texas

LUNCH

Beefsteak Cheeseburger or
Beefsteak Hamburger
Curly Fries
Deluxe Deli Salad

BREAKFAST

Warm Brown Sugar Pecan Oatmeal &
Cracker Coins

LUNCH

Cubano Sandwich
Creamy Cucumber Salad
Sweet Potato Waffle Fries

BREAKFAST

Turkey Ham, Egg and Cheddar Croissant

LUNCH

Beefy Bean Chili
Cornbread
Baked Potatoes
Veggie Ranch Cup

BREAKFAST

Pancake On a Stick

LUNCH

Chicken Dumplings with Orange Sauce
Veggie Eggroll
Asian Kale Salad
Roasted Red Pepper Edamame

BREAKFAST

Bean & Cheese Tamales

LUNCH

Crispy Chicken Sandwich or Crispy Fish
Sandwich or Spicy Crispy Chicken Sandwich
Deluxe Deli Salad
Parmesan Carrot Fries

BREAKFAST

Gingerbread Muffin Tops

LUNCH

BBQ Chicken Drumstick
Warm Dinner Roll
Baked Beans
Red Skin Potato Salad

BREAKFAST

Breakfast Pizza

LUNCH

Beef Nachos or Plant Protein Nachos
Mini Shredded Romaine Tomato Salad
Refried Beans

BREAKFAST

Canadian Ham Breakfast Sandwich

LUNCH

Cheese Pizza or Pepperoni Pizza
Caesar Salad
Crumbly Ranch Cauliflower with Buffalo
Sauce

BREAKFAST

Snack'N Waffles

LUNCH

Crispy Baked Chicken w/ Dinner Roll
Rustic Mashed Potatoes w/ Gravy
Homestyle Greens

BREAKFAST

Cheesy Ham & Egg Bars w/Waffle Flatbread

LUNCH

Chicken Enchilada Fold-Overs
Spiced Sweet Potatoes
Charro Beans

BREAKFAST

Warm Biscuit or Sausage Biscuit

LUNCH

Shredded BBQ Pork Sandwich
Roasted Root Vegetables
Tangy Vinegar Slaw

BREAKFAST

Ham & Cheese Omelet Pocket

LUNCH

Creamy Chicken Alfredo
Garlic Breadstick
Seasoned Carrots
Pesto Cauliflower

BREAKFAST

Chicken & Waffle Sandwich

LUNCH

Hamburger or Cheeseburger
Curly Fries
Deluxe Deli Salad

BREAKFAST

Cinni-Minis

LUNCH

Popcorn Chicken or Fish Dippers
w/ Warm Dinner Roll
Crinkle Cut Fries
Fresh Garden Salad

BREAKFAST

Bacon, Egg, & Cheese Pancake Sandwich

LUNCH

Salisbury Steak w/ Mushroom Gravy
& Warm Dinner Roll
Country Style Green Beans
Cauliflower Mash

BREAKFAST

Big Breakfast Kolache

LUNCH

Chicken Fajita Bowl w/ Warm Flour Tortilla
Mini Shredded Romaine Tomato
Street Corn





JANUARY 2024

Supper Menu

Houston

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
	❄️ Winter Break ❄️			
8	9	10	11	12
	Corn Dog Cherry Tomatoes	Pancake Sandwich & Cheese Stick Celery Sticks w/ PB Cup	Turkey & Cheddar Hoagie Mini Deli Salad	Twisted WG Cheesy Breadstick Marinara Dipping Sauce
15	16	17	18	19
NO SCHOOL 	Turkey Cubes, Cheese Cubes,& Pretzel Bites Celery Sticks	Chicken Dippers Fresh Baby Carrots	Cucumber Slices	Philly Cheesesteak Pinwheel Broccoli Florets
22	23	24	25	26
Chex Mix, Bold Bites & Cheese Cubes Cherry Tomatoes	Pumpkin Parfait Cucumber	Chicken Tamales Salsa Cup	Personal Pizza Marinara Cup	Turkey Ham Cubes, Hummus & Sunchips Celery
29	30	31		
Hot Dog Ranch Style Beans	Pizzaboli Marinara Cup	Chicken Egg Rolls Cucumber Slices		



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