

JANUARY

K-12 Breakfast and Lunch Menu

Austin





TUESDAY

WEDNESDAY

THURSDAY **BREAKFAST**

Big Breakfast Kolache

LUNCH

Shredded Chicken Burrito Bowl Warm Flour Tortilla

Black Bean & Corn Saute

Mini Shredded Romaine Tomato Salad

BREAKFAST

Turkey Ham, Egg and Cheddar Croissant

LUNCH

Beefy Bean Chili

Cornbread

Baked Potatoes

Veggie Ranch Cup

FRIDAY

BREAKFAST Chicken and Waffle Sandwich

LUNCH

Fish Dippers or Steak Fingers Warm Dinner Roll Country Style Green Beans Sweet Potato Waffle Fries

* Winter Break &

BREAKFAST

Gingerbread Texas

LUNCH

Beefsteak Cheeseburger or Beefsteak Hamburger Curly Fries Deluxe Deli Salad

NO SCHOOL



BREAKFAST 22

15

Snack'N Waffles

LUNCH

Crispy Baked Chicken w/ Dinner Roll Rustic Mashed Potatoes w/ Gravy Homestyle Greens

29 **BREAKFAST**

Cinni-Minis

LUNCH

Popcorn Chicken or Fish Dippers w/ Warm Dinner Roll Crinkle Cut Fries Fresh Garden Salad

BREAKFAST 9

Sausage Biscuit or Warm Biscuits

LUNCH

Creamy Chicken Alfredo w/Garlic Breadstick Parmesan Green Peas Seasoned Carrots

BREAKFAST

Bean & Cheese Tamales

LUNCH

Crispy Chicken Sandwich or Crispy Fish Sandwich or Spicy Crispy Chicken Sandwich Deluxe Deli Salad Parmes an Carrot Fries

BREAKFAST

Cheesy Ham & Egg Bars w/Waffle Flatbread

LUNCH

Chicken Enchilada Fold-Overs

Spiced Sweet Potatoes

Charro Beans

BREAKFAST

BREAKFAST 10

Warm Brown Sugar Pecan Oatmeal & Cracker Coins

LUNCH

Cubano Sandwich Creamy Cucumber Salad Sweet Potato Waffle Fries

17

BREAKFAST

Gingerbread Muffin Tops

LUNCH

BBQ Chicken Drumstick Warm Dinner Roll Baked Beans Red Skin Potato Salad

11

18 **BREAKFAST**

Breakfast Pizza

LUNCH

Beef Nachos or Plant Protein Nachos Mini Shredded Romaine Tomato Salad Refried Beans

12

26

BREAKFAST

Pancake On a Stick

LUNCH

Chicken Dumplings with Orange Sauce Veggie Eggroll Asian Kale Salad Roasted Red Pepper Edamame

19

Canadian Ham Breakfast Sandwich

Cheese Pizza or Pepperoni Pizza Caesar Salad

BREAKFAST

Chicken & Waffle Sandwich

LUNCH

Hamburger or Cheeseburger Curly Fries Deluxe Deli Salad

BREAKFAST

LUNCH

Crumbly Ranch Cauliflower with Buffalo Sauce

At Lunch

KIDS HERE

Offered Daily

At Breakfast

Assorted Cereal & Cracker

Assorted Fresh Fruit

FF Milk / 1% Milk

Whole Grains

Pack

- Colorful Vegetables
- Assorted Fresh Fruit
- FF Milk & 1% Milk

Notice About Menu Changes:

Although we strive to serve the scheduled menu, the menu may change without prior notice based on product availability

This institution is an equal opportunity provider.

Bacon, Egg, & Cheese Pancake Sandwich

16

23

LUNCH

Salisbury Steak w/ Mushroom Gravy & Warm Dinner Roll Country Style Green Beans Cauliflower Mash

24

31

BREAKFAST

Warm Biscuit or Sausage Biscuit

LUNCH

Shredded BBQ Pork Sandwich Roasted Root Vegetables Tangy Vinegar Slaw

BREAKFAST

Big Breakfast Kolache

LUNCH

Chicken Fajita Bowl w/ Warm Flour Tortilla Mini Shredded Romaine Tomato Street Corn

25

Ham & Cheese Omelet Pocket

BREAKFAST

Creamy Chicken Alfredo Garlic Breadstick Seasoned Carrots

LUNCH

Pesto Cauliflower



JANUAK

Supper Menu



Austin

TUESDAY

WEDNESDAY

THURSDAY

Personal Pizza

Marinara Dipping Sauce

Turkey Ham Cubes, Hummus & Sunchips Celery Sticks

FRIDAY

* Winter Break &

Corn Dog **Cherry Tomatoes**

Pizza S'wich Marinara Dipping Sauce Pancake Sandwich & Cheese Stick Celery Sticks w/ PB Cup

Turkey & Cheddar Hoagie Mini Deli Salad

Twisted WG Cheesy Breadstick Marinara Dipping Sauce

12

19

15 NO SCHOOL



Chex Mix, Bold Bites & Cheese Cubes

Cherry Tomatoes

Turkey Cubes, Cheese Cubes,& Pretzel Bites Celery Sticks

Chicken Dippers Fresh Baby Carrots Pumpkin Parfait **Cucumber Slices**

18

Philly Cheesesteak Pinwheel **Broccoli Florets**

25 23 24 22

> Fresh Fruit & Yogurt Parfait Cucumber

Chicken Tamales Salsa Cup

Personal Pizza Marinara Cup Turkey Ham Cubes, Hummus & Sunchips Celery



Offered Daily at Supper

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- Assorted Fresh Fruit
- FF Milk & 1% Milk
- Whole Grains

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29

Hot Dog Ranch Style Beans

Pizzaboli Marinara Cup 31

17

Chicken Egg Rolls **Cucumber Slices**