X	<b>1</b>	K-12 Bro	eakfast and L	unch Menu	
4	MONDAY	THECDAY	TRAVIS	THUDCDAY	
•	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	1 BREAKFAST
					Pancake On a Stick
					LUNCH
					Chicken Dumplings with Ora Veggie Eggroll Asian Kale Salad Roasted Red Pepper Eda
4	BREAKFAST	5 BREAKFAST	6 BREAKFAST	7 BREAKFAST	8 BREAKFAST
	Bean & Cheese Tamales	Bacon, Egg & Cheese Pancake Sandwich	Gingerbread Muffin Tops	Breakfast Pizza	Canadian Ham Bre <mark>akfa</mark> st Sa
	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
	y Chicken Sandwich or Crispy Fish ch or Spicy Crispy Chicken Sandwich Deluxe Deli Salad Parmesan Carrot Fries	Turkey Hot Dog Bean Chili Curly Fries	Mesquite Chicken Drumstick Corn Tortillas Lentils Charros Red Skin Potato Salad	Beef Nachos or Plant Protein Nachos Mini Shredded Romaine Tomato Salad Refried Beans	Cheese Pizza or Pepperon Caesar Salad Crumbly Ranch Cauliflower with
11	BREAKFAST	12 BREAKFAST	13 BREAKFAST	14 BREAKFAST	15 BREAKFAST
	Snack'n Waffles	Potato, Egg & Cheese Burrito	Plain Bagel	Big Breakfast Kolache	Chicken and Waffle San
	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Ru	Crispy Baked Chicken Warm Dinner Roll Coleslaw stic Mashed Potatoes w/Gravy	Holiday Meal	Meatball Sub Homemade Marinara Sauce Zesty Lemon Broccoli	Shredded Chicken Burrito Bowl Warm Flour Tortillas Black Bean & Corn Saute Mini Shredded Romaine Tomato Salad	Fish Dippers or <mark>Steak Fir</mark> Warm Dinner Roll Country Style Green Be Sweet Potato Waffle F
	18	19	20	21	22
C1	RIST # C		Winter B	reak 🚓 🌲 🇱	<u>Ö. Z</u>
	25	26	27	28	29
					mh =

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#### Sandwich

oni Pizza ith Buffalo Sauce

#### ndwich

Fingers oll Beans e Fries

## IDEA **Public Schools**



## Offered Daily

# At Breakfast

- Assorted Fresh Fruit ð
- FF Milk / 1% Milk 6
- 6 100% Fruit Juice
- Whole Grains 6
- Assorted Cereal & Cracker 6 Pack

## At Lunch

- **Colorful Vegetables (**
- Assorted Fresh Fruit

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6

FF Milk & 1% Milk

#### **Notice About Menu Changes:**

Although we strive to serve the scheduled menu, the menu may change without prior notice based on product availability

This institution is an equal opportunity provider.





# Offered Daily at Supper

- Colorful Vegetables
- Assorted Fresh Fruit
- FF Milk & 1% Milk
- Whole Grains

### **Notice About Menu** Changes:

Although we strive to serve the scheduled menu, the menu may change without prior notice based on product availability

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