



K-12 Breakfast and Lunch Menu

TARRANT COUNTY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

					1
					BREAKFAST Pancake On a Stick
					LUNCH Chicken Dumplings with Orange Sauce Veggie Eggroll Asian Kale Salad Roasted Red Pepper Edamame
4	5	6	7	8	
BREAKFAST Bean & Cheese Tamales	BREAKFAST Bacon, Egg & Cheese Pancake Sandwich	BREAKFAST Gingerbread Muffin Tops	BREAKFAST Breakfast Pizza	BREAKFAST Canadian Ham Breakfast Sandwich	
LUNCH Crispy Chicken Sandwich or Crispy Fish Sandwich or Spicy Crispy Chicken Sandwich Deluxe Deli Salad Parmesan Carrot Fries	LUNCH Turkey Hot Dog Bean Chili Curly Fries	LUNCH BBQ Chicken Drumstick Warm Dinner Roll Baked Beans Red Skin Potato Salad	LUNCH Beef Nachos or Plant Protein Nachos Mini Shredded Romaine Tomato Salad Refried Beans	LUNCH Cheese Pizza or Pepperoni Pizza Caesar Salad Crumbly Ranch Cauliflower with Buffalo Sauce	
11	12	13	14	15	
BREAKFAST Snack'n Waffles	BREAKFAST Potato, Egg & Cheese Burrito	BREAKFAST Plain Bagel	BREAKFAST Big Breakfast Kolache	BREAKFAST Chicken and Waffle Sandwich	
LUNCH Crispy Baked Chicken Warm Dinner Roll Coleslaw Rustic Mashed Potatoes w/Gravy	LUNCH Holiday Meal	LUNCH Meatball Sub Homemade Marinara Sauce Zesty Lemon Broccoli	LUNCH Shredded Chicken Burrito Bowl Warm Flour Tortillas Black Bean & Corn Sauté Mini Shredded Romaine Tomato Salad	LUNCH Fish Dippers or Steak Fingers Warm Dinner Roll Country Style Green Beans Sweet Potato Waffle Fries	
18	19	20	21	22	



Winter Break



Winter Break



Offered Daily

At Breakfast

- Assorted Fresh Fruit
- FF Milk / 1% Milk
- 100% Fruit Juice
- Whole Grains
- Assorted Cereal & Cracker Pack

At Lunch

- Colorful Vegetables
- Assorted Fresh Fruit
- FF Milk & 1% Milk

Notice About Menu Changes:

Although we strive to serve the scheduled menu, the menu may change without prior notice based on product availability

This institution is an equal opportunity provider.



Supper Menu

TARRANT COUNTY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

				1 Twisted WG Cheesy Breadstick Marinara Dipping Sauce
4 Turkey Cubes, Cheese Cubes,& Pretzel Bites Celery Sticks	5 Creamy Mac & Cheese Cherry Tomatoes	6 Chicken Dippers Fresh Baby Carrots	7 Pumpkin Parfait Cucumber Slices	8 Philly Cheesesteak Pinwheel Broccoli Florets
11 Cheddar Chex Mix, Turkey Pepperoni, Mozzarella Pearls Cherry Tomatoes	12 Cold Ham and Cheese Croissant Mini Deli Salad	13 Bean and Cheese Burrito Cucumber Slices	14 Personal Pizza Marinara Dipping Sauce	15 Turkey Ham Cubes, Hummus & Sunchips Celery Sticks
18	19	20	21	22
25	26	27	28	29



Winter Break



Winter Break



Offered Daily at Supper



- Colorful Vegetables
- Assorted Fresh Fruit
- FF Milk & 1% Milk
- Whole Grains



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