



# K-12 Breakfast and Lunch Menu

SAN ANTONIO

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

**4 BREAKFAST**  
Bean & Cheese Tamales

**LUNCH**  
Crispy Chicken Sandwich or Crispy Fish Sandwich or Spicy Crispy Chicken Sandwich  
Deluxe Deli Salad  
Parmesan Carrot Fries

**5 BREAKFAST**  
Bacon, Egg & Cheese Pancake Sandwich

**LUNCH**  
Turkey Hot Dog  
Bean Chili  
Curly Fries

**6 BREAKFAST**  
Gingerbread Muffin Tops

**LUNCH**  
Mesquite Chicken Drumstick  
Corn Tortillas  
Lentils Charros  
Red Skin Potato Salad

**7 BREAKFAST**  
Breakfast Pizza

**LUNCH**  
Beef Nachos or Plant Protein Nachos  
Mini Shredded Romaine Tomato Salad  
Refried Beans

**8 BREAKFAST**  
Canadian Ham Breakfast Sandwich

**LUNCH**  
Cheese Pizza or Pepperoni Pizza  
Caesar Salad  
Crumbly Ranch Cauliflower with Buffalo Sauce

**11 BREAKFAST**  
Snack'n Waffles

**LUNCH**  
Crispy Baked Chicken  
Warm Dinner Roll  
Coleslaw  
Rustic Mashed Potatoes w/Gravy

**12 BREAKFAST**  
Potato, Egg & Cheese Burrito

**LUNCH**  
Holiday Meal

**13 BREAKFAST**  
Plain Bagel

**LUNCH**  
Meatball Sub  
Homemade Marinara Sauce  
Zesty Lemon Broccoli

**14 BREAKFAST**  
Big Breakfast Kolache

**LUNCH**  
Shredded Chicken Burrito Bowl  
Warm Flour Tortillas  
Black Bean & Corn Saute  
Mini Shredded Romaine Tomato Salad

**15 BREAKFAST**  
Chicken and Waffle Sandwich

**LUNCH**  
Fish Dippers or Steak Fingers  
Warm Dinner Roll  
Country Style Green Beans  
Sweet Potato Waffle Fries

**18 19 20 21 22**



**25 26 27 28 29**





Offered Daily

At Breakfast

- Assorted Fresh Fruit
- FF Milk / 1% Milk
- 100% Fruit Juice
- Whole Grains
- Assorted Cereal & Cracker Pack

At Lunch

- Colorful Vegetables
- Assorted Fresh Fruit
- FF Milk & 1% Milk

Notice About Menu Changes:

Although we strive to serve the scheduled menu, the menu may change without prior notice based on product availability

This institution is an equal opportunity provider.





IDEA  
Public Schools



Offered Daily at  
Supper

- Colorful Vegetables
- Assorted Fresh Fruit
- FF Milk & 1% Milk
- Whole Grains

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## Supper Menu

SAN ANTONIO

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1

Twisted WG Cheesy Breadstick  
Marinara Dipping Sauce

4

Turkey Cubes, Cheese Cubes,& Pretzel  
Bites  
Celery Sticks

5

Creamy Mac & Cheese  
Cherry Tomatoes

6

Chicken Dippers  
Fresh Baby Carrots

7

Pumpkin Parfait  
Cucumber Slices

8

Philly Cheesesteak Pinwheel  
Broccoli Florets

11

Cheddar Chex Mix, Turkey  
Pepperoni, Mozzarella Pearls  
Cherry Tomatoes

12

Cold Ham and Cheese Croissant  
Mini Deli Salad

13

Bean and Cheese Burrito  
Cucumber Slices

14

Personal Pizza  
Marinara Dipping Sauce

15

Turkey Ham Cubes, Hummus &  
Sunchips  
Celery Sticks

18



Winter Break



21

22

25



Winter Break



28

29