



K-12 Breakfast and Lunch Menu

PERMIAN BASIN

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

4

BREAKFAST

Bean & Cheese Tamales

LUNCH

Crispy Chicken Sandwich or Crispy Fish Sandwich or Spicy Crispy Chicken Sandwich
Deluxe Deli Salad
Parmesan Carrot Fries

5

BREAKFAST

Bacon, Egg & Cheese Pancake Sandwich

LUNCH

Turkey Hot Dog
Bean Chili
Curly Fries

6

BREAKFAST

Gingerbread Muffin Tops

LUNCH

Mesquite Chicken Drumstick
Corn Tortillas
Lentils Charros
Red Skin Potato Salad

7

BREAKFAST

Breakfast Pizza

LUNCH

Beef Nachos or Plant Protein Nachos
Mini Shredded Romaine Tomato Salad
Refried Beans

8

BREAKFAST

Canadian Ham Breakfast Sandwich

LUNCH

Cheese Pizza or Pepperoni Pizza
Caesar Salad
Crumbly Ranch Cauliflower with Buffalo Sauce

11

BREAKFAST

Snack'n Waffles

LUNCH

Crispy Baked Chicken
Warm Dinner Roll
Coleslaw
Rustic Mashed Potatoes w/Gravy

12

BREAKFAST

Potato, Egg & Cheese Burrito

LUNCH

Holiday Meal

13

BREAKFAST

Plain Bagel

LUNCH

Meatball Sub
Homemade Marinara Sauce
Zesty Lemon Broccoli

14

BREAKFAST

Big Breakfast Kolache

LUNCH

Shredded Chicken Burrito Bowl
Warm Flour Tortillas
Black Bean & Corn Sauté
Mini Shredded Romaine Tomato Salad

15

BREAKFAST

Chicken and Waffle Sandwich

LUNCH

Fish Dippers or Steak Fingers
Warm Dinner Roll
Country Style Green Beans
Sweet Potato Waffle Fries

18

Winter Break

19

Winter Break

20

Winter Break

21

Winter Break

22

Winter Break

25

Winter Break

26

Winter Break

27

Winter Break

28

Winter Break

29

Winter Break



Offered Daily

At Breakfast

- Assorted Fresh Fruit
- FF Milk / 1% Milk
- 100% Fruit Juice
- Whole Grains
- Assorted Cereal & Cracker Pack

At Lunch

- Colorful Vegetables
- Assorted Fresh Fruit
- FF Milk & 1% Milk

Notice About Menu Changes:

Although we strive to serve the scheduled menu, the menu may change without prior notice based on product availability.

This institution is an equal opportunity provider.



IDEA
Public Schools

Supper Menu

PERMIAN BASIN

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Offered Daily at
Supper

- Colorful Vegetables
- Assorted Fresh Fruit
- FF Milk & 1% Milk
- Whole Grains

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				1 Twisted WG Cheesy Breadstick Marinara Dipping Sauce
4 Turkey Cubes, Cheese Cubes,& Pretzel Bites Celery Sticks	5 Creamy Mac & Cheese Cherry Tomatoes	6 Chicken Dippers Fresh Baby Carrots	7 Pumpkin Parfait Cucumber Slices	8 Philly Cheesesteak Pinwheel Broccoli Florets
11 Cheddar Chex Mix, Turkey Pepperoni, Mozzarella Pearls Cherry Tomatoes	12 Cold Ham and Cheese Croissant Mini Deli Salad	13 Bean and Cheese Burrito Cucumber Slices	14 Personal Pizza Marinara Dipping Sauce	15 Turkey Ham Cubes, Hummus & Sunchips Celery Sticks
18	19	20	21	22
25	26	27	28	29



Winter Break



Winter Break

