



K-12 Breakfast and Lunch Menu

LOUISIANA
WEDNESDAY

MONDAY

TUESDAY

THURSDAY

FRIDAY

4 BREAKFAST
Bean and Cheese Burrito

LUNCH
Crispy Chicken Sandwich or Crispy Fish Sandwich or Spicy Crispy Chicken Sandwich
Deluxe Deli Salad
Parmesan Carrot Fries

5 BREAKFAST
Bacon, Egg & Cheese Pancake Sandwich

LUNCH
Turkey Hot Dog
Bean Chili
Curly Fries

6 BREAKFAST
Gingerbread Muffin Tops

LUNCH
Chicken & Sausage Gumbo
Brown Rice
Veggie Ranch Cup

7 BREAKFAST
Breakfast Pizza

LUNCH
Beef Nachos or Plant Protein Nachos
Mini Shredded Romaine Tomato Salad
Refried Beans

8 BREAKFAST
Canadian Ham Biscuit Sandwich

LUNCH
Tony's Cheese Pizza or Tony's Pepperoni Pizza
Caesar Salad
Crumbly Ranch Cauliflower with Buffalo Sauce

11 BREAKFAST
Snack'n Waffles

LUNCH
Crispy Baked Chicken
Wheat Roll
Coleslaw
Rustic Mashed Potatoes w/Gravy

12 BREAKFAST
Potato, Egg & Cheese Breakfast Burrito

LUNCH
Holiday Meal

13 BREAKFAST
English Muffin

LUNCH
Meatball Sub
Homemade Marinara Sauce
Zesty Lemon Broccoli

14 BREAKFAST
French Toast Sticks

LUNCH
Shredded Chicken Burrito Bowl
Warm Wheat Tortillas
Black Bean & Corn Saute
Mini Shredded Romaine Tomato Salad

15 BREAKFAST
Chicken and Waffle Sandwich

LUNCH
Chicken Fingers or Fish Dippers
Wheat Roll
Country Style Green Beans
Sweet Potato Waffle Fries

18

19

20

21

22

Winter Break

25

26

27

28

29

Winter Break



Offered Daily

At Breakfast

- Assorted Fresh Fruit
- FF Milk / 1% Milk
- 100% Fruit Juice
- Whole Grains
- Assorted Cereal & Cracker Pack

At Lunch

- Colorful Vegetables
- Assorted Fresh Fruit
- FF Milk & 1% Milk

Notice About Menu Changes:

Although we strive to serve the scheduled menu, the menu may change without prior notice based on product availability

This institution is an equal opportunity provider.



IDEA
Public Schools



Offered Daily at
Supper

- Colorful Vegetables
- Assorted Fresh Fruit
- FF Milk & 1% Milk
- Whole Grains

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Supper Menu

LOUISIANA

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1

Twisted WG Cheesy Breadstick
w/Marinara Cup

4

Turkey Coins, Cheese Cubes,& Pretzel
Stick
Celery Sticks

5

Creamy Mac & Cheese
Cherry Tomatoes

6

Chicken Dippers
Fresh Baby Carrots

7

Pumpkin Parfait
Cucumber Slices

8

Cheeseburger S'wich
Broccoli Florets

11

Cheddar Chex Mix, Turkey Pepperoni
& Mozzarella Pearls
Cherry Tomatoes

12

Turkey & Cheddar Hoagie
Mini Deli Salad

13

Beef & Cheese Burrito
Cucumber Slices

14

Personal Pizza
Red Gold Marinara Cup

15

Turkey Coins, Hummus & Sunchips
Celery Sticks

18

19

20

21

22

25

26

27

28

29



Winter Break



Winter Break

