



## Offered Daily

### At Breakfast

- Assorted Fresh Fruit
- FF Milk / 1% Milk
- 100% Fruit Juice
- Whole Grains
- Assorted Cereal & Cracker Pack

### At Lunch

- Colorful Vegetables
- Assorted Fresh Fruit
- FF Milk & 1% Milk

### Notice About Menu Changes:

Although we strive to serve the scheduled menu, the menu may change without prior notice based on product availability

This institution is an equal opportunity provider.

# K-12 Breakfast and Lunch Menu

AUSTIN  
WEDNESDAY

THURSDAY

FRIDAY

MONDAY

TUESDAY

					1
					<b>BREAKFAST</b>  Pancake On a Stick
					<b>LUNCH</b> Chicken Dumplings with Orange Sauce Veggie Eggroll Asian Kale Salad Roasted Red Pepper Edamame
4	<b>BREAKFAST</b>  Bean & Cheese Tamales	5	<b>BREAKFAST</b>  Bacon, Egg & Cheese Pancake Sandwich	6	<b>BREAKFAST</b>  Gingerbread Muffin Tops
	<b>LUNCH</b> Crispy Chicken Sandwich or Crispy Fish Sandwich or Spicy Crispy Chicken Sandwich Deluxe Deli Salad Parmesan Carrot Fries		<b>LUNCH</b> Turkey Hot Dog Bean Chili Curly Fries		<b>LUNCH</b> BBQ Chicken Drumstick Warm Dinner Roll Baked Beans Red Skin Potato Salad
				7	<b>BREAKFAST</b>  Breakfast Pizza
					<b>LUNCH</b> Beef Nachos or Plant Protein Nachos Mini Shredded Romaine Tomato Salad Refried Beans
				8	<b>BREAKFAST</b>  Canadian Ham Breakfast Sandwich
					<b>LUNCH</b> Cheese Pizza or Pepperoni Pizza Caesar Salad Crumbly Ranch Cauliflower with Buffalo Sauce
11	<b>BREAKFAST</b>  Snack'n Waffles	12	<b>BREAKFAST</b>  Potato, Egg & Cheese Burrito	13	<b>BREAKFAST</b>  Plain Bagel
	<b>LUNCH</b> Crispy Baked Chicken Warm Dinner Roll Coleslaw Rustic Mashed Potatoes w/Gravy		<b>LUNCH</b>  Holiday Meal		<b>LUNCH</b> Meatball Sub Homemade Marinara Sauce Zesty Lemon Broccoli
				14	<b>BREAKFAST</b>  Big Breakfast Kolache
					<b>LUNCH</b> Shredded Chicken Burrito Bowl Warm Flour Tortillas Black Bean & Corn Saute Mini Shredded Romaine Tomato Salad
				15	<b>BREAKFAST</b>  Chicken and Waffle Sandwich
					<b>LUNCH</b> Fish Dippers or Steak Fingers Warm Dinner Roll Country Style Green Beans Sweet Potato Waffle Fries
18					
	19	20	21	22	
Winter Break					
25	26	27	28	29	
Winter Break					





# Supper Menu

AUSTIN

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1

Twisted WG Cheesy Breadstick  
Marinara Dipping Sauce

4

Turkey Cubes, Cheese Cubes,& Pretzel  
Bites  
Celery Sticks

5

Creamy Mac & Cheese  
Cherry Tomatoes

6

Chicken Dippers  
Fresh Baby Carrots

7

Pumpkin Parfait  
Cucumber Slices

8

Philly Cheesesteak Pinwheel  
Broccoli Florets

11

Cheddar Chex Mix, Turkey  
Pepperoni, Mozzarella Pearls  
Cherry Tomatoes

12

Cold Ham and Cheese Croissant  
Mini Deli Salad

13

Bean and Cheese Burrito  
Cucumber Slices

14

Personal Pizza  
Marinara Dipping Sauce

15

Turkey Ham Cubes, Hummus &  
Sunchips  
Celery Sticks

18

19

20

21

22



## Winter Break



25

26

27

28

29



## Winter Break



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- Whole Grains

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