



IDEA 5K & HEALTHY LIVING EXPO

Rio Grande Valley

February 17, 2024



**RGV LIVESTOCK
SHOW GROUNDS**

1000 N Texas
Ave
Mercedes, TX

REGISTER HERE:



bit.ly/RGV5k2024



**1K Starts:
8:30 A.M.**

**5K Starts:
09:00 A.M.**