



NOVEMBER

Pre-K Breakfast and Lunch Menu



Offered Daily

At Breakfast

- Assorted Fresh Fruit
- FF Milk / 1% Milk
- Whole Grains
- Assorted Cereal & Cracker Pack

At Lunch

- Colorful Vegetables
- Assorted Fresh Fruit
- FF Milk & 1% Milk

Notice About Menu Changes:

Although we strive to serve the scheduled menu, the menu may change without prior notice based on product availability.

This institution is an equal opportunity provider.

Travis

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1

BREAKFAST

Plain Bagel

LUNCH

Meatball Sub
Homemade Marinara Sauce

2

BREAKFAST

Big Breakfast Kolache

LUNCH

Shredded Chicken Burrito Bowl
Black Bean & Corn Sauté

3

BREAKFAST

Chicken and Waffle Sandwich

LUNCH

Fish Dippers or Steak Fingers
Sweet Potato Waffle Fries

6

BREAKFAST

Cereal or Cereal Cracker Pack

LUNCH

Beefsteak Cheeseburger or Beefsteak
Hamburger
Curly Fries

7

BREAKFAST

Sausage Biscuit or Warm Biscuits

LUNCH

Creamy Chicken Alfredo w/Garlic Breadstick
Seasoned Carrots

8

BREAKFAST

Warm Brown Sugar Pecan Oatmeal &
Cracker Coins

LUNCH

Calabaza con Pollo & Spanish Rice
Steamed Corn

9

BREAKFAST

Turkey Ham, Egg and Cheddar Croissant

LUNCH

Beefy Bean Chili
Cornbread

10

BREAKFAST

Pancake On a Stick

LUNCH

Chicken Dumplings with Orange Sauce
Veggie Eggroll

13

BREAKFAST

Bean & Cheese Tamales

LUNCH

Crispy Chicken Sandwich, Crispy Fish
Sandwich or Spicy Crispy Chicken Sandwich
Parmesan Carrot Fries

14

BREAKFAST

Bacon, Egg & Cheese Pancake Sandwich

LUNCH

Turkey Hot Dog
Curly Fries

15

BREAKFAST

Cereal or Cereal Cracker Pack

LUNCH

Thanksgiving Holiday Meal

16

BREAKFAST

Breakfast Pizza

LUNCH

Beef Nachos or Plant Protein Nachos
Refried Beans

17

BREAKFAST

Canadian Ham Breakfast Sandwich

LUNCH

Cheese Pizza or Pepperoni Pizza
Crumbly Ranch Cauliflower with Buffalo
Sauce

20

HOLIDAY

21

HOLIDAY

22

HOLIDAY

23

Happy
Thanksgiving

24

HOLIDAY

27

BREAKFAST

Cereal or Cereal Cracker Pack

LUNCH

Beefsteak Cheeseburger
Beefsteak Hamburger
Curly Fries

28

BREAKFAST

Sausage Biscuit
Warm Biscuits

LUNCH

Creamy Chicken Alfredo w/Garlic Breadstick
Seasoned Carrots

29

BREAKFAST

Warm Brown Sugar Pecan Oatmeal &
Cracker Coins

LUNCH

Calabaza con Pollo & Spanish Rice
Steamed Corn

30

BREAKFAST

Turkey Ham, Egg and Cheddar Croissant

LUNCH

Beefy Bean Chili
Cornbread