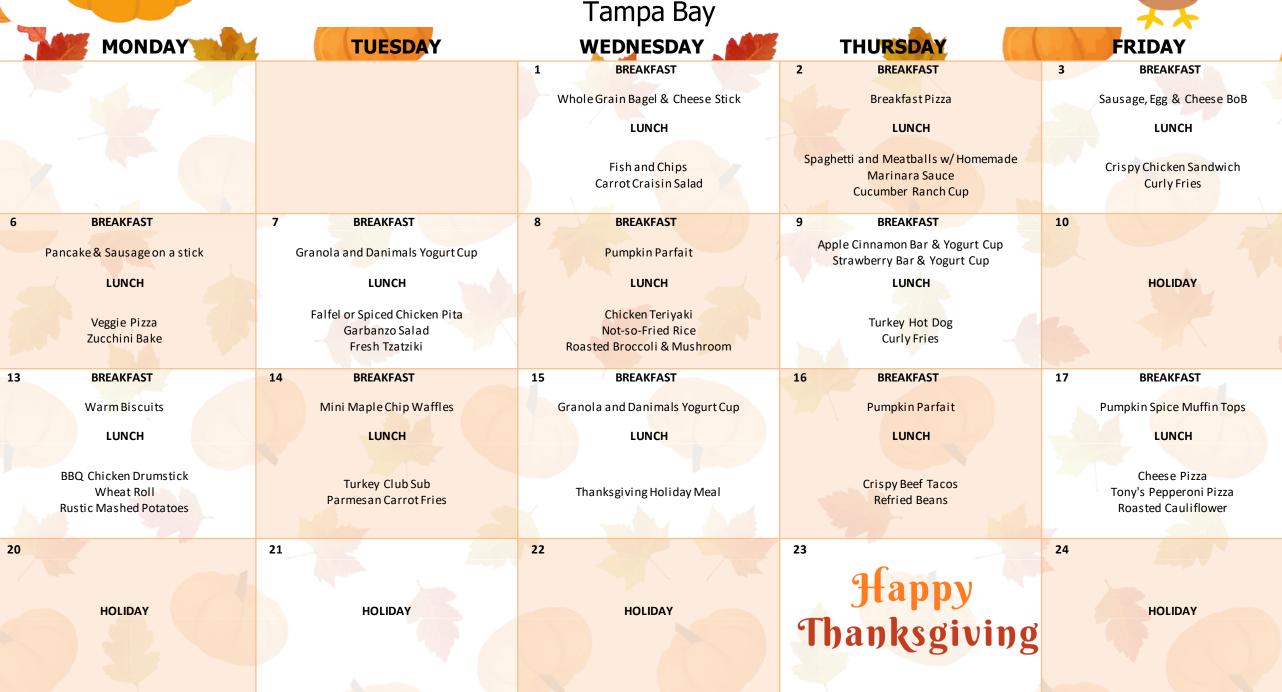


K-12 Breakfast and Lunch Menu

Tampa Bay







At Breakfast

- Assorted Fresh Fruit
- FF Milk / 1% Milk
- Fresh Fruit Juice
- Whole Grains
- Assorted Cereal & Cracker Pack

At Lunch

- Colorful Vegetables
- Assorted Fresh Fruit
- FF Milk & 1% Milk

Notice About Menu Changes:

Although we strive to serve the scheduled menu, the menu may change without prior notice based on product availability

Non – Discrimination Statement

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation in the administration of the snap program), disability, age, or reprisal or retaliation for prior civil rights activity

27 **BREAKFAST**

Pancake & Sausage on a stick

LUNCH

Veggie Pizza Zucchini Bake 28

BREAKFAST

Granola and Danimals Yogurt Cup

LUNCH

Falfel or Spiced Chicken Pita Garbanzo Salad Fresh Tzatziki

29

BREAKFAST

Pumpkin Parfait

LUNCH

Chicken Teriyaki Not-so-Fried Rice Roasted Broccoli & Mushroom 30

BREAKFAST

Apple Cinnamon Bar & Yogurt Cup Strawberry Bar & Yogurt Cup

LUNCH

Turkey Hot Dog **Curly Fries**



13

Supper Menu







Offered Daily at Supper

- Colorful Vegetables
- Assorted Fresh Fruit
- FF Milk & 1% Milk
- Whole Grains

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MONDAY	TUESDAY	Tampa Bay wednesday	THURSDAY	FRIDAY
		WG Turkey & Cheddar Hoagie Fresh Baby Carrots	WG Tony's Pepperoni Pizza Celery Sticks	Cheese Stick, Turkey Cubes, WG Sunchips Cherry Tomatoes
6	7	8	9	10
WG Mini Corn Dog Cherry Tomatoes	Cheese Stick, Turkey Cubes, WG Sunchips Fresh Baby Carrots	WG Flatbread w/ Hard Boiled Egg & PB Cup Celery Sticks	WG Turkey & Cheddar Hoagie Mini <mark>Deli Sal</mark> ad	HOLIDAY
				TIOLIDAT
Turkey Coins, Cheese Cubes,& WG Pretzel Stick Celery Sticks	WG Chicken Quesadilla Red Golds Salsa	WG Bean and Cheese Burrito Broccoli Florets	WG Flatbread, Mozzarella, Pepperoni & Marinara Cup	WG Creamy Mac & Cheese Cherry Tomatoes

HOLIDAY

HOLIDAY

HOLIDAY

Happy Thanksgiving

HOLIDAY

WG Mini Corn Dog Cherry Tomatoes

Cheese Stick, Turkey Cubes, WG Sunchips Fresh Baby Carrots

WG Flatbread w/ Hard Boiled Egg & PB Cup Celery Sticks

WG Turkey & Cheddar Hoagie Mini Deli Salad