

MONDAY

K-12 Breakfast and Lunch Menu





TUESDAY

BREAKFAST

Sausage Biscuit or Warm Biscuits

LUNCH

Creamy Chicken Alfredo w/Garlic Breadstick

Parmesan Green Peas

Seasoned Carrots

BREAKFAST

Bacon, Egg & Cheese Pancake Sandwich

LUNCH

Turkey Hot Dog

Bean Chili

Curly Fries

WEDNESDAY BREAKFAST

Plain Bagel

LUNCH

Meatball Sub

Homemade Marinara Sauce

Zesty Lemon Broccoli

BREAKFAST

Warm Brown Sugar Pecan Oatmeal &

Cracker Coins

LUNCH

Calabaza con Pollo

Corn Tortillas

Spanish Rice

Steamed Corn

BREAKFAST

Pumpkin Spice Muffin Tops

LUNCH

Thanksgiving Holiday Meal

2

9

16

23

THURSDA **BREAKFAST**

Big Breakfast Kolache

LUNCH

Shredded Chicken Burrito Bowl

Warm Flour Tortillas

Black Bean & Corn Saute

Mini Shredded Romaine Tomato Salad

BREAKFAST

Turkey Ham, Egg and Cheddar Croissant

LUNCH

Beefy Bean Chili

Cornbread

Baked Potatoes

Veggie Ranch Cup

BREAKFAST

Breakfast Pizza

LUNCH

Beef Nachos or Plant Protein Nachos

Mini Shredded Romaine Tomato Salad

Refried Beans

BREAKFAST

FRIDAY

Chicken and Waffle Sandwich

LUNCH

Fish Dippers or Steak Fingers Whole Grain Dinner Roll Country Style Green Beans Sweet Potato Waffle Fries

10

BREAKFAST

Pancake On a Stick

LUNCH

Chicken Dumplings with Orange Sauce Veggie Eggroll Asian Kale Salad Roasted Red Pepper Edamame

17

BREAKFAST

Canadian Ham Breakfast Sandwich

LUNCH

Cheese Pizza or Pepperoni Pizza Caesar Salad Crumbly Ranch Cauliflower with Buffalo Sauce

24

HOLIDAY

BREAKFAST

Gingerbread Texas

LUNCH

Beefsteak Cheeseburger or Beefsteak Hamburger **Curly Fries** Deluxe Deli Salad

BREAKFAST 13

Bean & Cheese Tamales

LUNCH

Crispy Chicken Sandwich, Crispy Fish Sandwich or Spicy Crispy Chicken Sandwich Deluxe Deli Salad Parmesan Carrot Fries

20

HOLIDAY

HOLIDAY

HOLIDAY

Thanksgiving

BREAKFAST 27

Gingerbread Texas

LUNCH

Beefsteak Cheeseburger or Beefsteak Hamburger **Curly Fries** Deluxe Deli Salad

28

7

14

21

Sausage Biscuit or Warm Biscuits

BREAKFAST

LUNCH

Creamy Chicken Alfredo w/Garlic Breadstick Parmesan Green Peas Seasoned Carrots

29

8

15

22

BREAKFAST

Warm Brown Sugar Pecan Oatmeal & Cracker Coins

LUNCH

Calabaza con Pollo Corn Tortillas Spanish Rice Steamed Corn

30

Turkey Ham, Egg and Cheddar Croissant

BREAKFAST

LUNCH

Beefy Bean Chili Cornbread **Baked Potatoes** Veggie Ranch Cup



At Breakfast

Offered Daily

- Assorted Fresh Fruit
- FF Milk / 1% Milk
- 100% Fruit Juice
- Whole Grains
- Assorted Cereal & Cracker Pack

At Lunch

- Colorful Vegetables
- Assorted Fresh Fruit
- FF Milk & 1% Milk

Notice About Menu Changes:

Although we strive to serve the scheduled menu, the menu may change without prior notice based on product

This institution is an equal opportunity provider.



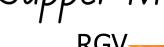
HOLIDAY

Corn Dog

Cherry Tomatoes

NOVEMBER

Supper Menu





HOLIDAY



Offered Daily at Supper

- Colorful Vegetables
- Assorted Fresh Fruit
- FF Milk & 1% Milk
- Whole Grains

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		RGV—		
MONDAY WANTED	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3
		Bean and Cheese Burrito Cucumber Slices	Personal Pizza Marinara Dipping Sauce	Turkey Ham Cubes, Hummus & Sunchips Celery Sticks
6	7	8	9	10
Corn Dog Cherry Tomatoes	Pizza S'wich Marinara Dipping Sauce	Pancake Sandwich & Cheese Stick Celery Sticks w/ PB Cup	Turkey & Cheddar Hoagie Mini Deli Salad	Twisted WG Cheesy Breadstick Marinara Dipping Sauce
13	14	15	16	17
Turkey Cubes, Cheese Cubes,& Pretzel Bites Celery Sticks	Creamy Mac & Cheese Cherry Tomatoes	Chicken Dippers Fresh Baby Carrots	Pumpkin Parfait Cucumber Slices	Philly Cheesesteak Pinwheel Broccoli Florets

HOLIDAY

Pancake Sandwich & Cheese Stick

Celery Sticks w/ PB Cup

Happy

Thanksgiving

Turkey & Cheddar Hoagie

Mini Deli Salad

22

HOLIDAY

Pizza S'wich

Marinara Dipping Sauce

28