



# NOVEMBER

## K-12 Breakfast and Lunch Menu

Greater Cincinnati



### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

		<b>1</b> <b>BREAKFAST</b> Blueberry Muffin & Yogurt Cup <b>LUNCH</b> Meatball Sub Fresh Broccoli w/ Ranch	<b>2</b> <b>BREAKFAST</b> Bean and Cheese Breakfast Burrito <b>LUNCH</b> Corn Dog Sweet Potato Waffle Fries	<b>3</b> <b>BREAKFAST</b> Chicken Biscuit Sandwich <b>LUNCH</b> Chicken Dippers Warm Dinner Roll Country Style Green Beans
<b>6</b> <b>BREAKFAST</b> Cinni Minis <b>LUNCH</b> Classic Cheeseburger or Hamburger Parmesan Carrot Fries	<b>7</b> <b>BREAKFAST</b> Warm Biscuit <b>LUNCH</b> Creamy Chicken Alfredo w/Garlic Breadstick Seasoned Green Peas	<b>8</b> <b>BREAKFAST</b> Pumpkin Bread <b>LUNCH</b> Chicken Pot Pie with Biscuit Fresh Broccoli w/ Ranch	<b>9</b> <b>BREAKFAST</b> Turkey, Egg and Cheddar BOB <b>LUNCH</b> Cincinnati Chili Cucumber Slices	<b>10</b> <b>BREAKFAST</b> Pancake on a Stick (IW) <b>LUNCH</b> Chicken Dumplings with Orange Sauce Roasted Red Pepper Edamame
<b>13</b> <b>BREAKFAST</b> Breakfast Pizza (IW) <b>LUNCH</b> Crispy Chicken Sandwich Sweet Potato Waffle Fries	<b>14</b> <b>BREAKFAST</b> Bacon, Egg & Cheese Pancake Sandwich <b>LUNCH</b> Hot Dog Curly Fries	<b>15</b> <b>BREAKFAST</b> Bagel <b>LUNCH</b> Thanksgiving Holiday Meal	<b>16</b> <b>BREAKFAST</b> Pumpkin Parfait <b>LUNCH</b> Beefy Nachos Refried Beans	<b>17</b> <b>BREAKFAST</b> Breakfast Stuffed Sandwich <b>LUNCH</b> Personal Pepperoni Pizza or Personal Cheese Pizza Crumbly Ranch Cauliflower
<b>20</b> <b>BREAKFAST</b> Snack'n Waffles <b>LUNCH</b> Crispy Chicken Drumsticks Warm Dinner Roll Mashed Potatoes	<b>21</b> <b>BREAKFAST</b> Canadian Ham Breakfast Sandwich <b>LUNCH</b> Crispy Fish Sandwich Baked Beans	<b>22</b> <b>HOLIDAY</b>	<b>23</b> <b>Happy Thanksgiving</b>	<b>24</b> <b>HOLIDAY</b>
<b>27</b> <b>BREAKFAST</b> Cinni Minis <b>LUNCH</b> Classic Cheeseburger or Hamburger Parmesan Carrot Fries	<b>28</b> <b>BREAKFAST</b> Warm Biscuit <b>LUNCH</b> Creamy Chicken Alfredo w/Garlic Breadstick Seasoned Green Peas	<b>29</b> <b>BREAKFAST</b> Pumpkin Bread <b>LUNCH</b> Chicken Pot Pie with Biscuit Fresh Broccoli w/ Ranch	<b>30</b> <b>BREAKFAST</b> Turkey, Egg and Cheddar BOB <b>LUNCH</b> Cincinnati Chili Cucumber Slices	



## Offered Daily

### At Breakfast

- Assorted Fresh Fruit
- FF Milk / 1% Milk
- 100% Fruit Juice
- Whole Grains
- Assorted Cereal & Cracker Pack

### At Lunch

- Colorful Vegetables
- Assorted Fresh Fruit
- FF Milk & 1% Milk

### Notice About Menu Changes:

Although we strive to serve the scheduled menu, the menu may change without prior notice based on product availability.

This institution is an equal opportunity provider.