

K-12 Breakfast and Lunch Menu





WEDNESDAY **BREAKFAST**

Plain Bagel

LUNCH

Meatball Sub

Homemade Marinara Sauce

Zesty Lemon Broccoli

BREAKFAST

Warm Brown Sugar Pecan Oatmeal &

Cracker Coins

LUNCH

Cubano Sandwich

Creamy Cucumber Salad

Sweet Potato Waffle Fries



2

THURSDA



Shredded Chicken Burrito Bowl Warm Flour Tortillas Black Bean & Corn Saute Mini Shredded Romaine Tomato Salad

BREAKFAST

Turkey Ham, Egg and Cheddar Croissant

LUNCH

BREAKFAST

Breakfast Pizza

LUNCH

Beef Nachos or Plant Protein Nachos

Mini Shredded Romaine Tomato Salad

Refried Beans

Beefy Bean Chili Cornbread **Baked Potatoes** Veggie Ranch Cup

17

Canadian Ham Breakfast Sandwich

LUNCH

Cheese Pizza or Pepperoni Pizza Caesar Salad Crumbly Ranch Cauliflower with Buffalo



FRIDAY



Fish Dippers or Steak Fingers Whole Grain Dinner Roll Country Style Green Beans Sweet Potato Waffle Fries

BREAKFAST

Pancake On a Stick

LUNCH

Chicken Dumplings with Orange Sauce Veggie Eggroll Asian Kale Salad Roasted Red Pepper Edamame

BREAKFAST

Sauce

10

HOLIDAY

BREAKFAST

Gingerbread Texas

LUNCH

Beefsteak Cheeseburger or Beefsteak Hamburger **Curly Fries** Deluxe Deli Salad

BREAKFAST

20

27

Bean & Cheese Tamales

LUNCH

Crispy Chicken Sandwich, Crispy Fish Sandwich, or Spicy Crispy Chicken Sandwich Deluxe Deli Salad Parmesan Carrot Fries

HOLIDAY

BREAKFAST

BREAKFAST

Sausage Biscuit or Warm Biscuits

LUNCH

Parmesan Green Peas Seasoned Carrots

Bean Chili **Curly Fries**

Creamy Chicken Alfredo w/Garlic Breadstick

BREAKFAST

Bacon, Egg & Cheese Pancake Sandwich

LUNCH

Turkey Hot Dog

15

BREAKFAST

Pumpkin Spice Muffin Tops

LUNCH

Thanksgiving Holiday Meal

HOLIDAY

BREAKFAST

Happy Thanksgiving

Turkey Ham, Egg and Cheddar Croissant

BREAKFAST

LUNCH

Beefy Bean Chili Cornbread **Baked Potatoes** Veggie Ranch Cup

Notice About Menu Changes:

KIDS HERE

Offered Daily

At Breakfast

Assorted Cereal & Cracker

At Lunch

Colorful Vegetables

Assorted Fresh Fruit

FF Milk & 1% Milk

Assorted Fresh Fruit

FF Milk / 1% Milk

100% Fruit Juice

Whole Grains

Pack

Although we strive to serve the scheduled menu, the menu may change without prior notice based on product

This institution is an equal opportunity provider.

Gingerbread Texas LUNCH

Beefsteak Cheeseburger or Beefsteak Hamburger **Curly Fries** Deluxe Deli Salad

28

21

BREAKFAST

Sausage Biscuit or Warm Biscuits

HOLIDAY

LUNCH

Creamy Chicken Alfredo w/Garlic Breadstick Parmesan Green Peas Seasoned Carrots

29

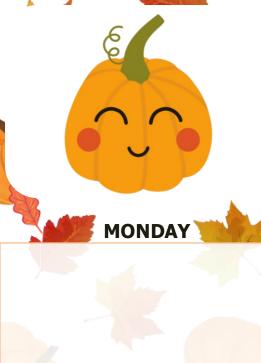
22

Warm Brown Sugar Pecan Oatmeal &

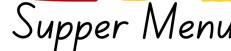
Cracker Coins

LUNCH

Cubano Sandwich Creamy Cucumber Salad Sweet Potato Waffle Fries



VENDER Supper Menu











Offered Daily at Supper

- Colorful Vegetables
- Assorted Fresh Fruit
- FF Milk & 1% Milk
- Whole Grains

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15

22



Bean and Cheese Burrito Cucumber Slices

Pancake Sandwich & Cheese Stick

Celery Sticks w/ PB Cup

Chicken Dippers

Fresh Baby Carrots

Personal Pizza Marinara Dipping Sauce Turkey Ham Cubes, Hummus & Sunchips **Celery Sticks**

10

Turkey & Cheddar Hoagie Mini Deli Salad

Twisted WG Cheesy Breadstick Marinara Dipping Sauce

HOLIDAY

Pumpkin Parfait **Cucumber Slices**

Philly Cheesesteak Pinwheel **Broccoli Florets**

Happy Thanksgiving

HOLIDAY

Turkey & Cheddar Hoagie Mini Deli Salad

Turkey Cubes, Cheese Cubes,& Pretzel Bites Celery Sticks

Corn Dog

Cherry Tomatoes

HOLIDAY

Corn Dog

Cherry Tomatoes

Pizza S'wich Marinara Dipping Sauce

HOLIDAY

Pizza S'wich

Marinara Dipping Sauce

Creamy Mac & Cheese

Cherry Tomatoes

Pancake Sandwich & Cheese Stick Celery Sticks w/ PB Cup