



Try the
MAY Harvest of the Month!

POTATOES

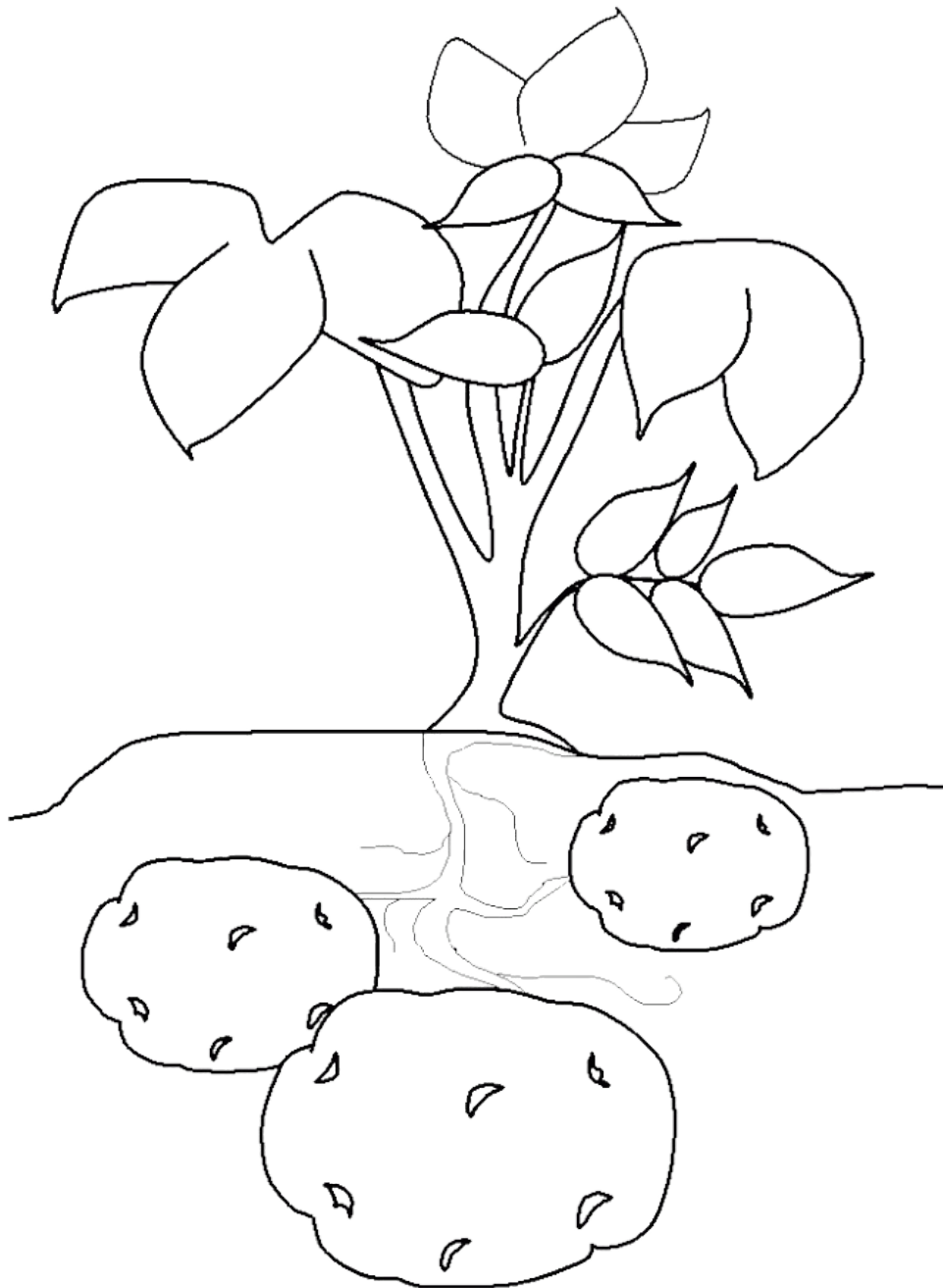


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Coloring Activity



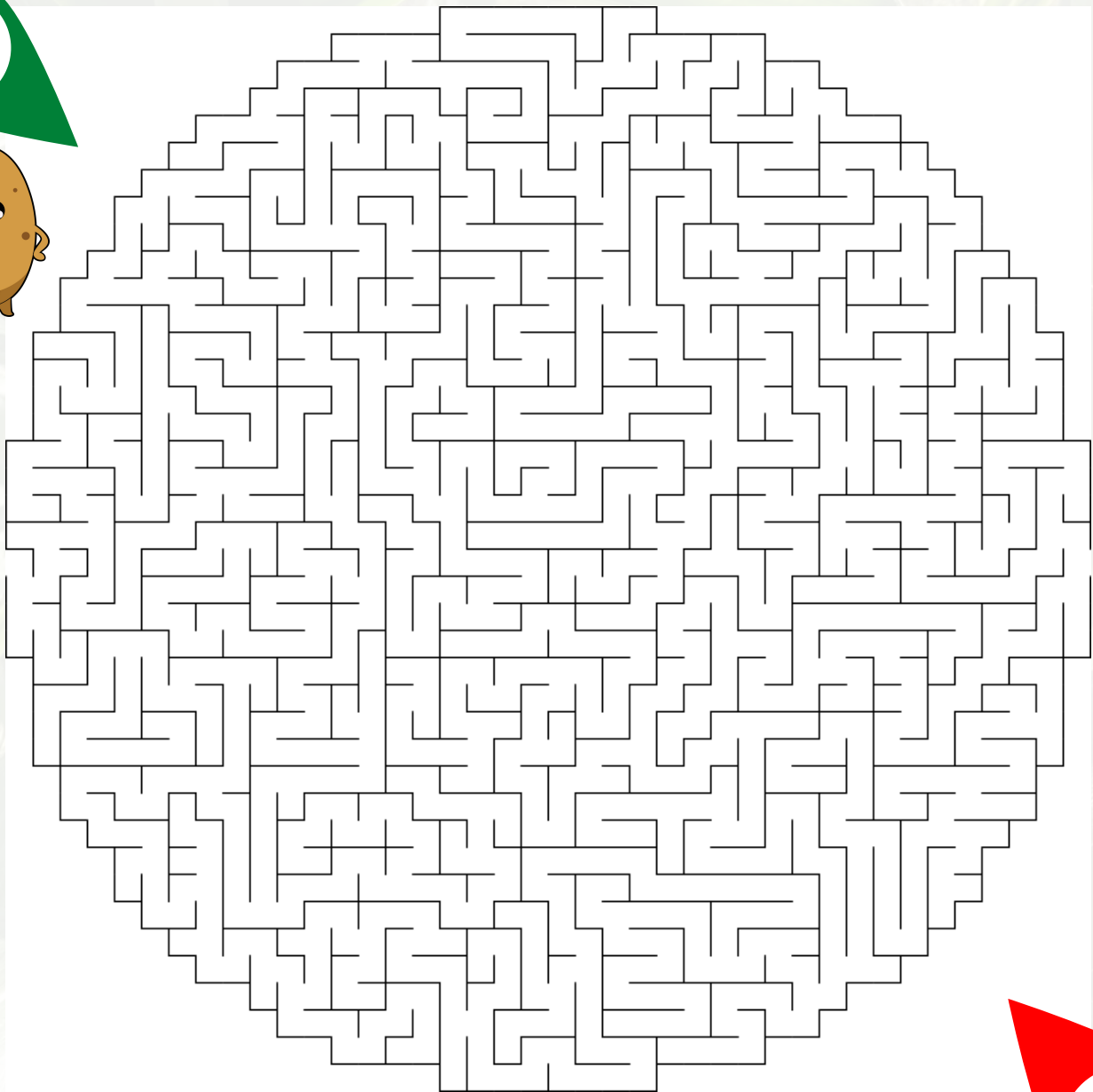
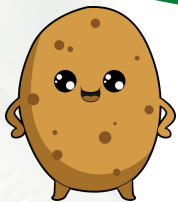
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Maze

Directions:
Find your way to the end of the Maze!



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Word Scramble

Directions:
Unscramble the POTATO Related Words!

Scrambled Word

Unscrambled Word

1. TPOAOT
2. SHRII
3. DRE
4. YAM
5. TSWEE
6. ERSSUT
7. AOIHD
8. LOWEYL
9. PPLEUR
10. EITAVIESR
11. ROTO
12. GBIDRE

ANSWER KEY

- | | |
|---------------|-----------|
| 12. BRIDGE | 6. RUSSET |
| 11. ROOT | 5. SWEET |
| 10. VARIETIES | 4. MAY |
| 9. PURPLE | 3. RED |
| 8. YELLOW | 2. IRISH |
| 7. IDAHO | 1. POTATO |



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Word Search

Directions:

- Find the POTATO related words in the puzzle.
- Words can go in any directions and can share letters as they cross over each other.

POTATO
IRISH
RED
MAY

SWEET
RUSSET
IDAHO
YELLOW

PURPLE
VARIETIES
ROOT
BRIDGE

W	B	I	F	A	A	D	F	I	L	S	Q	O	O	Z	W	W	Y	A	R
Y	O	R	Y	I	L	Q	L	I	S	I	N	T	Y	I	A	M	K	U	G
R	N	L	I	C	N	N	S	S	C	W	O	A	F	N	L	H	S	C	Q
F	J	R	L	D	G	D	B	B	Y	S	K	T	Q	O	S	S	G	V	M
T	P	K	R	E	G	N	F	Y	V	P	K	O	R	I	E	B	L	O	S
U	F	H	T	E	Y	E	J	V	E	V	E	P	R	T	D	J	I	E	A
E	R	E	D	O	H	A	D	I	T	U	W	I	V	M	Q	C	I	R	M
R	R	O	O	T	Y	H	W	G	L	W	H	L	E	P	A	T	S	F	G
G	W	Q	B	W	W	D	W	Z	Z	W	K	L	L	V	E	Y	L	F	S
M	O	O	Q	N	S	C	X	N	M	O	P	M	P	I	Y	O	J	V	N
H	Y	P	F	E	O	P	Y	I	P	V	Y	Z	R	C	L	J	M	S	P
D	J	J	A	C	U	X	F	K	N	V	W	A	U	Y	Q	T	N	W	F
E	D	L	H	P	W	N	G	R	J	G	V	T	P	Z	K	T	C	E	D
I	X	L	W	O	F	R	U	U	G	X	I	V	G	W	D	J	S	E	R
Q	T	K	V	I	C	B	S	L	F	J	G	A	J	A	J	Q	Z	T	F





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POTATO VARIETIES

IRISH POTATO



The farm at IDEA Bridge is growing this variety for our students!! Irish potatoes are delicious in prepared baked, mashed or roasted!

RED POTATO



These potatoes are small to medium size, with a thin skin, which you will want to leave on because half the fiber is in the skin!

PURPLE POTATO



Purple Potatoes are a good source of beta carotene. These mildly sweet potatoes taste great when roasted with a little olive oil, salt and garlic!

POTATO FAST FACTS

Thomas Jefferson gets the credit for introducing "French Fries" to the U.S. when he served them at a White House dinner.



The average American eats about 124 pounds of potatoes every year! Germans eat about twice that amount!

Potatoes are grown in all 50 United States and in about 125 countries throughout the world!

Potatoes are most nutritious with the skin on. They are a great source of potassium, vitamin C. With the skin on, they are a good source of fiber.

IDEA FARM NEWS

IDEA Public Schools has 12 IDEA farms that will work to provide the Harvest of the Month and other seasonal produce to IDEA school cafeterias during the 2023-2023 school year.



IDEA Elsa
IDEA Edgemere
IDEA Donna
IDEA Bridge

IDEA Rundberg
IDEA San Benito
IDEA Monterrey Park
IDEA Burke

IDEA Eastside
IDEA Quest
IDEA Horizon Vista
IDEA Achieve



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