

MAY 2023

Pre-K Breakfast and Lunch Menu

Permian Basin



OFFERED DAILY

AT BREAKFAST

- Assorted Fresh Fruit
- FF Milk / 1% Milk
- Fresh Fruit Juice
- Whole Grains
- Assorted Cereal & Cracker Pack

AT LUNCH

- Colorful Vegetables
- Assorted Fresh Fruit
- FF Milk & 1% Milk

NOTICE:

Due to COVID 19, product availability is not stable, and this menu is subject to change without notice based on availability

This institution is an equal opportunity provider.

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
1	BREAKFAST Pancake Sandwich	2	BREAKFAST Cereal or Cereal Cracker Pack	3	BREAKFAST Cinnamon Bagel	4	BREAKFAST Breakfast Pizza	5	BREAKFAST Sausage, Egg and Cheese English Muffin
	LUNCH Cheeseburger or Hamburger Baked Beans		LUNCH Burrito Bowl Cowboy Caviar		LUNCH Crispy Baked Chicken w/ Warm Dinner Roll Rustic Mashed Potatoes w/ Gravy		LUNCH Spaghetti & Meatballs w/ Garlic Breadstick Homemade Marinara Sauce		LUNCH Crispy Chicken Sandwich or Crispy Fish Sandwich Curly Fries
8	BREAKFAST Breakfast Kolache	9	BREAKFAST Fresh Fruit Parfait	10	BREAKFAST Turkey Ham, Egg & Cheddar Croissant	11	BREAKFAST Cereal or Cereal Cracker Pack	12	BREAKFAST Cocoa Banana Overnight Oats
	LUNCH Veggie Pizza Zucchini Bake		LUNCH Carne Guisada w/ Wheat Tortilla Mini Shredded Romaine & Tomato Salad		LUNCH Chicken Teriyaki & Not So Fried Rice Sautéed Asian Vegetables		LUNCH Turkey Hot Dog w/ Bean Chili Curly Fries		LUNCH Steak Fingers or Fish Dippers Country Style Green Beans
15	BREAKFAST Warm Biscuit	16	BREAKFAST Snack N' Waffles	17	BREAKFAST Homemade Granola & Yogurt Cup	18	BREAKFAST Potato, Egg & Cheese Breakfast Burrito	19	BREAKFAST Cereal or Cereal Cracker Pack
	LUNCH Chicken Tamales Cilantro Cabbage Salad		LUNCH Turkey Club Sub Veggie Quinoa Soup		LUNCH Creamy Chicken Alfredo w/ Garlic Breadstick		LUNCH Crispy Beef Tacos Refried Beans		LUNCH Cheese or Pepperoni Pizza Fresh Garden Salad w/Croutons
22	BREAKFAST Pancake Sandwich	23	BREAKFAST Cereal or Cereal Cracker Pack	24	BREAKFAST Cinnamon Bagel	25	BREAKFAST Breakfast Pizza	26	No Class
	LUNCH Cheeseburger or Hamburger Baked Beans		LUNCH Burrito Bowl Cowboy Caviar		LUNCH Crispy Baked Chicken w/ Warm Dinner Roll Rustic Mashed Potatoes w/ Gravy		LUNCH Spaghetti & Meatballs w/ Garlic Breadstick Homemade Marinara Sauce		
29		30		31					