

# MAY 2023

## K-12 Breakfast and Lunch Menu Ohio



### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

<b>1</b>	<b>BREAKFAST</b> Maple Waffle Sandwich	<b>2</b>	<b>BREAKFAST</b> Cinni Minis	<b>3</b>	<b>BREAKFAST</b> Toast & Strawberry Cream	<b>4</b>	<b>BREAKFAST</b> Breakfast Pizza	<b>5</b>	<b>BREAKFAST</b> Sausage, Egg and Cheese English Muffin
	<b>LUNCH</b> Cheeseburger or Hamburger Curly Fries Deluxe Deli Salad		<b>LUNCH</b> Spiced Chicken Pita Cucumber Tomato Edamame Salad		<b>LUNCH</b> Crunchy Chicken Drumsticks Honey Wheat Roll Roasted Zucchini Slices		<b>LUNCH</b> Spaghetti & Meatballs w/ Garlic Breadstick Marinara Sauce Caesar Salad		<b>LUNCH</b> Chicken or Fish Dippers Honey Wheat Roll Sweet Potato Puffs
<b>8</b>	<b>BREAKFAST</b> Banana Muffin	<b>9</b>	<b>BREAKFAST</b> Yogurt Cup with Graham Cracker	<b>10</b>	<b>BREAKFAST</b> Pancake on a Stick	<b>11</b>	<b>BREAKFAST</b> Strawberry or Apple Chi Bar & Yogurt	<b>12</b>	<b>BREAKFAST</b> Turkey, Egg & Cheese Croissant
	<b>LUNCH</b> Veggie Pizza Roasted Ranch Cauliflower		<b>LUNCH</b> Fish & Chips		<b>LUNCH</b> Mandarin Chicken Brown Rice Roasted Broccoli & Mushroom		<b>LUNCH</b> Turkey Hot Dog Vegetarian Baked Beans		<b>LUNCH</b> Crispy Chicken or Fish Sandwich Parmesan Carrot Fries
<b>15</b>	<b>BREAKFAST</b> Blueberry Muffin	<b>16</b>	<b>BREAKFAST</b> Yogurt with Graham Cracker	<b>17</b>	<b>BREAKFAST</b> Bacon, Egg & Cheese Burrito	<b>18</b>	<b>BREAKFAST</b> Biscuit & Jelly	<b>19</b>	<b>BREAKFAST</b> Snack'N Waffles
	<b>LUNCH</b> Cincinnati Chili Corn & Red Bell Pepper Salad		<b>LUNCH</b> Crispy Tacos Shredded Romaine & Tomato Salad Refried Beans		<b>LUNCH</b> Mac & Cheese with Broccoli Honey Wheat Roll Cherry Tomatoes		<b>LUNCH</b> Toasty Turkey & Cheese Sandwich Seasoned Green Beans		<b>LUNCH</b> Pizza Fresh Broccoli with Ranch
<b>22</b>	<b>BREAKFAST</b> Chicken and Waffle Sandwich	<b>23</b>	<b>BREAKFAST</b> Cinni Minis	<b>24</b>	<b>BREAKFAST</b> Toast & Strawberry Cream	<b>25</b>	<b>BREAKFAST</b> Breakfast Pizza	<b>26</b>	<b>BREAKFAST</b> Sausage, Egg and Cheese English Muffin
	<b>LUNCH</b> Cheeseburger or Hamburger Curly Fries Deluxe Deli Salad		<b>LUNCH</b> Spiced Chicken Pita Cucumber Tomato Edamame Salad		<b>LUNCH</b> Crunchy Chicken Drumsticks Honey Wheat Roll Roasted Zucchini Slices		<b>LUNCH</b> Spaghetti & Meatballs w/ Garlic Breadstick Marinara Sauce Caesar Salad		<b>LUNCH</b> Chicken or Fish Dippers Honey Wheat Roll Sweet Potato Puffs
<b>29</b>	<b>BREAKFAST</b> Banana Muffin	<b>30</b>	<b>BREAKFAST</b> Yogurt Cup with Graham Cracker	<b>31</b>	<b>BREAKFAST</b> Pancake on a Stick				
	<b>LUNCH</b> Veggie Pizza Roasted Ranch Cauliflower		<b>LUNCH</b> Fish & Chips		<b>LUNCH</b> Mandarin Chicken Brown Rice Roasted Broccoli & Mushroom				



### OFFERED DAILY

#### AT BREAKFAST

- Assorted Fresh Fruit
- FF Milk / 1% Milk
- Fresh Fruit Juice
- Whole Grains
- Assorted Cereal & Cracker Pack

#### AT LUNCH

- Colorful Vegetables
- Assorted Fresh Fruit
- FF Milk & 1% Milk

#### NOTICE:

Due to COVID 19, product availability is not stable, and this menu is subject to change without notice based on availability

This institution is an equal opportunity provider.