

MAY 2023

Pre-K Breakfast and Lunch Menu

El Paso



OFFERED DAILY

AT BREAKFAST

- Assorted Fresh Fruit
- FF Milk / 1% Milk
- Fresh Fruit Juice
- Whole Grains
- Assorted Cereal & Cracker Pack

AT LUNCH

- Colorful Vegetables
- Assorted Fresh Fruit
- FF Milk & 1% Milk

NOTICE:

Due to COVID 19, product availability is not stable, and this menu is subject to change without notice based on availability

This institution is an equal opportunity provider.

MONDAY

1	BREAKFAST Pancake Sandwich
	LUNCH Cheeseburger or Hamburger Baked Beans
8	BREAKFAST Breakfast Kolache
	LUNCH Veggie Pizza Zucchini Bake
15	BREAKFAST Warm Biscuit
	LUNCH Chicken Tamales Cilantro Cabbage Salad
22	BREAKFAST Pancake Sandwich
	LUNCH Cheeseburger or Hamburger Baked Beans
29	No School

TUESDAY

2	BREAKFAST Cereal or Cereal Cracker Pack
	LUNCH Burrito Bowl Cowboy Caviar
9	BREAKFAST Fresh Fruit Parfait
	LUNCH Carne Guisada w/ Wheat Tortilla Mini Shredded Romaine & Tomato Salad
16	BREAKFAST Snack N' Waffles
	LUNCH Turkey Club Sub Veggie Quinoa Soup
23	BREAKFAST Cereal or Cereal Cracker Pack
	LUNCH Burrito Bowl Cowboy Caviar
30	BREAKFAST Breakfast Kolache
	LUNCH Veggie Pizza Zucchini Bake

WEDNESDAY

3	BREAKFAST Cinnamon Bagel
	LUNCH Crispy Baked Chicken w/ Warm Dinner Roll Rustic Mashed Potatoes w/ Gravy
10	BREAKFAST Turkey Ham, Egg & Cheddar Croissant
	LUNCH Chicken Teriyaki & Not So Fried Rice Sauteed Asian Vegetables
17	BREAKFAST Homemade Granola & Yogurt Cup
	LUNCH Creamy Chicken Alfredo w/ Garlic Breadstick
24	BREAKFAST Cinnamon Bagel
	LUNCH Crispy Baked Chicken w/ Warm Dinner Roll Rustic Mashed Potatoes w/ Gravy
31	BREAKFAST Turkey Ham, Egg & Cheddar Croissant
	LUNCH Chicken Teriyaki & Not So Fried Rice Sauteed Asian Vegetables

THURSDAY

4	BREAKFAST Breakfast Pizza
	LUNCH Spaghetti & Meatballs w/ Garlic Breadstick Homemade Marinara Sauce
11	BREAKFAST Cereal or Cereal Cracker Pack
	LUNCH Turkey Hot Dog w/ Bean Chili Curly Fries
18	BREAKFAST Potato, Egg & Cheese Breakfast Burrito
	LUNCH Crispy Beef Tacos Refried Beans
25	BREAKFAST Breakfast Pizza
	LUNCH Spaghetti & Meatballs w/ Garlic Breadstick Homemade Marinara Sauce

FRIDAY

5	BREAKFAST Sausage, Egg and Cheese English Muffin
	LUNCH Crispy Chicken Sandwich or Crispy Fish Sandwich Curly Fries
12	BREAKFAST Cocoa Banana Overnight Oats
	LUNCH Steak Fingers or Fish Dippers Country Style Green Beans
19	BREAKFAST Cereal or Cereal Cracker Pack
	LUNCH Cheese or Pepperoni Pizza Fresh Garden Salad w/Croutons
26	BREAKFAST Sausage, Egg and Cheese English Muffin
	LUNCH Crispy Chicken Sandwich or Crispy Fish Sandwich Curly Fries