

# MAY 2023

## K-12 Breakfast and Lunch Menu

### El Paso



#### OFFERED DAILY

##### AT BREAKFAST

- Assorted Fresh Fruit
- FF Milk / 1% Milk
- Fresh Fruit Juice
- Whole Grains
- Assorted Cereal & Cracker Pack

##### AT LUNCH

- Colorful Vegetables
- Assorted Fresh Fruit
- FF Milk & 1% Milk

#### NOTICE:

Due to COVID 19, product availability is not stable, and this menu is subject to change without notice based on availability

This institution is an equal opportunity provider.

#### MONDAY

<b>1</b>	<b>BREAKFAST</b> Pancake Sandwich
	<b>LUNCH</b> Cheeseburger or Hamburger Baked Beans Deluxe Deli Salad
<b>8</b>	<b>BREAKFAST</b> Breakfast Kolache
	<b>LUNCH</b> Veggie Pizza Zucchini Bake Fresh Garden Salad w/ Croutons
<b>15</b>	<b>BREAKFAST</b> Warm Biscuit
	<b>LUNCH</b> Chicken Tamales Cilantro Cabbage Salad Pico De Gallo
<b>22</b>	<b>BREAKFAST</b> Pancake Sandwich
	<b>LUNCH</b> Cheeseburger or Hamburger Baked Beans Deluxe Deli Salad
<b>29</b>	<b>No School</b>

#### TUESDAY

<b>2</b>	<b>BREAKFAST</b> Blueberry Muffin Tops
	<b>LUNCH</b> Burrito Bowl Cowboy Caviar Shredded Romaine
<b>9</b>	<b>BREAKFAST</b> Fresh Fruit Parfait
	<b>LUNCH</b> Carne Guisada w/ Wheat Tortilla Mini Romaine & Tomato Salad Roasted Jalapeno Corn
<b>16</b>	<b>BREAKFAST</b> Snack N' Waffles
	<b>LUNCH</b> Turkey Club Sub Veggie Quinoa Soup Deluxe Deli Salad
<b>23</b>	<b>BREAKFAST</b> Blueberry Muffin Tops
	<b>LUNCH</b> Burrito Bowl Cowboy Caviar Shredded Romaine
<b>30</b>	<b>BREAKFAST</b> Breakfast Kolache
	<b>LUNCH</b> Veggie Pizza Zucchini Bake Fresh Garden Salad w/ Croutons

#### WEDNESDAY

<b>3</b>	<b>BREAKFAST</b> Cinnamon Bagel
	<b>LUNCH</b> Crispy Baked Chicken w/ Warm Dinner Roll Rustic Mashed Potatoes w/ Gravy Carrot Craisin Salad
<b>10</b>	<b>BREAKFAST</b> Turkey Ham, Egg & Cheddar Croissant
	<b>LUNCH</b> Chicken Teriyaki & Not So Fried Rice Sautéed Asian Vegetables Asian Kale Salad
<b>17</b>	<b>BREAKFAST</b> Homemade Granola & Yogurt Cup
	<b>LUNCH</b> Creamy Chicken Alfredo w/ Garlic Breadstick Roasted Veggies Parmesan Green Peas
<b>24</b>	<b>BREAKFAST</b> Cinnamon Bagel
	<b>LUNCH</b> Crispy Baked Chicken w/ Warm Dinner Roll Rustic Mashed Potatoes w/ Gravy Carrot Craisin Salad
<b>31</b>	<b>BREAKFAST</b> Turkey Ham, Egg & Cheddar Croissant
	<b>LUNCH</b> Chicken Teriyaki & Not So Fried Rice Sautéed Asian Vegetables Asian Kale Salad

#### THURSDAY

<b>4</b>	<b>BREAKFAST</b> Breakfast Pizza
	<b>LUNCH</b> Spaghetti & Meatballs w/ Garlic Breadstick Homemade Marinara Sauce Cucumber Ranch Cup
<b>11</b>	<b>BREAKFAST</b> Strawberry or Apple Chi Bar & Greek Yogurt
	<b>LUNCH</b> Turkey Hot Dog Bean Chili Curly Fries
<b>18</b>	<b>BREAKFAST</b> Potato, Egg & Cheese Breakfast Burrito
	<b>LUNCH</b> Crispy Beef Tacos Refried Beans Shredded Romaine & Tomato Salad
<b>25</b>	<b>BREAKFAST</b> Breakfast Pizza
	<b>LUNCH</b> Spaghetti & Meatballs w/ Garlic Breadstick Homemade Marinara Sauce Cucumber Ranch Cup

#### FRIDAY

<b>5</b>	<b>BREAKFAST</b> Sausage, Egg and Cheese English Muffin
	<b>LUNCH</b> Crispy Chicken Sandwich or Crispy Fish Sandwich Curly Fries Deluxe Deli Salad
<b>12</b>	<b>BREAKFAST</b> Cocoa Banana Overnight Oats
	<b>LUNCH</b> Steak Fingers or Fish Dippers Country Style Green Beans Sweet Potato Puffs
<b>19</b>	<b>BREAKFAST</b> Banana Nut Muffin
	<b>LUNCH</b> Cheese or Pepperoni Pizza Fresh Garden Salad w/ Croutons Crumbly Ranch Cauliflower w/ Buffalo Sauce
<b>26</b>	<b>BREAKFAST</b> Sausage, Egg and Cheese English Muffin
	<b>LUNCH</b> Crispy Chicken Sandwich or Crispy Fish Sandwich Curly Fries Deluxe Deli Salad

# MAY 2023

## K-12<sup>th</sup> SUPER MENU

### El Paso



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Bean & Cheese Burrito Cucumber	2 Turkey Wrap Hummus Cup Mini Deli Salad	3 Personal Pizza Celery Sticks	4 Cold Ham & Cheese Croissant Baby Carrots	5 Mozzarella Pearls Turkey Cubes Sunchips Cherry Tomatoes
8 Corn Dog Cherry Tomatoes	9 Turkey Ham Cubes Hummus Sunchips Baby Carrots	10 Waffle Flatbread Hardboiled Egg PB Cup	11 Turkey & Cheddar Hoagie Mini Deli Salad	12 Twisted WG Cheesy Breadstick Marinara Cup
15 Turkey Cubes Cheese Cubes Pretzel Bites Celery Sticks	16 Chili Verde Chicken Quesadilla Salsa Cup	17 Chicken Sliders Mini Deli Salad	18 Flatbread Shredded Mozzarella Pepperoni Marinara Cup	19 Mac & Cheese w/ Broccoli Cherry Tomatoes
22 Bean & Cheese Burrito Cucumber	23 Turkey Wrap Hummus Cup Mini Deli Salad	24 Personal Pizza Celery Sticks	25 Cold Ham & Cheese Croissant Baby Carrots	26 Mozzarella Pearls Turkey Cubes Sunchips Cherry Tomatoes
29 No School	30 Corn Dog Cherry Tomatoes	31 Waffle Flatbread Hardboiled Egg PB Cup		



#### OFFERED DAILY



#### AT SUPPER

- Colorful Vegetables
- Assorted Fresh Fruit
- FF Milk
- 1% Milk
- Whole Grains



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