

# MAY 2023

## K-12 Breakfast and Lunch Menu

### Baton Rouge



#### MONDAY

#### TUESDAY

#### WEDNESDAY

#### THURSDAY

#### FRIDAY

<b>1</b>	<b>BREAKFAST</b> Chicken Sausage Pancake Sandwich	<b>2</b>	<b>BREAKFAST</b> Blueberry Muffin Tops	<b>3</b>	<b>BREAKFAST</b> Bagel with Cheese Stick	<b>4</b>	<b>BREAKFAST</b> Breakfast Pizza	<b>5</b>	<b>BREAKFAST</b> Sausage, Egg and Cheese Bob
	<b>LUNCH</b> Cheeseburger or Hamburger Baked Beans Deluxe Deli Salad		<b>LUNCH</b> Creamy Chicken & Sausage Pastalaya Honey Wheat Roll Seasoned Corn		<b>LUNCH</b> Crispy Baked Chicken w/ Warm Dinner Roll Rustic Mashed Potatoes w/ Gravy Carrot Craisin Salad		<b>LUNCH</b> Spaghetti & Meatballs w/ Garlic Breadstick Homemade Marinara Sauce Cucumber Ranch Cup		<b>LUNCH</b> Crispy Chicken Sandwich or Fish Sandwich Curly Fries Deluxe Deli Salad
<b>8</b>	<b>BREAKFAST</b> Pancake & Sausage on a Stick	<b>9</b>	<b>BREAKFAST</b> Fresh Fruit Parfait	<b>10</b>	<b>BREAKFAST</b> Turkey Ham, Egg & Cheddar Croissant	<b>11</b>	<b>BREAKFAST</b> Strawberry or Apple Chia Bar Greek Yogurt	<b>12</b>	<b>BREAKFAST</b> Cocoa Banana Overnight Oats
	<b>LUNCH</b> Veggie Pizza Zucchini Bake Fresh Garden Salad w/ Croutons		<b>LUNCH</b> Red Beans & Sausage Over Rice Honey Wheat Roll Roasted Cajun Okra		<b>LUNCH</b> Chicken Teriyaki & Not So Fried Rice Sauteed Asian Vegetables Asian Kale Salad		<b>LUNCH</b> Turkey Hot Dog Bean Chili Curly Fries		<b>LUNCH</b> Chicken Tenders or Fish Dippers Country Style Green Beans Sweet Potato Puff
<b>15</b>	<b>BREAKFAST</b> Warm Biscuits	<b>16</b>	<b>BREAKFAST</b> Snack N' Waffles	<b>17</b>	<b>BREAKFAST</b> Homemade Granola & Yogurt Cup	<b>18</b>	<b>BREAKFAST</b> Potato, Egg & Cheese Breakfast Burrito	<b>19</b>	<b>BREAKFAST</b> Banana Nut Muffin
	<b>LUNCH</b> BBQ Chicken Drumstick Honey Wheat Roll Redskin Potato Salad Corn on the Cobb		<b>LUNCH</b> Turkey Club Sub Veggie Quinoa Soup Deluxe Deli Salad		<b>LUNCH</b> Creamy Chicken Alfredo Cheesy Garlic Breadstick Parmesan Peas Roasted Vegetables		<b>LUNCH</b> Crispy Beef Tacos Refried Beans Shredded Romaine & Tomato Salad		<b>LUNCH</b> Pizza Fresh Garden Salad w/Croutons Buffalo Cauliflower Wings
<b>22</b>	<b>BREAKFAST</b> Chicken Sausage Pancake Sandwich	<b>23</b>	<b>BREAKFAST</b> Blueberry Muffin Tops	<b>24</b>	<b>BREAKFAST</b> Bagel with Cheese Stick	<b>25</b>	<b>BREAKFAST</b> Breakfast Pizza	<b>26</b>	<b>BREAKFAST</b> Sausage, Egg and Cheese Bob
	<b>LUNCH</b> Cheeseburger or Hamburger Baked Beans Deluxe Deli Salad		<b>LUNCH</b> Creamy Chicken & Sausage Pastalaya Honey Wheat Roll Seasoned Corn		<b>LUNCH</b> Crispy Baked Chicken w/ Warm Dinner Roll Rustic Mashed Potatoes w/ Gravy Carrot Craisin Salad		<b>LUNCH</b> Spaghetti & Meatballs w/ Garlic Breadstick Homemade Marinara Sauce Cucumber Ranch Cup		<b>LUNCH</b> Crispy Chicken Sandwich or Fish Sandwich Curly Fries Deluxe Deli Salad
<b>29</b>		<b>30</b>		<b>31</b>					



#### OFFERED DAILY

##### AT BREAKFAST

- Assorted Fresh Fruit
- FF Milk / 1% Milk
- Fresh Fruit Juice
- Whole Grains
- Assorted Cereal & Cracker Pack

##### AT LUNCH

- Colorful Vegetables
- Assorted Fresh Fruit
- FF Milk & 1% Milk

##### NOTICE:

Due to COVID 19, product availability is not stable, and this menu is subject to change without notice based on availability

This institution is an equal opportunity provider.

# MAY 2023

## K-12<sup>th</sup> SUPER MENU

### Baton Rouge



#### OFFERED DAILY



#### AT SUPPER

- Colorful Vegetables
- Assorted Fresh Fruit
- FF Milk
- 1% Milk
- Whole Grains



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MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
1	WowButter & Jelly Sandwich Cheese Stick Cucumber	2	Turkey Wrap Mini Deli Salad	3	Turkey & Cheddar Hoagie Baby Carrots	4	Personal Pizza Celery Sticks	5	Turkey Cubes Cheese Sticks Cherry Tomatoes Sunchips
8	Mini Corn Dog Cherry Tomatoes	9	Turkey Ham Cubes Bean Dip Sunchips Baby Carrots	10	Flatbread Hardboiled Egg Celery Sticks PB Cup	11	Turkey & Cheddar Hoagie Mini Deli Salad	12	Twisted WG Cheesy Breadstick Marinara Cup
15	Turkey Cubes Cheese Cubes Pretzel Stick Celery Sticks	16	Chicken Quesadilla Salsa Cup	17	Beef & Cheese Burrito Broccoli Florets	18	Flatbread Shredded Mozzarella Pepperoni Marinara Cup	19	Mac & Cheese w/ Broccoli Cherry Tomatoes
22	WowButter & Jelly Sandwich Cheese Stick Cucumber	23	Turkey Wrap Mini Deli Salad	24	Turkey & Cheddar Hoagie Baby Carrots	25	Personal Pizza Celery Sticks	26	Turkey Cubes Cheese Sticks Cherry Tomatoes Sunchips
29		30		31					