

MAY 2023

Pre-K Breakfast and Lunch Menu

Brownsville



OFFERED DAILY

AT BREAKFAST

- Assorted Fresh Fruit
- FF Milk / 1% Milk
- Fresh Fruit Juice
- Whole Grains
- Assorted Cereal & Cracker Pack

AT LUNCH

- Colorful Vegetables
- Assorted Fresh Fruit
- FF Milk & 1% Milk

NOTICE:

Due to COVID 19, product availability is not stable, and this menu is subject to change without notice based on availability

This institution is an equal opportunity provider.

MONDAY

1 **BREAKFAST**
Pancake Sandwich

LUNCH
Cheeseburger or Hamburger
Baked Beans

8 **BREAKFAST**
Breakfast Kolache

LUNCH
Veggie Pizza
Zucchini Bake

15 **BREAKFAST**
Warm Biscuit

LUNCH
Chicken Tamales
Cilantro Cabbage Salad

22 **BREAKFAST**
Pancake Sandwich

LUNCH
Cheeseburger or Hamburger
Baked Beans

29

TUESDAY

2 **BREAKFAST**
Cereal or Cereal Cracker Pack

LUNCH
Burrito Bowl
Cowboy Caviar

9 **BREAKFAST**
Fresh Fruit Parfait

LUNCH
Carne Guisada w/ Wheat Tortilla
Mini Shredded Romaine
& Tomato Salad

16 **BREAKFAST**
Snack N' Waffles

LUNCH
Turkey Club Sub
Veggie Quinoa Soup

23 **BREAKFAST**
Cereal or Cereal Cracker Pack

LUNCH
Burrito Bowl
Cowboy Caviar

30

WEDNESDAY

3 **BREAKFAST**
Cinnamon Bagel

LUNCH
Crispy Baked Chicken
w/ Warm Dinner Roll
Rustic Mashed Potatoes w/ Gravy

10 **BREAKFAST**
Turkey Ham, Egg & Cheddar Croissant

LUNCH
Chicken Teriyaki & Not So Fried Rice
Sauteed Asian Vegetables

17 **BREAKFAST**
Homemade Granola & Yogurt Cup

LUNCH
Creamy Chicken Alfredo w/
Garlic Breadstick

24 **BREAKFAST**
Cinnamon Bagel

LUNCH
Crispy Baked Chicken
w/ Warm Dinner Roll
Rustic Mashed Potatoes w/ Gravy

31

THURSDAY

4 **BREAKFAST**
Breakfast Pizza

LUNCH
Spaghetti &
Meatballs w/ Garlic Breadstick
Homemade Marinara Sauce

11 **BREAKFAST**
Cereal or Cereal Cracker Pack

LUNCH
Turkey Hot Dog w/ Bean Chili
Curly Fries

18 **BREAKFAST**
Potato, Egg & Cheese Breakfast Burrito

LUNCH
Crispy Beef Tacos
Refried Beans

25 **BREAKFAST**
Breakfast Pizza

LUNCH
Spaghetti &
Meatballs w/ Garlic Breadstick
Homemade Marinara Sauce

FRIDAY

5 **BREAKFAST**
Sausage, Egg and Cheese
English Muffin

LUNCH
Crispy Chicken Sandwich or
Crispy Fish Sandwich
Curly Fries

12 **BREAKFAST**
Cocoa Banana Overnight Oats

LUNCH
Steak Fingers or Fish Dippers
Country Style Green Beans

19 **BREAKFAST**
Cereal or Cereal Cracker Pack

LUNCH
Cheese or Pepperoni Pizza
Fresh Garden Salad w/ Croutons

26 **BREAKFAST**
Sausage, Egg and Cheese
English Muffin

LUNCH
Crispy Chicken Sandwich or
Crispy Fish Sandwich
Curly Fries