

## COMMUNITY HEALTH, BEHAVIORAL, SOCIAL SERVICES RESOURCE GUIDE

### Behavioral/Mental Health Assistance

ORGANIZATION NAME	ABOUT	CONTACT INFORMATION
My Health My Resources- Tarrant County  *Multiple locations, multiple treatments options, see website for more information.	Provides 24/7 community-based services for youth and adults with developmental disabilities, mental health conditions, and substance use disorders. Through a variety of outpatient, residential, and crisis support services people of all ages can get the help they need.	3840 Hulen Street Fort Worth, TX 76107(817) 569- 4300 Crisis line: (817) 335- 3022 <a href="http://www.mhmrtarrant.org/">http://www.mhmrtarrant.org/</a>
JPS Health Network  *Multiple locations, multiple treatments options, see website for more information	Provides inpatient, outpatient, and peer and family services for adults and adolescents. Accepts most insurance plans and offers multiple payment assistance programs for services.	Viola Pitts/Como Health Center 4701 Bryant Irvin Road N. Fort Worth, TX 76107 (817) 702-1100 <a href="https://www.jpshealthnet.org/location/viola-pittscomo-health-center">https://www.jpshealthnet.org/location/viola-pittscomo-health-center</a>
Millwood Hospital	Inpatient and outpatient mental health and chemical dependency care for children, adolescents, adults, and seniors.	1011 N. Cooper Street Arlington, TX 76011 (817) 261-3121 <a href="https://millwoodhospital.com/">https://millwoodhospital.com/</a>
Perimeter Behavioral Hospital of Arlington	Inpatient, intensive outpatient, and partial hospitalization for kids (5-7) and adolescents (13-17). 24/7 Assessments available. Call intake.	1000 US Highway 287 Arlington, TX 76001 817-662-6342 <a href="http://perimeterhealthcare.com">http://perimeterhealthcare.com</a>
Mesa Springs	Inpatient and outpatient mental health and chemical dependency care for children, adolescents, adults, and seniors. Most insurance plans accepted.	5560 Mesa Spring Dr. Fort Worth, TX 76123 817-612-9272 <a href="https://mesasprings.com">https://mesasprings.com</a>
JPS Psychiatric Emergency Center	Provides inpatient, outpatient, and peer and family services for adults and adolescents. Accepts most insurance plans and offers multiple payment assistance programs for services.	1500 S. Main St. Fort Worth, TX 76104 817-702-4151 <a href="https://jpshealthnet.org">https://jpshealthnet.org</a>
Excel Center-Fort Worth	Day treatment center specializing in meeting the emotional and behavioral needs of children and adolescents. Partial and intensive outpatient programs for those between 5-18 years old. Complimentary assessments available M-F.	1220 W. Presidio St Fort Worth, TX 76102 817-335-6429 <a href="https://Excelcenterfortworth.com">https://Excelcenterfortworth.com</a>
Cook Children’s Psychiatry-Fort Worth	Provides 24/7 assessments. Inpatient and outpatient behavioral health services.	901 7 <sup>th</sup> Ave. Ste 2200 Fort Worth, TX 76104 682-885-3917 <a href="http://www.cookchildrens.org">http://www.cookchildrens.org</a>

## Child/Youth Services

ORGANIZATION NAME	ABOUT	CONTACT INFORMATION
Texas Youth Hotline	Provides 24/7 preventive support to youth free of charge. Trained volunteers provide guidance on youth-related concerns, referral information, and simply listen.	Phone: (800)-989-6884 Text: (512)-872- 5777 <a href="http://www.dfps.statetx.us/Youth_Hotline/">http://www.dfps.statetx.us/Youth_Hotline/</a>
LightHouse for New Hope: Grief & Loss Center	Provides grief support for children & adults how have experienced loss (death, divorce, separation, etc). Offering group and individual counseling as well as play therapy for children.	2717 Mesquite, TX (972)- 226-3110 <a href="http://lighthousefornewhope.org/home">http://lighthousefornewhope.org/home</a>
MHMR Tarrant County: Early Childhood Intervention (ECI)	ECI of North Central TX provides evaluation services for children and families to help young children who may be behind schedule for developmental milestones.	(888)-754-0524 <a href="http://www.mhmrtarrant.org/Services/Early-Childhood-Services">http://www.mhmrtarrant.org/Services/Early-Childhood-Services</a>
The Warm Place (Grieving Support for Children and Youth)	Provides grief support for children ages 3 ½ - 18 and their families as well as young adults 19-25 who have experienced the death of a loved one. Call for intake appointment	809 Lipscomb St. Fort Worth, TX 76104 817-870-2272 <a href="https://thewarmplace.org">https://thewarmplace.org</a>
Pregnancy Help4U	Tarrant County; primarily serve their own clients with baby items, but can help others in need.	425 Keller Parkway Keller, TX 76248 817-753-6222
Safe Riders Program	Provides presentations on car seat safety and conducts car seat checks. Call first.	1-800-252-8255 <a href="mailto:saferiders@dshs.state.tx.us">saferiders@dshs.state.tx.us</a>
MHMR of Tarrant County HOPES Program	Provides assessment services to 0–6-year-old children. Call for immediate assistance in screening.	844-689-5437

## Crisis Assistance

ORGANIZATION NAME	ABOUT	CONTACT INFORMATION
ACH Child and Family Services	Crisis intervention and counseling, short-term counseling for at-risk youth and their families, emergency youth shelter, youth life skills, and parenting classes.	Hotline: (817)-355-4673 <a href="https://achservices.org/">https://achservices.org/</a>
MHMR ICare Crisis Hotline	24/7 hotline that provides emergency mental health support, information, and referrals for all people.	Phone: (817) 335-3022 Text: (817) 355-3022 <a href="https://www.mhmrtarrant.org/About-Us/Community-Resources">https://www.mhmrtarrant.org/About-Us/Community-Resources</a>
Psychiatric Emergency Center- JPS Health Network  *Multiple locations, multiple treatments options, see website for more information	Provides inpatient, outpatient, and peer and family services for adults and adolescents. Accepts most insurance plans and offers multiple payment assistance programs for services.	1500 S. Main Street Fort Worth, TX (817) 702-4151 <a href="http://www.jpshealthnet.org/location/psychiatric-emergency-center">http://www.jpshealthnet.org/location/psychiatric-emergency-center</a>
Perimeter Behavioral Hospital of Arlington	24/7 Crisis assessments available. Inpatient, intensive outpatient, and partial hospitalization for kids (5-7) and adolescents (13-17). Call intake.	1000 US Highway 287 Arlington, TX 76001 817-662-6342 <a href="http://perimeterhealthcare.com">http://perimeterhealthcare.com</a>
Mission Arlington	Provides various emergency assistance programs. Food, clothing, health, rental assistance, furniture, appliances, house needs, school supplies, etc.	210 W South Street Arlington, TX 76010 817-277-6620 <a href="http://www.Missionarlington.org">www.Missionarlington.org</a>

## Dental Assistance

ORGANIZATION NAME	ABOUT	CONTACT INFORMATION
Dental Health Arlington	Non-profit that provides low-cost preventive and pain-relieving services to low-income residents in Tarrant County.	501 W. Sanford Street, Stw. 11 Arlington, TX 76011 (817) 277-1165 <a href="https://www.dentalhealtharlington.org/patients">https://www.dentalhealtharlington.org/patients</a>
Dental – JPS Health Network  *Multiple locations, multiple treatments options, see website for more information	Provides dental care for patients experiencing problems that need immediate treatment, such as severe pain, broken, cracked, or chipped tooth.	Stop Six/Walter B. Barbour 3301 Stalcup Road Fort Worth, TX 76119 (817) 702-3567 <a href="https://www.jpshealthnet.org/health_care_services/dental/locations">https://www.jpshealthnet.org/health_care_services/dental/locations</a>



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Dental Care- Cook Children's	Serves patients between 0 to 16 years old for preventive, restorative, and sedation dental care services. Accepts Medicaid & CHIP and can treat children with medical conditions.	Renaissance 2600 E. Berry Street Fort Worth, TX 76105 (817) 347-4600 <a href="https://cookchildrens.org/neighborhood-clinics/renaissance/Pages/dental-care.aspx">https://cookchildrens.org/neighborhood-clinics/renaissance/Pages/dental-care.aspx</a>
Catholic Charities Fort Worth	Provides high-quality dental care with a fee structure designed for low and moderate-income families. Services include preventive care, general services, and specialty services.	249 Thornhill Fort Worth, TX 76115 817-600-1461 <a href="http://www.catholiccharitiesfortworth.org">www.catholiccharitiesfortworth.org</a>
CAN Community Health	Provides medical, dental, prevention, medication, lab draws and testing. Telehealth services available.	616 Matlock Centre Circle Arlington, TX 76015 817-693-1000 <a href="http://cancommunityhealth.org">cancommunityhealth.org</a>

## Emergency Shelters

ORGANIZATION NAME	ABOUT	CONTACT INFORMATION
J.E. & L.E. Mabee Social Service Center (Salvation Army)	Mabee Center serves individuals and families 24/7 for 365 days per year. Provides emergency family homeless shelters, daily meals, a transitional program, support services for homeless veterans, and a long-term residential treatment program for those with substance use issues.	1855 E. Lancaster Avenue Fort Worth, TX 76103 (817) 344-1800 <a href="https://www.salvationarmydfw.org/p/locations/fort_worth/mabee_center">https://www.salvationarmydfw.org/p/locations/fort_worth/mabee_center</a>
Arlington Life Shelter (Salvation Army)	Provides free emergency shelter, employment program, educational & life-skill services, job readiness and coaching, social work services, and health services for men, women, and children of all ages.	325 West Division Street Arlington, Texas 76011 (817) 548-9885 <a href="https://arlingtonlifeshelter.org/How-We-Help/Entrance-Requirements.html">https://arlingtonlifeshelter.org/How-We-Help/Entrance-Requirements.html</a>
Presbyterian Night Shelter	Free shelter for homeless adults operating 24/7, 365 days per year. Provide meals and additional support services for single women and single men without length-of-stay restrictions.	2400 Cypress Fort Worth, Texas 76103 (817) 632-7400 <a href="https://www.journeyhome.org/who-we-help">https://www.journeyhome.org/who-we-help</a>
Union Gospel Mission	Provides free shelter for homeless families. Offers wraparounds services for families in their resident programs. Line up by 7am; no overnight guests, only resident programs. M-F 7am fcfs state ID, award letters/proof of income. Transportation provided to children school.	1331 E. Lancaster Ave Fort Worth, TX 76113 817-339-2553
ACH Child and Family Services	Youth Emergency Shelter offers runaway, homeless, and street youth as well as trafficking survivors, ages 10-17.	817-335-4673 <a href="https://achservices.org">https://achservices.org</a>
The Family Place	The Family Place emergency shelter provides counseling and emergency relief services at our Safe Campus for women and children. Open 24 HR	214-941-1991 <a href="https://familyplace.org">https://familyplace.org</a>
Room in the Inn- First United Methodist Church of Fort Worth	Provides shelter to individuals who are homeless during the three coldest months (December, January and February) and the two hottest months (July and August) every year. First Street Methodist Mission along with First United Methodist Church, Fort Worth participates in Room in the Inn, offering shelter to 14 single men on Thursday evenings.	817-335-6080 <a href="http://www.fumcfortworth.org">http://www.fumcfortworth.org</a>

## Financial Assistance

ORGANIZATION NAME	ABOUT	CONTACT INFORMATION
Community Action Partners	Provides comprehensive services to economically disadvantaged individuals, families, and the elderly. Through the CAP program residents learn to become financially independent, reducing and eliminating their reliance on social services.	4200 S. Freeway, Suite 2300 Fort Worth, TX 76115 (817) 392- 5720 <a href="http://fortworthtexas.gov/cap/">http://fortworthtexas.gov/cap/</a>



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St. John the Apostle Parish	Only for zip codes: 76053, 76054, 76117, 76118, 76180, 76182, 76111. By appointment only. Offers financial aid for rent, utilities, and other bills after screening by intake volunteer.	(817) 284-5912 <a href="https://sjtanrh.com/social-ministry">https://sjtanrh.com/social-ministry</a>
Tarrant County Department of Human Services	A variety of programs available to help disabled, unemployed, or people in crisis. Including a Special Utility Assistance Program for those receiving social security benefits or those with limited income.	1200 Circle Drive, Ste. 200 Fort Worth, 76119 817-531-5620 <a href="http://access.tarrantcounty.com/en/human-services/categories.html?linklocation=Iwantto&amp;linkname=Categories%20of%20Assistance">http://access.tarrantcounty.com/en/human-services/categories.html?linklocation=Iwantto&amp;linkname=Categories%20of%20Assistance</a>
GRACE Grapevine Relief and Community Exchange	A variety of programs available to help disabled, unemployed, or people in crisis. Sign-in in person between the hours of 9-3pm M-F for a same day meeting.	837 E. Walnut St Grapevine, TX 76051 817-488-7009 <a href="https://www.gracegrapevine.org">https://www.gracegrapevine.org</a>
St. Vincent de Paul Society	Assistance with necessities such as utility bills, rent, food, gasoline or medications, etc.	1007 E. Terrell Ave. Fort Worth, TX 76104 817-768-1950 <a href="http://www.svdpfw.org">http://www.svdpfw.org</a>
Mission Arlington	A variety of assistance is available, not limited to rent, utilities, medication, gas vouchers, furniture, food and clothing.	210 W South Street Arlington, TX 76010 817-277-6620 <a href="http://www.Missionarlington.org">www.Missionarlington.org</a>
TANF	TANF gives cash aid and services to eligible needy families. Apply on the website.	4200 South Freeway Fort Worth, TX 76115 877-541-7905 <a href="https://yourtexasbenefits.hhsc.texas.gov/">https://yourtexasbenefits.hhsc.texas.gov/</a>

## Food Assistance

ORGANIZATION NAME	ABOUT	CONTACT INFORMATION
Arborlawn United Methodist Church Food Panty	Food pantry and clothing closet that offers assistance and can provide nonperishable food. Open Tuesday—Thursday, 9am to 12pm.	5001 Briarhaven Road Fort Worth, TX 76109 (817) 731-0701 <a href="https://www.arborlawnumc.org/care-about">https://www.arborlawnumc.org/care-about</a>
WIC Program- Tarrant County  *Multiple locations, multiple treatments options, see website for more information	Offers free services to those who qualify to receive nutrition information, breastfeeding education and assistance, nutritious food, referrals to health and medical services, and immunizations as some WIC clinics.	(817) 321-5400 <a href="https://access.tarrantcounty.com/en/public-health/family-health-services/wic-program/wic-locations.html?linklocation=Iwantto&amp;linkname=Clinic%20Locations">https://access.tarrantcounty.com/en/public-health/family-health-services/wic-program/wic-locations.html?linklocation=Iwantto&amp;linkname=Clinic%20Locations</a>
Salvation Army of Tarrant County	Provides food & emergency financial assistance for rent, bills, medications, and case management for eligible families, depending on availability.	1855 East Lancaster Fort Worth, TX 76103 (817) 344-1800 <a href="http://fortworth.satruck.org/">http://fortworth.satruck.org/</a>
Northside Inter-Community Agency	Food pantry and clothing closet that offers assistance and can provide nonperishable food. Serving 76106, 76108, 76114, 76127, 76131, 76135, 76164, 76177, 76179, 76008, 76020, 76052, 76071.	1600 Circle Park Blvd Fort Worth, TX 76164 817-626-1102
Altamesa Neighborhood Needs	Food and clothing closet that offers assistance. Distribution: Tuesday, Saturday, 9am to 11:30am.	6717 S. Hulen St Fort Worth, TX 76133 817-370-8601 Email: <a href="mailto:info@nneeds.org">info@nneeds.org</a>
Community Enrichment Center	Offers various services (food, counseling, housing, etc.) to families impacted by family violence, homelessness, low-income and seniors. Serving areas: 76021, 76022, 76034, 76244, 76039, 76040, 76051, 76248, 76053, 76054, 76092, 76117, 76118, 76137, 76148, 76180, 76182.	6250 NE Loop 820 North Richland Hills, TX 76180 817-281-1164
Arlington Charities	Provides food pantry services for Arlington residents and Arlington ISD families. Call for appointment, same day maybe available	811 Secretary Drive Arlington, TX 76015 8170275-1511

## Housing and Rent Assistance

ORGANIZATION NAME	ABOUT	CONTACT INFORMATION
Tarrant County Department of Human Services	A variety of programs available to help disabled, unemployed, or people in crisis. Including a Special Utility Assistance Program for those receiving social security benefits or those with limited income.	1200 Circle Drive, Ste. 200 Fort Worth, 76119 817-531-5620 <a href="http://access.tarrantcounty.com/en/human-services/categories.html?linklocation=Iwantto&amp;linkname=Categories%20of%20Assistance">http://access.tarrantcounty.com/en/human-services/categories.html?linklocation=Iwantto&amp;linkname=Categories%20of%20Assistance</a>



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Tarrant County Housing Partnership	Works in collaboration with local and federal government to deliver a variety of programs and services that address housing issues for special populations. Including free counseling and workshops for first-time home buyers, homeowners in crisis, down payment and closing cost assistance, and affordable housing options.	4200 South Freeway, Ste. 307 (817) 924-5091 Toll-free: (877)-924-5095 Email: <a href="mailto:counseling@tchp.net">counseling@tchp.net</a> <a href="https://www.tchp.net/programs_services/">https://www.tchp.net/programs_services/</a>
Housing Assistance Office- Tarrant County	Provides safe, decent, and affordable housing for low income families. TCHAO promotes personal, economic, and social upward mobility while assisting families with the transition from subsidized to non-subsidized housing.	2100 Circle Drive Fort Worth, TX 76119 (817) 531-7640 <a href="https://www.tarrantcounty.com/en/housing-assistance-office.html">https://www.tarrantcounty.com/en/housing-assistance-office.html</a>
TCHC Homeless Helpline	Addresses various barriers which impacts ones live. Services offered are rental assistance, housing, employment assistance, shelter, mental health, substance abuse and identification assistance.	300 S. Beach St. Fort Worth, TX 76105 817-509-3635 <a href="https://ahomewithhope.org">https://ahomewithhope.org</a>
Community Enrichment Center	Offers various services (food, counseling, housing, etc.) to families impacted by family violence, homelessness, low-income and seniors. Serving areas: 76021, 76022, 76034, 76244, 76039, 76040, 76051, 76248, 76053, 76054, 76092, 76117, 76118, 76137, 76148, 76180, 76182.	6250 NE Loop 820 North Richland Hills, TX 76180 817-281-1164
Cornerstone Assistance Network	Provides housing case management services and rental assistance. By appointment only	3500 Noble Ave Fort Worth, TX 76111 817-632-6000 <a href="https://canetwork.org">https://canetwork.org</a>
Mission Arlington	A variety of assistance is available, not limited to rent, utilities, medication, gas vouchers, furniture, food and clothing.	210 W South Street Arlington, TX 76010 817-277-6620 <a href="http://www.Missionarlington.org">www.Missionarlington.org</a>
Center for Transforming lives	Provides emergency shelter, family housing, and long-term leasing support to women and their children, early childhood education, financial literacy classes, and counseling.	512 West 4th Street Fort Worth, Texas 76102 817-332-6191 Email: <a href="mailto:info@transforminglives.org">info@transforminglives.org</a>
Samaritan House	Provides permanent supportive housing to individuals and families who are homeless or at-risk of homelessness, and who are also living with HIV/AIDS.	929 Hemphill Street Fort Worth, TX 76104 817-332-6410 Email: <a href="mailto:info@samaritanhouse.org">info@samaritanhouse.org</a>



## Legal Assistance

ORGANIZATION NAME	ABOUT	CONTACT INFORMATION
Free/Low-Cost Legal Assistance- Tarrant County	List of resources provided by Tarrant County of organizations that provide free or low-cost legal assistance.	<a href="https://www.tarrantcounty.com/en/law-library/free-low-cost-legal-assistance.html">https://www.tarrantcounty.com/en/law-library/free-low-cost-legal-assistance.html</a>
Legal Aide of NorthWest Texas	Non-profit organization that provides high quality, legal aid through a combined effort of legal services staff and volunteer attorneys. Assists individuals and families with civil matters including family law and domestic violence, access to benefits, housing issues, employment, wills and much more.	600 E. Weatherford Street Fort Worth, TX 76102 (817) 336-3943 <a href="https://internet.lanwt.org/locations/fortworth">https://internet.lanwt.org/locations/fortworth</a>
Family and Veteran Advocacy Clinic- Texas A&M University School of Law, Law Clinic	Free legal assistance for low-income individuals and families. Handles civil cases such as: protective orders, domestic violence issues, divorces and child custody, adoptions, etc. Must make an appointment by calling first.	Star-Telegram Building 307 W. 7 <sup>th</sup> Street, Ste. LL50 (817) 212-4123 <a href="https://law.tamu.edu/prospective/academics/centers-clinics-programs/family-and-veterans-advocacy-clinic/for-potential-clients">https://law.tamu.edu/prospective/academics/centers-clinics-programs/family-and-veterans-advocacy-clinic/for-potential-clients</a>
Catholic Charities Fort Worth IMMIGRATION SERVICES	Provides legal assistance to individuals who are eligible under the law to apply for immigration benefits. Services include personal consultation, application preparation and filing, and administrative legal representation for clients. They cover all areas of family-based immigration, humanitarian relief, and citizenship services.	817-289-4399 <a href="http://www.ccfwimmigration.com">www.ccfwimmigration.com</a> or email <a href="mailto:ics@ccdofw.org">ics@ccdofw.org</a>

## Medical Assistance

ORGANIZATION NAME	ABOUT	CONTACT INFORMATION
Cook Children’s Neighborhood Clinics  *Multiple locations, multiple treatments options, see website for more information	Community-based neighborhood clinics provide well-child, sick visits, vaccines, and other supportive resources. Accepts Medicaid, CHIP and most insurance plans.	Miller Clinic 2755 Miller Avenue Fort Worth, TX 76105 (817) 534-7110 <a href="https://cookchildrens.org/neighborhood-clinics/Pages/default.aspx">https://cookchildrens.org/neighborhood-clinics/Pages/default.aspx</a>
JPS Health Network  *Multiple locations, multiple treatments options, see website for more information	Provides inpatient, outpatient, and peer and family services for adults and adolescents. Accepts most insurance plans and offers multiple payment assistance programs for services.	True Worth Clinic 513 E Presidio Street Fort Worth, TX 76102 (817) 702-1100  <a href="http://www.jpshealthnet.org/location/true-worth-clinic">http://www.jpshealthnet.org/location/true-worth-clinic</a>
North Texas Area Community Health Centers  *Multiple locations, multiple treatments options, see website for more information	Offers a full range of quality, family-oriented comprehensive primary and preventive services, including Family Medicine, Pediatrics, OB-GYN, family planning, prenatal care, behavioral care services, and health education.	Southeast Community Health Center 2909 Mitchell Blvd. Fort Worth, TX 76105 (817) 625-4254 <a href="https://ntachc.org/locations/">https://ntachc.org/locations/</a>



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HealthWell Foundation	Provides financial assistance for those who qualify for medical treatments if out of pocket costs are too high for the individual.	(800) 675-8416 <a href="https://www.healthwellfoundation.org/">https://www.healthwellfoundation.org/</a>
Cornerstone Assistance Network	Provides free to sliding scale fee medical and dental services. By appointment only	3500 Noble Ave Fort Worth, TX 7611 817-632-6000 <a href="https://canetwork.org">https://canetwork.org</a>
GRACE Community Center	Provides services for uninsured families that do not have access to traditional health care. Healthcare services: routine Family Practice, Internal Medicine, Endocrinology, Cardiology, Well Woman, and Chiropractic Care. Offer medications, laboratory and imaging services, and hands-on Cooking Classes. Call to schedule appointment.	837 E. Walnut St. Grapevine, TX 76051 817-283-0119 <a href="http://www.gracegrapevine.org">www.gracegrapevine.org</a>
Open Arms Health Clinic	Provides services for uninsured families that do not have access to traditional health care. Healthcare services: Management of chronic problems, non-emergency problems, health education and support, counseling. Call and leave message for callback.	3311 Little Road Arlington, TX 76016 817-496-1919 <a href="https://openarmshealthclinic.org">https://openarmshealthclinic.org</a>

## Misc. Basic Needs Assistance

ORGANIZATION NAME	ABOUT	CONTACT INFORMATION
Help and Hope	Wealth of community resources, contact information, and service directory for families in Tarrant County.	<a href="http://www.helpandhope.org/">http://www.helpandhope.org/</a>
Catholic Charities Fort Worth	Provide various services to meet the needs of the community. Refugee services, immigration services, baby and child, transportation	249 Thornhill Fort Worth, TX 76115 817-534-0814 <a href="http://www.catholiccharitiesfortworth.org">www.catholiccharitiesfortworth.org</a>
The Parenting Center	Provides various services including: individual therapy for adolescents and adults, marital, couples and family therapy.	2928 W. 5 <sup>th</sup> St Fort Worth, TX 76107 817-332-6348 <a href="http://www.theparentingcenter.org">www.theparentingcenter.org</a> Email: <a href="mailto:jsalgado@theparentingcenter.org">jsalgado@theparentingcenter.org</a>
The Art Station (Art therapy groups)	Services are provided to children, adolescents, adults and families who reside in Fort Worth and surrounding areas. Topics include, but are not limited to depression, trauma, relationship skills building, social skills building, and parenting. Most insurances accepted. Call for appointment	1616 Park Place Ave Fort Worth, TX 76110 817-921-2401 www. <a href="https://www.theartstation.org">https://www.theartstation.org</a>
Lena Pope Family Matters Counseling	Provides mental health and substance use treatment needs of children, families, and individuals in Fort Worth and surrounding communities. insurance and sliding scale fees available.	3200 Sanguinet Street Fort Worth, TX 76107 <a href="https://lenapope.org">https://lenapope.org</a>
AIDS Healthcare Foundation	Provide advanced medical care designed specifically for HIV-positive clients. Services include: health education, disease management, checkup & test, disease screening, prevent & treat, hiv treatment, family planning, birth control, std/sti treatment & prevention, navigating the system	400 North Beach Street, Fort Worth, TX 76111 817-831-1750 <a href="http://www.Hivcare.org">www.Hivcare.org</a>
7 Cups of Tea	Provides free, 24/7 anonymous online chat. Online therapy available.	<a href="https://www.7cups.com/">https://www.7cups.com/</a>
LGBT Center (PrEP program)	LGBT Center twice weekly for individuals to access free PrEP services. Services include:HIV prevention, practitioner services, lab tests and medications. Services are provided for free regardless of insurance status. Complete the application from the website. You will be contacted within 2 business days to schedule an appointment.	1717 South Main Street Fort Worth, TX 76110 817-332-7722 <a href="http://helpfw.org/our-programs/">http://helpfw.org/our-programs/</a>
PFLAG-Fort Worth	Provides opportunities for dialogue about sexual orientation and gender identity through advocacy, education and support.	817-382-7353 <a href="https://www.pflagfortworth.org/">https://www.pflagfortworth.org/</a>

## Substance Use Disorder Assistance

ORGANIZATION NAME	ABOUT	CONTACT INFORMATION
My Health My Resources- Tarrant County  *Multiple locations, multiple treatments options, see website for more information.	Provides comprehensive treatment for recovery through addiction services. MHMR offers a continuum of care for adults and adolescents including prevention, education, and testing services.	MHMR Recovery Center 1501 E. El Paso Street Fort Worth, TX 76102 (817) 569-4600 <a href="https://www.mhmtarrant.org/Services/Addiction-Services">https://www.mhmtarrant.org/Services/Addiction-Services</a>
Recovery Resource Council	Promote wellness and recovery from alcohol, substance use disorders, and trauma	2700 Airport Freeway Fort Worth, TX 76111 817-332-6329 <a href="http://www.Recoverycouncil.org">www.Recoverycouncil.org</a>
Grace Counseling Center	Provides 12 step, drug testing, substance abuse counseling, mental health care, and anger management. Accepts most insurance and have a sliding scale for those who choose not to use insurance. Call to schedule appointment.	800-972-0643 <a href="https://www.grace-counseling.com">https://www.grace-counseling.com</a>
SAMHSA's National Helpline	Free, confidential treatment referral line. 24/7, 365 day-a-year. Serves nationwide	800-662-4357
Lena Pope Family Matters Counseling	Provides mental health and substance use treatment needs of children, families, and individuals in Fort Worth and surrounding communities. insurance and sliding scale fees available.	3200 Sanguinet Street Fort Worth, TX 76107 <a href="https://lenapope.org">https://lenapope.org</a>
Brighter Possibilities Family Counseling	Provide services for: Relationships, Anger, Substance Abuse, Family Conflict, Anxiety, Depression, School/Academics. Insurances accepted.	2745 Hemphill St., Fort Worth, TX 76110 <a href="tel:(817)924-2732">(817) 924-2732</a>

## Transportation Assistance

ORGANIZATION NAME	ABOUT	CONTACT INFORMATION
My Ride- MHMR of Tarrant County  *Multiple locations, multiple treatments options, see website for more information.	Provides transportation options & counseling for people experiencing difficulty getting to the doctor, grocery store, work, social activities, etc. due to a disability.	Disability Services Office 1300 Circle Dr. Fort Worth, TX 76119 (682) 587- 7099 <a href="http://www.mhmtarrant.org/Services/Intellectual-and-Developmental-Disabilities/Transportation">http://www.mhmtarrant.org/Services/Intellectual-and-Developmental-Disabilities/Transportation</a>



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Trinity Metro	Public transportation organization serving citizens of Tarrant County. This included a fixed bus service, vanpools, paratransit service including (Trinity Railway Express, TEXRail, North Texas Xpress).	801 Cherry St. Ste. 850 Fort Worth, TX 76102 (817) 215-8600 <a href="https://ridetrinitymetro.org/">https://ridetrinitymetro.org/</a>
Catholic Charities Fort Worth	Provides rides for employment, medical, education, public benefits offices, and quality of life trips	817-336-8714 <a href="http://www.catholiccharitiesfortworth.org">www.catholiccharitiesfortworth.org</a>
Medical Transportation Program- Medicaid	Provide rides to and from medical appointments. Call to schedule rides	855-687-3255

### Volunteer and Faith-Based Services

ORGANIZATION NAME	ABOUT	CONTACT INFORMATION
Catholic Charities of Fort Worth	Non-profit organization providing dental services, pregnancy support, immigration services, services for those experiencing homelessness, tax preparation assistance, transportation assistance, and veteran services.	(817) 534-0814 <a href="https://www.catholiccharitiesfortworth.org/help/">https://www.catholiccharitiesfortworth.org/help/</a>
Eastside Ministries of Fort Worth	Non-profit dedicated to providing food, clothing, and other essential items to those in need. First-come, first-serve. New clients must be signed in by 11:15am.	5929 E. Lancaster Avenue Fort Worth, TX 76112 (817) 446-3278 <a href="http://eastsidecommunityassistance.org/">http://eastsidecommunityassistance.org/</a>

### Employment Services

ORGANIZATION NAME	ABOUT	CONTACT INFORMATION
Workforce Solutions	Assists adults 18+ with finding and keeping employment. Resume workshops and coaching.	2400 Circle Dr. Fort Worth, TX 76119 817-413-4400 <a href="http://www.workforcesolutions.net">www.workforcesolutions.net</a>
Women's Center	Provides career, financial, resource and individual coaching to promote job sustainability.	1723 Hemphill Fort Worth, TX 76110 817-927-4050 <a href="http://www.womenscentertc.org">www.womenscentertc.org</a>
Refugee Services of Texas	Assists refugees through the entire process of finding and securing employment. Servicing adults, young adults, teen, seniors, refugees, human trafficking survivors, and unemployed.	1801 Circle Drive Fort Worth, TX 76119 817-413-3772



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Cornerstone Staffing (Temp Service)	Serves individuals in North Texas. Provides temporary employment assignments. Can apply online.	1200 Summit Ave #518 Fort Worth, TX 76011 817-332-5882 <a href="https://www.cornerstonestaffing.com/careers/">https://www.cornerstonestaffing.com/careers/</a>
Frontline Source Group (Temp Service)	Provides temporary -to- permanent employment assignments. Can apply online.	210 Main St. #1360 Fort Worth, TX 76102 817-332-5600 <a href="http://www.Frontlinesourcegroup.com">www.Frontlinesourcegroup.com</a>
VSSI Staffing & Employment Agency	Provides temporary employment assignments. Can apply online.	2100 N Main St. #10 Fort Worth, TX 76164 817-740-9955 <a href="https://www.vssillc.com">https://www.vssillc.com</a>